

555 Ronde Triathlon - Middelkerke

4/07/2021

Result Scratch

Distances: 500m Swim, 50km Bike, 5km Run

CRO: Eigen aan de organisatie

Starts: Elite:10:00 Age Group: 10:05

Website: <https://www.sandmanevents.be>

Pl.	Naam	Club	Plaats	Nat	Nr	Cat	PL L	Swim	P1	AVG	TR 1	P1	Bike	P1	AVG	TR 2	P1	>S+B	P1	Run	T/Km	P1	AVG	Finish	Gap
1	Dieussaert Dennis		Bredene	BEL	26	H-40	1 *	0:07:22	6	4,07	0:00:41	2	1:16:21	4	39,29	0:00:57	1	1:25:21	1	0:17:25	3:29	2	17,22	1:42:46	0:00:00
2	Vandenbroele Niels		Tielt	BEL	29	H-40	2 *	0:07:21	5	4,08	0:00:36	1	1:16:28	5	39,23	0:01:00	4	1:25:25	2	0:18:05	3:37	4	16,59	1:43:30	0:00:44
3	Vyvey Ben		Meerdonk	BEL	118	H-40	3 *	0:07:01	2	4,28	0:00:50	8	1:17:13	13	38,85	0:01:11	21	1:26:15	3	0:17:44	3:33	3	16,92	1:43:59	0:01:13
4	Van Dorpe Joren		Wortegem	BEL	152	H-40	4	0:07:58	17	3,77	0:01:00	14	1:16:59	11	38,97	0:01:01	5	1:26:58	4	0:17:23	3:29	1	17,26	1:44:21	0:01:35
5	Van Nijlen Ilias		Retie	BEL	159	H-40	5	0:07:35	10	3,96	0:01:09	21	1:17:23	15	38,77	0:01:00	3	1:27:07	6	0:18:29	3:42	6	16,23	1:45:36	0:02:50
6	Mares Thomas		Oostende	BEL	105	H-40	6	0:07:50	14	3,83	0:01:24	27	1:16:53	9	39,02	0:01:03	10	1:27:10	7	0:18:46	3:45	7	15,99	1:45:56	0:03:10
7	Roefs Jasper		Vosselaar	BEL	155	H-40	7	0:08:11	22	3,67	0:01:33	36	1:16:19	3	39,31	0:01:10	18	1:27:13	10	0:19:09	3:50	11	15,67	1:46:22	0:03:36
8	Vanhove Koenraad		Leffinge	BEL	122	H-40	8	0:08:03	18	3,73	0:01:13	23	1:16:56	10	38,99	0:01:16	26	1:27:28	13	0:19:17	3:51	12	15,56	1:46:45	0:03:59
9	Maes Dieter		Sint-eloois-vijve	BEL	43	H-40	9	0:08:16	26	3,63	0:01:04	18	1:16:44	7	39,10	0:01:02	6	1:27:06	5	0:19:40	3:56	15	15,25	1:46:46	0:04:00
10	De Prince Kylian		Bredene	BEL	82	H-40	10	0:07:56	16	3,78	0:01:58	64	1:16:10	2	39,39	0:01:44	65	1:27:48	15	0:19:30	3:54	14	15,38	1:47:18	0:04:32
11	Deweer Arne		Passendale	BEL	136	H-40	11	0:07:51	15	3,82	0:01:33	37	1:16:46	8	39,08	0:01:02	7	1:27:12	9	0:20:08	4:02	20	14,90	1:47:20	0:04:34
12	Bouche Joel		Ronsele	BEL	151	H+40	1 *	0:08:27	30	3,55	0:00:51	9	1:16:44	6	39,10	0:01:23	35	1:27:25	12	0:20:14	4:03	22	14,83	1:47:39	0:04:53
13	Vyvey Knut		Oostende	BEL	134	H-40	12	0:07:36	11	3,95	0:01:11	22	1:17:18	14	38,81	0:01:16	28	1:27:21	11	0:20:34	4:07	26	14,59	1:47:55	0:05:09
14	Pex Nelis		Scherpenheuvel	BEL	175	H-40	13	0:07:20	4	4,09	0:00:45	5	1:20:48	39	37,13	0:01:02	8	1:29:55	19	0:18:27	3:41	5	16,26	1:48:22	0:05:36
15	Vandewiele Frederik		Ruiselede	BEL	117	H-40	14	0:08:25	29	3,56	0:01:31	33	1:15:56	1	39,51	0:01:19	31	1:27:11	8	0:21:29	4:18	39	13,96	1:48:40	0:05:54
16	Depyper Miel		Veurne	BEL	35	H-40	15	0:07:33	9	3,97	0:00:54	11	1:20:21	32	37,34	0:01:00	2	1:29:48	17	0:18:54	3:47	8	15,87	1:48:42	0:05:56
17	Callewaert Simon		Avelgem	BEL	50	H-40	16	0:07:32	8	3,98	0:01:00	15	1:20:02	25	37,48	0:01:16	29	1:29:50	18	0:20:48	4:10	30	14,42	1:50:38	0:07:52
