

Podia

Distances: 4,5/21/2,2 km

Starts: Ind: 13:00:30 - Duo: 13:02:30

CRO: Hendrickx Patrick

Website: <http://www.baik.be>**Categorie: Seniors Dames (F24)**

Cat	Pl	Pl.	Name	City:	Nat:	Lic	Club	Nr	Run1	Pl	AVG	Trans1	T1	Bike	B	AVG	Trans2	T2	Run2	R2	AVG	Finish	Gap
1	*	2	Goetghebuer Caroline	Sterrebeek	BEL	0	- geen -	228	0:18:02	2	14,97	0:01:04	5	1:05:24	2	19,27	0:00:59	5	0:09:37	2	13,73	1:35:06	0:26:24
2	*	3	Rudzite Guna		LVA	0	geen	183	0:18:12	3	14,84	0:00:45	2	1:09:47	3	18,06	0:00:46	3	0:10:07	4	13,05	1:39:37	0:30:55
3	*	4	Vervaeet Jocelyne		BEL	0	geen	222	0:19:42	5	13,71	0:01:02	4	1:11:58	4	17,51	0:00:51	4	0:11:30	5	11,48	1:45:03	0:36:21

**Categorie: Veteranen 40 Dames (F40)**

Cat	Pl	Pl.	Name	City:	Nat:	Lic	Club	Nr	Run1	Pl	AVG	Trans1	T1	Bike	B	AVG	Trans2	T2	Run2	R2	AVG	Finish	Gap
1	*	1	Roelandt Inge		BEL	10794F76	12BO4	182	0:17:33	1	15,38	0:00:48	3	1:00:53	1	20,70	0:00:42	2	0:09:23	1	14,07	1:29:19	0:20:37

**Categorie: Under 24 Dames (FU23)**

Cat	Pl	Pl.	Name	City:	Nat:	Lic	Club	Nr	Run1	Pl	AVG	Trans1	T1	Bike	B	AVG	Trans2	T2	Run2	R2	AVG	Finish	Gap
1	*	5	De Clercq Astrid		BEL	18642F94	SP&O	124	0:19:22	4	13,94	0:00:36	1	1:30:01	5	14,00	0:00:32	1	0:09:43	3	13,58	2:00:14	0:51:32

**Categorie: Seniors Heren (M24)**

Cat	Pl	Pl.	Name	City:	Nat:	Lic	Club	Nr	Run1	Pl	AVG	Trans1	T1	Bike	B	AVG	Trans2	T2	Run2	R2	AVG	Finish	Gap
1	*	1	Odeyn Seppe		BEL	08431M87	FTT	174	0:13:32	1	19,95	0:00:38	5	0:46:55	1	26,86	0:00:33	9	0:07:04	1	18,68	1:08:42	0:00:00
2	*	2	Thijs Rik		BEL	0	geen	196	0:13:52	2	19,47	0:00:39	6	0:47:46	2	26,38	0:00:33	10	0:07:28	3	17,68	1:10:18	0:01:36
3	*	4	Auverdin Nicolas		BEL	06069M82	TRIBE	104	0:13:55	3	19,40	0:00:49	30	0:49:20	4	25,54	0:00:32	7	0:07:23	2	17,88	1:11:59	0:03:17

**Categorie: Veteranen 40 Heren (M40)**

Cat	Pl	Pl.	Name	City:	Nat:	Lic	Club	Nr	Run1	Pl	AVG	Trans1	T1	Bike	B	AVG	Trans2	T2	Run2	R2	AVG	Finish	Gap
1	*	3	Embrechts Paul		BEL	01271M76	TK	141	0:14:09	4	19,08	0:00:42	13	0:48:16	3	26,10	0:00:38	16	0:07:32	4	17,52	1:11:17	0:02:35
2	*	7	Beullens Dirk		BEL	0	geen	109	0:15:46	22	17,12	0:00:33	3	0:50:56	5	24,74	0:00:31	5	0:08:43	21	15,14	1:16:29	0:07:47
3	*	15	Verschueren Eddy		BEL	07411M68	ITM	221	0:16:16	37	16,60	0:00:51	36	0:53:37	13	23,50	0:00:48	38	0:08:51	28	14,92	1:20:23	0:11:41

**Categorie: Veteranen 50 Heren (M50)**

Cat	Pl	Pl.	Name	City:	Nat:	Lic	Club	Nr	Run1	Pl	AVG	Trans1	T1	Bike	B	AVG	Trans2	T2	Run2	R2	AVG	Finish	Gap
1	*	13	Busch William		BEL	03658M65	HETRIC	116	0:16:13	32	16,65	0:00:50	33	0:52:51	11	23,84	0:00:41	22	0:09:02	38	14,61	1:19:37	0:10:55
2	*	18	Vandenbosch Didier		BEL	0	geen	211	0:15:37	20	17,29	0:00:58	51	0:54:49	18	22,99	0:00:45	33	0:08:42	19	15,17	1:20:51	0:12:09
3	*	35	De Munter Alain		BEL	0	geen	128	0:17:13	51	15,68	0:00:49	31	0:56:21	27	22,36	0:00:43	26	0:09:30	49	13,89	1:24:36	0:15:54

**Categorie: Veteranen 60 Heren (M60)**

Cat	Pl	Pl.	Name	City:	Nat:	Lic	Club	Nr	Run1	Pl	AVG	Trans1	T1	Bike	B	AVG	Trans2	T2	Run2	R2	AVG	Finish	Gap
1	*	86	Legrand Roland		BEL	0	geen	166	0:22:24	97	12,05	0:01:12	69	1:18:14	84	16,11	0:02:31	87	0:13:24	86	9,85	1:57:45	0:49:03

Tot Dlms: 18

M50: 122

F40: 8

Rks3: 0

Rks4: 0

Rks5: 0

DNS= Did not Start DNF = Did not Finish DQF = Disqualified

## Categorie: Under 24 Heren (MU23)

Cat	Pl	Pl.	Name	City:	Nat:	Lic	Club	Nr	Run1	Pl	AVG	Trans1	T1	Bike	B	AVG	Trans2	T2	Run2	R2	AVG	Finish	Gap
1	*	19	Ackermans Yoran		BEL	11003M93	UTO	101	0:15:54	24	16,98	0:00:46	19	0:55:24	23	22,74	0:00:51	41	0:08:19	13	15,87	1:21:14	0:12:32
2	*	21	Steenwerckx Matthias		BEL	10203M95	HULS	191	0:14:29	6	18,64	0:00:29	1	0:58:22	34	21,59	0:00:21	1	0:07:47	6	16,96	1:21:28	0:12:46
3	*	27	Devalet Wouter		BEL	04685M95	DVB	136	0:15:13	10	17,74	0:00:31	2	0:58:04	33	21,70	0:00:37	13	0:08:51	29	14,92	1:23:16	0:14:34