18	Raes Branko		Nieuwerkerken	BEL	31	H-40	17	0:08:12	23	3,66	0:01:02	16	1:20:49	40	37,12	0:01:10	17	1:31:13	21	0:19:40	3:56	16	15,25	1:50:53	0:08:07
19	De Witte Michiel		Bissegem	BEL	15	H-40	18	0:08:13	24	3,65	0:00:52	10	1:20:56	41	37,07	0:01:02	9	1:31:03	20	0:20:07	4:01	18	14,91	1:51:10	0:08:24
20	Deleu Stijn		Waregem	BEL	157	H-40	19	0:08:45	39	3,43	0:02:11	84	1:20:20	30	37,34	0:01:27	38	1:32:43	33	0:19:08	3:50	10	15,68	1:51:51	0:09:05
21	Kindt Servaas		Hollebeke	BEL	7	H-40	20	0:09:22	63	3,20	0:01:37	42	1:20:19	29	37,35	0:01:38	55	1:32:56	38	0:19:02	3:48	9	15,76	1:51:58	0:09:12
22	Caron Bert		Oostende	BEL	165	H-40	21	0:07:23	7	4,06	0:01:38	44	1:17:08	12	38,89	0:02:15	107	1:28:24	16	0:23:46	4:45	73	12,62	1:52:10	0:09:24
23	Coreelman Jonas		Zulte	BEL	108	H-40	22	0:06:58	1	4,31	0:01:37	40	1:17:43	16	38,60	0:01:26	36	1:27:44	14	0:24:45	4:57	83	12,12	1:52:29	0:09:43
24	Godart Michael		Callenelle	BEL	73	H+40	2 *	0:09:14	58	3,25	0:00:50	7	1:20:44	37	37,16	0:01:09	14	1:31:57	22	0:20:35	4:07	27	14,57	1:52:32	0:09:46
25	Voswinkel Frank		Winksele	BEL	143	H+40	3 *	0:09:04	51	3,31	0:02:20	91	1:19:51	21	37,57	0:01:31	43	1:32:46	36	0:20:08	4:02	19	14,90	1:52:54	0:10:08
26	Pletinck Tristan		Grembergen	BEL	156	H-40	23	0:09:36	69	3,13	0:01:28	30	1:20:16	27	37,38	0:01:09	15	1:32:29	28	0:20:40	4:08	28	14,52	1:53:09	0:10:23
27	Vanderbruggen Jordy		Middelkerke	BEL	56	H-40	24	0:08:56	43	3,36	0:02:05	72	1:20:21	31	37,34	0:01:36	52	1:32:58	40	0:20:22	4:04	23	14,73	1:53:20	0:10:34
28	Coopman Pascal		Bredene	BEL	86	H-40	25	0:07:44	12	3,88	0:01:18	25	1:21:59	55	36,59	0:01:15	25	1:32:16	24	0:21:34	4:19	42	13,91	1:53:50	0:11:04
29	Verbeek Mike		Oostmalle	BEL	96	H+40	4	0:08:41	35	3,45	0:01:00	13	1:21:15	49	36,92	0:01:08	13	1:32:04	23	0:21:48	4:22	45	13,76	1:53:52	0:11:06
30	Bots Floris		Hasselt	BEL	22	H-40	26	0:10:12	87	2,94	0:02:30	102	1:18:32	18	38,20	0:01:55	80	1:33:09	42	0:20:50	4:10	31	14,40	1:53:59	0:11:13
31	Swijngedouw Giel		Hasselt	BEL	24	H-40	27	0:10:31	101	2,85	0:02:45	110	1:18:00	17	38,46	0:02:03	91	1:33:19	44	0:20:53	4:11	33	14,37	1:54:12	0:11:26
32	Coppin Maxime		Oostende	BEL	135	H-40	28	0:09:01	47	3,33	0:02:15	88	1:20:05	26	37,46	0:02:00	88	1:33:21	45	0:21:02	4:12	34	14,26	1:54:23	0:11:37
33	Penxten Emile		Strombeek-bever	BEL	17	H-40	29	0:09:29	66	3,16	0:01:32	34	1:21:57	54	36,61	0:01:41	60	1:34:39	52	0:19:44	3:57	17	15,20	1:54:23	0:11:37
34	Vanderghote Arthur		0	BEL	148	H-40	30	0:08:08	20	3,69	0:02:24	98	1:20:35	34	37,23	0:01:29	41	1:32:36	29	0:21:48	4:22	46	13,76	1:54:24	0:11:38
35	Trybou Joachim		Nieuwpoort	BEL	173	H+40	5	0:08:58	45	3,35	0:01:51	59	1:20:22	33	37,33	0:01:31	42	1:32:42	32	0:21:43	4:21	44	13,81	1:54:25	0:11:39
36	Meulemeester Andy		Oostende	BEL	120	H-40	31	0:09:06	53	3,30														1:54:41	0:11:55
37	De Maeyer Jan		Gentbrugge	BEL	75	H+40	6	0:09:05	52	3,30	0:01:28	31	1:20:43	36	37,17	0:01:20	32	1:32:36	30	0:22:06	4:25	50	13,57	1:54:42	0:11:56

Tot Starters: 131

Rks 1: 27

Rks 2: 104

Rks 3: 0

Rks 4: 0

Rks 5: 0

Rks 6: 0

Rks 7: 0

Rks 8: 0

DNS= Did not Start DNF = Did not Finish DQF = Disqualified

Pl.	Naam	Club	Plaats	Nat	Nr	Cat	PL	L	Swim	P1	AVG	TR 1	P1	Bike	P1	AVG	TR 2	P1	>S+B	P1	Run	T/Km	P1	AVG	Finish	Gap
38	Welvaert Frederik		Alveringem	BEL	97	H-40	32		0:08:53	41	3,38	0:01:07	19	1:21:00	43	37,04	0:02:08	101	1:33:08	41	0:21:36	4:19	43	13,89	1:54:44	0:11:58
39	Cogghe Jeroen		Beerst	BEL	168	H-40	33		0:08:44	38	3,44	0:01:40	46	1:21:01	44	37,03	0:01:12	22	1:32:37	31	0:22:12	4:26	52	13,51	1:54:49	0:12:03
40	Hanssens Thomas		Gullegem	BEL	95	H-40	34		0:08:44	37	3,44	0:03:11	115	1:20:57	42	37,06	0:01:47	74	1:34:39	51	0:20:33	4:07	25	14,60	1:55:12	0:12:26
41	Goossens Geert		Asse	BEL	84	H+40	7		0:10:16	90	2,92	0:02:21	93	1:19:59	24	37,51	0:01:57	82	1:34:33	50	0:20:42	4:08	29	14,49	1:55:15	0:12:29
42	Van Genechten Stijn		Westerlo	BEL	34	H-40	35		0:08:40	34	3,46	0:01:38	43	1:21:01	45	37,03	0:01:27	37	1:32:46	35	0:22:35	4:31	53	13,28	1:55:21	0:12:35
43	Vanderhaeghe Frederick		Oostvleteren	BEL	98	H+40	8		0:09:32	68	3,15	0:01:48	54	1:19:57	22	37,52	0:01:11	19	1:32:28	27	0:23:01	4:36	60	13,03	1:55:29	0:12:43
44	Van Quaethem Kris		Gent	BEL	145	H-40	36		0:10:03	84	2,99	0:02:50	111	1:19:30	20	37,74	0:01:40	57	1:34:03	47	0:21:31	4:18	40	13,94	1:55:34	0:12:48
45	Vanthournou Brandon		Herseaux	BEL	88	H-40	37		0:08:33	32	3,51	0:01:37	41	1:21:10	47	36,96	0:01:35	50	1:32:55	37	0:22:55	4:35	59	13,09	1:55:50	0:13:04
46	De Ridder Quinten		Geraardsbergen	BEL	138	H-40	38		0:09:26	64	3,18	0:01:51	58	1:19:58	23	37,52	0:01:10	16	1:32:25	26	0:23:36	4:43	69	12,71	1:56:01	0:13:15
47	Bellet Jean-françois		Zutkerque	BEL	54	H+40	9		0:10:26	98	2,88	0:01:18	24	1:21:10	48	36,96	0:01:33	48	1:34:27	49	0:21:51	4:22	47	13,73	1:56:18	0:13:32
48	Verscheure Karel		Vichte	BEL	70	H+40	10		0:09:20	61	3,21	0:01:44	49	1:21:42	52	36,72	0:02:45	122	1:35:31	55	0:21:12	4:14	37	14,15	1:56:43	0:13:57
49	Delagaye Kobe		Grembergen	BEL	160	H-40	39		0:08:10	21	3,67	0:01:36	38	1:21:36	51	36,76	0:01:22	34	1:32:44	34	0:24:14	4:51	81	12,38	1:56:58	0:14:12
50	Depoorter Stijn		Boezinge	BEL	42	H+40	11		0:09:02	48	3,32	0:01:57	63	1:20:44	38	37,16	0:01:14	23	1:32:57	39	0:24:09	4:50	78	12,42	1:57:06	0:14:20
51	Neyt Alissia		Aalter	BEL	137	D-40	1 *		0:07:47	13	3,85	0:01:45	51	1:23:24	57	35,97	0:01:21	33	1:34:17	48	0:23:25	4:41	67	12,81	1:57:42	0:14:56
52	Woutermaertens Ivan		Wommel	BEL	150	H+40	12		0:08:05	19	3,71	0:01:39	45	1:23:06	56	36,10	0:01:58	83	1:34:48	53	0:23:04	4:37	61	13,01	1:57:52	0:15:06
53	Provoost Arno		Gistel	BEL	166	H-40	40		0:08:22	28	3,59	0:02:05	73	1:24:28	62	35,52	0:01:50	77	1:36:45	56	0:21:31	4:18	41	13,94	1:58:16	0:15:30
54	Dockx Nico		Heist-op-den-berg	BEL	6	H-40	41		0:10:55	109	2,75	0:03:32	122	1:21:26	50	36,84	0:02:06	96	1:37:59	59	0:20:31	4:06	24	14,62	1:58:30	0:15:44
55	Van Den Berghe Tim		Oudenaarde	BEL	158	H+40	13		0:08:30	31	3,53	0:01:32	35	1:21:04	46	37,01	0:02:17	109	1:33:23	46	0:25:16	5:03	89	11,87	1:58:39	0:15:53
56	Boekhout Paz		Sint-kruis	BEL	161	H-40	42		0:09:15	59	3,24	0:01:44	50	1:21:50	53	36,66	0:02:00	89	1:34:49	54	0:24:11	4:50	79	12,41	1:59:00	0:16:14
57	Boon Stefan		Dendermonde	BEL	133	H-40	43		0:09:52	79	3,04	0:02:38	106	1:26:10	73	34,82	0:01:15	24	1:39:55	71	0:19:22	3:52	13	15,49	1:59:17	0:16:31
58	De Baets Kenneth		Overmere	BEL	142	H-40	44		0:10:24	96	2,88	0:01:54	60	1:24:12	61	35,63	0:01:40	58	1:38:10	61	0:21:27	4:17	38	13,99	1:59:37	0:16:51
59	Van Cleynenbreugel Simon		Vilvoorde	BEL	179	H-40	45		0:08:47	40	3,42														1:59:58	0:17:12
60	Vander Putten Ken		Teralfene	BEL	124	H-40	46		0:10:07	85	2,97	0:01:26	29	1:24:58	66	35,31	0:01:16	27	1:37:47	57	0:22:12	4:26	51	13,51	1:59:59	0:17:13
61	Ingelbrecht Nico		Westende	BEL	109	H+40	14		0:09:21	62	3,21	0:01:46	53	1:20:18	28	37,36	0:01:50	76	1:33:15	43	0:27:20	5:28	104	10,98	2:00:35	0:17:49
62	Pylser Peter		Westende	BEL	48	H+40	15		0:09:03	49	3,31	0:01:48	55	1:25:23	68	35,14	0:01:35	49	1:37:49	58	0:22:47	4:33	55	13,17	2:00:36	0:17:50
63	Van Neyghem Gerben		Lokeren	BEL	93	H-40	47		0:08:55	42	3,36	0:01:24	28	1:20:39	35	37,20	0:01:18	30	1:32:16	25	0:28:48	5:46	114	10,42	2:01:04	0:18:18
64	Swalens Thomas		Gijzegem	BEL	131	H-40	48		0:09:41	71	3,10	0:01:59	67	1:24:50	64	35,36	0:01:31	45	1:38:01	60	0:23:22	4:40	66	12,84	2:01:23	0:18:37
65	Van Gossum Deborah		Scherpenheuvel	BEL	174	D-40	2 *		0:08:19	27	3,61	0:00:49	6	1:28:16	90	33,99	0:01:11	20	1:38:35	66	0:23:06	4:37	62	12,99	2:01:41	0:18:55
66	Coopman Dominique		Lombardsijde	BEL	123	H+40	16		0:08:57	44	3,35	0:02:09	78	1:28:20	92	33,96	0:01:29	40	1:40:55	76	0:21:04	4:13	35	14,24	2:01:59	0:19:13
67	De Vos Joris		0	BEL	46	H+40	17		0:09:27	65	3,17	0:01:08	20	1:25:38	69	35,03	0:02:06	95	1:38:19	63	0:23:43	4:45	72	12,65	2:02:02	0:19:16
68	Vanthournout Geert		Oostkamp	BEL	141	H+40	18		0:10:19	92	2,91	0:01:57	62	1:26:58	78	34,50	0:01:42	61	1:40:56	77	0:21:08	4:14	36	14,20	2:02:04	0:19:18
69	Van Troyen Ines		0	BEL	177	D-40	3 *		0:08:34	33	3,50	0:01:03	17	1:30:39	100	33,09	0:01:39	56	1:41:55	83	0:20:09	4:02	21	14,89	2:02:04	0:19:18
70	Paredis Thibaud		Hasselt	BEL	12	H-40	49		0:11:03	116	2,71	0:02:41	108	1:23:48	59	35,80	0:01:38	54	1:39:10	70	0:22:54	4:35	58	13,10	2:02:04	0:19:18
71	Shelsea Weyn		Temse	BEL	32	D-40	4		0:08:16	25	3,63	0:00:44	4	1:28:21	93	33,96	0:01:08	12	1:38:29	65	0:23:37	4:43	70	12,70	2:02:06	0:19:20
72	De Moor Kevin		Lokeren	BEL	144	H-40	50		0:09:54	80	3,03	0:02:54	113	1:23:38	58	35,87	0:01:46	73	1:38:12	62	0:24:02	4:48	74	12,48	2:02:14	0:19:28
73	Faelens Jonas		Lievegem	BEL	107	H-40	51		0:10:13	88	2,94	0:02:23	97	1:26:01	71	34,88	0:01:38	53	1:40:15	73	0:22:05	4:25	49	13,58	2:02:20	0:19:34
74	Tackx Koen		Oostende	BEL	132	H+40	19		0:09:31	67	3,15	0:02:10	80	1:24:54	65	35,34	0:02:09	102	1:38:44	68	0:23:38	4:44	71	12,69	2:02:22	0:19:36
75	Deliens Gauthier		Veurne	BEL	81	H-40	52		0:10:27	99	2,87	0:02:07	76	1:27:45	85	34,19	0:01:44	68	1:42:03	85	0:20:52	4:10	32	14,38	2:02:55	0:20:09
76	Van Tomme Timothy		Zottegem	BEL	3	H-40	53		0:09:49	75	3,06	0:02:00	68	1:24:47	63	35,38	0:01:49	75	1:38:25	64	0:25:18	5:04	90	11,86	2:03:43	0:20:57
77	Muchery Xavier		Rumbeke	BEL	130	H+40	20		0:10:39	106	2,82	0:02:11	81	1:26:21	74	34,74	0:01:31	44	1:40:42	74	0:23:10	4:38	63	12,95	2:03:52	0:21:06
78	Vertongen Dirk		Berlare	BEL	172	H+40	21		0:09:13	56	3,25	0:02:22	95	1:25:01	67	35,29	0:02:05	94	1:38:41	67	0:25:19	5:04	91	11,85	2:04:00	0:21:14
79	Degryse Jelle		Sint-kruis (brugge)	BEL	113	H-40	54		0:09:47	74	3,07	0:02:22	96	1:27:05	79	34,45	0:01:36	51	1:40:50	75	0:23:19	4:40	65	12,87	2:04:09	0:21:23

Tot Starters: 131 Rks 1: 27 Rks 2: 104 Rks 3: 0 Rks 4: 0 Rks 5: 0 Rks 6: 0 Rks 7: 0 Rks 8: 0 DNS= Did not Start DNF = Did not Finish DQF = Disqualified

Pl.	Naam	Club	Plaats	Nat	Nr	Cat	PL	L	Swim	P1	AVG	TR 1	P1	Bike	P1	AVG	TR 2	P1	>S+B	P1	Run	T/Km	P1	AVG	Finish	Gap
80	Devoldere Kristof		Slijpe	BEL	110	H+40	22		0:08:42	36	3,45	0:01:41	47	1:26:09	72	34,82	0:02:12	106	1:38:44	69	0:26:38	5:20	100	11,26	2:05:22	0:22:36
81	Van De Wiele Kevin		Merelbeke	BEL	149	H-40	55		0:10:36	104	2,83	0:02:54	114	1:28:09	87	34,03	0:02:37	117	1:44:16	97	0:21:55	4:23	48	13,69	2:06:11	0:23:25
82	Van Lierop Wim		Oostende	BEL	162	H+40	23		0:10:46	108	2,79	0:01:58	65	1:27:36	84	34,25	0:01:43	62	1:42:03	86	0:24:12	4:50	80	12,40	2:06:15	0:23:29
83	Schockaert Emile		Winksele	BEL	164	H-40	56		0:09:42	73	3,09	0:02:15	87	1:29:55	99	33,36	0:01:44	70	1:43:36	91	0:22:42	4:32	54	13,22	2:06:18	0:23:32
84	Matthysen Hans		Heddesheim	BEL	45	H+40	24		0:09:50	77	3,05	0:02:00	69	1:27:26	83	34,31	0:01:56	81	1:41:12	79	0:25:11	5:02	88	11,91	2:06:23	0:23:37
85	Vermeulen Stijn		Zevergem	BEL	101	H+40	25		0:11:00	113	2,73	0:02:11	83	1:26:53	76	34,53	0:02:22	113	1:42:26	88	0:24:05	4:49	75	12,46	2:06:31	0:23:45
86	Vandecaveye Katia		Tielt	BEL	147	D+40	1 *		0:09:41	72	3,10	0:01:56	61	1:28:12	88	34,01	0:01:44	66	1:41:33	81	0:25:05	5:01	86	11,96	2:06:38	0:23:52
87	Vromman Steven		Ruiselede	BEL	128	H-40	57		0:10:20	95	2,90	0:03:29	121	1:27:51	86	34,15	0:01:58	84	1:43:38	92	0:23:15	4:39	64	12,90	2:06:53	0:24:07
88	Verhaeghe Pieter		Koksijde	BEL	167	H-40	58		0:09:51	78	3,05	0:02:01	70	1:27:24	82	34,32	0:01:44	69	1:41:00	78	0:26:17	5:15	98	11,41	2:07:17	0:24:31
89	Doens Maarten		Leuven	BEL	112	H-40	59		0:09:56	82	3,02	0:02:51	112	1:28:58	96	33,72	0:02:12	105	1:43:57	96	0:23:35	4:43	68	12,72	2:07:32	0:24:46
90	Vanrysselberghe Philippe		Ramskapelle	BEL	126	H+40	26		0:11:02	114	2,72	0:02:19	90	1:27:13	80	34,40	0:01:33	47	1:42:07	87	0:26:12	5:14	97	11,45	2:08:19	0:25:33
91	Vlaemynck An		Bredene	BEL	87	D-40	5		0:10:15	89	2,93	0:02:17	89	1:29:15	97	33,61	0:01:54	79	1:43:41	94	0:25:03	5:01	85	11,98	2:08:44	0:25:58
92	Verleysen Aaron		Deinze	BEL	106	H-40	60		0:09:38	70	3,11	0:01:22	26	1:28:18	91	33,98	0:01:59	85	1:41:17	80	0:27:30	5:30	105	10,91	2:08:47	0:26:01
93	Vaes Cédric		Antwerpen	BEL	21	H-40	61		0:10:30	100	2,86	0:03:27	120	1:24:01	60	35,71	0:01:59	86	1:39:57	72	0:29:04	5:49	116	10,32	2:09:01	0:26:15
94	Planckaert Nico		Roeselare	BEL	74	H+40	27		0:10:58	111	2,74	0:02:38	107	1:28:13	89	34,01	0:01:40	59	1:43:29	90	0:25:46	5:09	93	11,64	2:09:15	0:26:29
95	Ghyselen Hugo		Oostende	BEL	111	H+40	28		0:10:35	103	2,83	0:02:27	100	1:27:15	81	34,38	0:01:45	71	1:42:02	84	0:27:44	5:33	106	10,82	2:09:46	0:27:00
96	Platteeuw Xerxes		Ronse	BEL	104	H+40	29		0:09:49	76	3,06	0:01:36	39	1:28:29	94	33,90	0:01:45	72	1:41:39	82	0:28:12	5:38	107	10,64	2:09:51	0:27:05
97	Van De Vijver Ludo		Bornem	BEL	102	H+40	30		0:13:00	127	2,31	0:02:04	71	1:29:23	98	33,56	0:02:34	115	1:47:01	100	0:22:51	4:34	57	13,13	2:09:52	0:27:06
98	Waem Stefan		Kieldrecht	BEL	139	H+40	31		0:11:00	112	2,73	0:03:53	124	1:26:49	75	34,56	0:01:59	87	1:43:41	93	0:26:39	5:20	101	11,26	2:10:20	0:27:34
99	Cnockaert Barbara		Deinze	BEL	14	D-40	6		0:11:07	117	2,70	0:02:08	77	1:33:30	102	32,09	0:01:51	78	1:48:36	104	0:22:49	4:34	56	13,15	2:11:25	0:28:39
100	Panckoucke Piet		Oostkamp	BEL	2	H+40	32		0:11:31	123	2,60	0:03:59	125	1:25:41	70	35,01	0:02:09	103	1:43:20	89	0:28:15	5:39	109	10,62	2:11:35	0:28:49
101	Verhille Celine		Sint-andries	BEL	78	D-40	7		0:09:55	81	3,03	0:01:50	56	1:34:19	105	31,81	0:02:04	93	1:48:08	102	0:24:35	4:55	82	12,20	2:12:43	0:29:57
102	Vandenbrouck Stefanie		Oostkamp	BEL	140	D-40	8		0:10:18	91	2,91	0:02:26	99	1:35:15	107	31,50	0:01:43	64	1:49:42	108	0:24:07	4:49	77	12,44	2:13:49	0:31:03
103	Depla Stephanie		Westende	BEL	47	D+40	2 *		0:11:35	124	2,59	0:02:07	75	1:28:33	95	33,88	0:02:17	108	1:44:32	98	0:29:30	5:54	118	10,17	2:14:02	0:31:16
104	Ongheana Wim		Kallo	BEL	121	H+40	33		0:11:30	122	2,61	0:03:14	116	1:26:58	77	34,50	0:02:12	104	1:43:54	95	0:30:16	6:03	119	9,91	2:14:10	0:31:24
105	Flameyn Cindy		Gistel	BEL	115	D-40	9		0:10:02	83	2,99	0:00:55	12	1:35:03	106	31,56	0:01:08	11	1:47:08	101	0:27:17	5:27	103	11,00	2:14:25	0:31:39
106	Houtteman Jelle		Zulzeke	BEL	125	H-40	62		0:09:11	55	3,27	0:01:30	32	1:33:33	103	32,07	0:02:40	119	1:46:54	99	0:28:16	5:39	110	10,61	2:15:10	0:32:24
107	Briers Arne		Hasselt	BEL	11	H-40	63		0:10:20	94	2,90	0:02:09	79	1:34:02	104	31,90	0:02:35	116	1:49:06	105	0:26:05	5:13	95	11,50	2:15:11	0:32:25
108	Kerckhove Manon		Brugge	BEL	99	D-40	10		0:09:08	54	3,28	0:02:06	74	1:36:47	113	31,00	0:02:08	100	1:50:09	109	0:25:59	5:12	94	11,55	2:16:08	0:33:22
109	Lodewijckx Inge		Leuven	BEL	170	D-40	11		0:09:04	50	3,31	0:01:41	48	1:36:31	112	31,08	0:02:03	90	1:49:19	106	0:27:07	5:25	102	11,06	2:16:26	0:33:40
110	De Clercq Joke		Zwijnaarde	BEL	119	D-40	12		0:11:26	121	2,62	0:01:58	66	1:38:34	115	30,44	0:01:44	67	1:53:42	113	0:24:05	4:49	76	12,46	2:17:47	0:35:01
111	Massy Liese		Kessel-lo	BEL	171	D-40	13		0:09:14	57	3,25	0:02:45	109	1:35:17	108	31,49	0:02:19	110	1:49:35	107	0:28:37	5:43	112	10,48	2:18:12	0:35:26
112	Weyens Arthur		Hasselt	BEL	13	H-40	64		0:11:14	118	2,67	0:03:15	117	1:38:32	114	30,45	0:01:29	39	1:54:30	117	0:25:03	5:01	84	11,98	2:19:33	0:36:47
113	Soenen Brecht		Oostnieuwwerke	BEL	154	H-40	65		0:10:34	102	2,84	0:02:20	92	1:38:45	116	30,38	0:02:21	112	1:54:00	116	0:26:08	5:14	96	11,48	2:20:08	0:37:22
114	Tyteca Walter		Oostende	BEL	100	H+40	34		0:10:37	105	2,83	0:01:50	57	1:39:21	119	30,20	0:02:07	98	1:53:55	115	0:26:26	5:17	99	11,35	2:20:21	0:37:35
115	Thys Mitch		Niel	BEL	30	H-40	66		0:10:08	86	2,96	0:03:20	119	1:35:42	109	31,35	0:02:43	120	1:51:53	110	0:28:46	5:45	113	10,43	2:20:39	0:37:53
116	Goemaere Peter		0	BEL	180	H+40	35		0:10:20	93	2,90	0:02:22	94	1:32:36	101	32,40	0:03:01	124	1:48:19	103	0:33:01	6:36	123	9,09	2:21:20	0:38:34
117	Callens Benjamin		Gent	BEL	153	H-40	67		0:08:59	46	3,34	0:01:45	52	1:40:28	120	29,86	0:02:06	97	1:53:18	112	0:28:26	5:41	111	10,55	2:21:44	0:38:58
118	Loomans Didier		Itterbeek	BEL	91	H+40	36		0:10:43	107	2,80	0:04:11	126	1:39:06	117	30,27	0:02:45	121	1:56:45	119	0:25:05	5:01	87	11,96	2:21:50	0:39:04
119	Dewandre Arnaud		Hasselt	BEL	19	H-40	68		0:14:05	129	2,13														2:22:00	0:39:14
120	Deflem Koen		Oostende	BEL	18	H-40	69		0:11:51	125	2,53	0:02:11	82	1:39:13	118	30,24	0:02:38	118	1:55:53	118	0:28:12	5:38	108	10,64	2:24:05	0:41:19
121	Sampers Lore		Zwijnaarde	BEL	27	D-40	14		0:11:26	120	2,62	0:02:34	105	1:43:11	121	29,07	0:01:32	46	1:58:43	120	0:29:00	5:48	115	10,34	2:27:43	0:44:57

Tot Starters: 131 **Rks 1: 27** **Rks 2: 104** **Rks 3: 0** **Rks 4: 0** **Rks 5: 0** **Rks 6: 0** **Rks 7: 0** **Rks 8: 0** **DNS= Did not Start** **DNF = Did not Finish** **DQF = Disqualified**

Pl.	Naam	Club	Plaats	Nat	Nr	Cat	PL	L	Swim	P1	AVG	TR 1	P1	Bike	P1	AVG	TR 2	P1	>S+B	P1	Run	T/Km	P1	AVG	Finish	Gap
122	Moriau Glenn		Kobbegeem	BEL	62	H-40	70		0:12:57	126	2,32	0:02:27	101	1:36:24	110	31,12	0:02:04	92	1:53:52	114	0:34:25	6:53	124	8,72	2:28:17	0:45:31
123	Herbots Julie		Velm	BEL	90	D-40	15		0:09:16	60	3,24	0:03:17	118	1:48:15	122	27,71	0:02:19	111	2:03:07	121	0:25:25	5:05	92	11,80	2:28:32	0:45:46
124	Benoit Jeffry		Desselgem	BEL	116	H-40	71		0:10:25	97	2,88	0:02:31	104	1:36:31	111	31,08	0:03:39	125	1:53:06	111	0:36:39	7:20	125	8,19	2:29:45	0:46:59
125	Van Looy Johan		Boechout	BEL	79	H-40	72		0:13:31	128	2,22	0:02:12	85	1:48:44	124	27,59	0:01:43	63	2:06:10	123	0:29:13	5:51	117	10,27	2:35:23	0:52:37
126	Mangnus Maarten		Hoogerheide	BEL	127	H-40	73		0:11:03	115	2,71	0:02:31	103	1:48:37	123	27,62	0:02:30	114	2:04:41	122	0:30:59	6:12	120	9,68	2:35:40	0:52:54
127	Goris Leen		Lokeren	BEL	146	D-40	16		0:11:24	119	2,63	0:02:12	86	1:51:43	125	26,85	0:02:07	99	2:07:26	124	0:31:53	6:23	121	9,41	2:39:19	0:56:33
128	Martens Soetkin		Oostende	BEL	169	D-40	17		0:10:56	110	2,74	0:03:36	123	1:52:37	126	26,64	0:02:48	123	2:09:57	125	0:32:04	6:25	122	9,36	2:42:01	0:59:15
DSQ	Bellet Ana		Zutkerque		55	D+40																				
DNF	Bauters Brigitte		Wondelgem	BEL	178	D+40			0:17:38	130	1,70	0:05:49	127	1:18:36	19	38,17										
DNF	Luyckx Pieter		Bornem	BEL	28	H-40			0:07:20	3	4,09	0:00:42	3													
DNS	De Ville Andy		Aaigem		67	H+40																				
DNS	Demaeght Elise		Wilrijk		49	D-40																				
DNS	De Ville Bart		Burst		68	H-40																				
DNS	De Keulenaer Hans		Oostende		163	H+40																				
DNS	Gabriels Thierry		Bredene		57	H+40																				
DNS	Klimi Angeliki		Gent		51	D-40																				
DNS	Vasseur Filip		Asse		63	H+40																				
DNS	Claeys Nick		Zedelgem		52	H-40																				
DNS	Meire Kathleen		Lembeke		53	D+40																				
DNS	Van De Velde Haike		Maarkedal		77	D-40																				
DNS	Marotte Ludo		Sint-niklaas		76	H-40																				
DNS	Lacoche Stéphane		Luingne		72	H+40																				
DNS	Werbrouck Liesbeth		Leke		89	D+40																				
DNS	Colebrants Thomas		Vilvoorde		176	H-40																				
DNS	Poesen Birger		Sint-lievens-houtem		25	H-40																				
DNS	De Vos Gert		Nieuwpoort		114	H+40																				
DNS	Parrein Jans		Gistel		80	H-40																				
DNS	Taleux Jean-baptiste		Coudekerque-branche		94	H-40																				
DNS	De Backer Jeroen		Kaprijke		92	H+40																				
DNS	Vroland Maxime		Coudekerque Branche		83	H-40																				
DNS	Meulemeester Marc		Vlissegem		85	H+40																				
DNS	Veldeman Eric		Sint-stevens-woluwe		38	H-40																				
DNS	Stubbe Frank		Brugge		66	H+40																				
DNS	Vandemeulebroucke Kevin		Dottignies		71	H-40																				
DNS	Claerhout An-sofie		Gent		40	D-40																				
DNS	Vandermeulen Yves		Schoten		65	H+40																				
DNS	Vansielegem Jasper		Bredene		129	H-40																				
DNS	Brackman Thierry		Koksijde		58	H+40																				
DNS	Bruneel Dieter		Middelkerke		59	H-40																				
DNS	Maene Kelly		Gistel		60	D-40																				
DNS	Pelckmans Koen		De Haan		36	H+40																				
DNS	Verschoote Ronny		Oostende		37	H+40																				

Tot Starters: 131 Rks 1: 27 Rks 2: 104 Rks 3: 0 Rks 4: 0 Rks 5: 0 Rks 6: 0 Rks 7: 0 Rks 8: 0 DNS= Did not Start DNF = Did not Finish DQF = Disqualified

PL	Naam	Club	Plaats	Nat	Nr	Cat	PL L	Swim	P1	AVG	TR 1	P1	Bike	P1	AVG	TR 2	P1	>S+B	P1	Run	T/Km	P1	AVG	Finish	Gap
DNS	Claeys Bert		Gent		39	H-40																			
DNS	Crabeels Pascal		Middelkerke		41	H-40																			
DNS	Ost Maarten		Eeklo		23	H+40																			
DNS	Van Hulle Sophie		Eeklo		103	D-40																			
DNS	Meseure Julie		Oostende		61	D-40																			
DNS	Depla Julie		Westende		44	D+40																			
DNS	Van Haverbeke Emiel		Adegem		33	H-40																			
DNS	De Weerd Tim		Elingen		1	H-40																			
DNS	Weck Eline		Brugge		4	D-40																			
DNS	Verdonck Hannes		Middelkerke		5	H-40																			
DNS	Marcelis Els		Lierde		8	D-40																			
DNS	Van Den Abeele Steffie		Lierde		9	D-40																			
DNS	Nobels Laurent		Dendermonde		10	H-40																			
DNS	Bots Andries		Brussel		16	H-40																			
DNS	Lambrechts Jasper		Hasselt		20	H-40																			
DNS	De Pril Marc		Nederhasselt		69	H+40																			
DNS	De Craene Kathleen		Bassevelde		64	D+40																			

Tot Starters: 131 **Rks 1: 27** **Rks 2: 104** **Rks 3: 0** **Rks 4: 0** **Rks 5: 0** **Rks 6: 0** **Rks 7: 0** **Rks 8: 0**

DNS= Did not Start DNF = Did not Finish DQF = Disqualified