

Podia

Distances: 1500m/39,9km/9,8km

CRO: Thierry Demeire

Starts: Dames 17:03-Heren&Trio's: 17:13

Website: <http://www.kwarttriatlon.be>**Categorie: Juniors Dames (F18)**

Pl Cat	PL	Naam	Gemeente	Club	Nr	PL L	Swim	PI	AVG	Tr 1	PI	Bike	PI	AVG	Tr 2	PI	1 >>4	R 1	PI	R 2	PI	R 3	PI	R Tot	PI	AVG	Finish	Gap
1	38	De Vet Hanne	Wuustwezel	SPTC	103 F18	*	0:21:31	7	4,18	0:00:42	6	1:06:15	79	36,14	0:00:38	1	1:29:06	0:13:01	55	0:13:33	64	0:13:12	70	0:39:46	63	14,79	2:08:52	0:00:00
2	84	Desaunois Eline	Sint-niklaas	SPTC	104 F18	*	0:24:25	35	3,69	0:00:47	15	1:09:55	128	34,24	0:00:42	11	1:35:49	0:14:06	108	0:14:44	113	0:15:05	137	0:43:55	118	13,39	2:19:44	0:10:52

Categorie: Seniors Dames (F24)

Pl Cat	PL	Naam	Gemeente	Club	Nr	PL L	Swim	PI	AVG	Tr 1	PI	Bike	PI	AVG	Tr 2	PI	1 >>4	R 1	PI	R 2	PI	R 3	PI	R Tot	PI	AVG	Finish	Gap
1	39	Coysman Joke	De Pinte	ETZ	100 F24	*	0:24:19	32	3,70	0:00:47	16	1:05:12	63	36,72	0:00:48	30	1:31:06	0:12:33	43	0:12:49	35	0:12:41	39	0:38:03	39	15,45	2:09:09	0:00:00
2	77	Cuyvers Vanessa	Brecht	BrTC	108 F24	*	0:25:58	50	3,47	0:01:14	82	1:10:44	143	33,85	0:01:03	80	1:38:59	0:12:58	53	0:13:19	55	0:13:03	58	0:39:20	55	14,95	2:18:19	0:09:10
3	92	Tanghe Alizée	Hasselt	VTDL	125 F24	*	0:26:10	56	3,44	0:02:02	194	1:10:50	145	33,80	0:01:08	99	1:40:10	0:13:45	94	0:13:58	84	0:13:39	84	0:41:22	86	14,21	2:21:32	0:12:23

Categorie: Veteranen 40 Dames (F40)

Pl Cat	PL	Naam	Gemeente	Club	Nr	PL L	Swim	PI	AVG	Tr 1	PI	Bike	PI	AVG	Tr 2	PI	1 >>4	R 1	PI	R 2	PI	R 3	PI	R Tot	PI	AVG	Finish	Gap
1	66	Suys Mieke	Lovendegem	BrTC	101 F40	*	0:24:24	34	3,69	0:00:47	17	1:08:18	112	35,05	0:00:48	32	1:34:17	0:13:31	82	0:14:02	88	0:14:08	103	0:41:41	90	14,11	2:15:58	0:00:00
2	152	Ongheña Sylvia	Wilrijk (antwerpen)	VTDL	121 F40	*	0:30:51	132	2,92	0:01:32	137	1:15:55	187	31,53	0:01:09	103	1:49:27	0:14:04	107	0:14:48	115	0:14:59	133	0:43:51	117	13,41	2:33:18	0:17:20
3	165	Ydens-bogaert Ginie	Dendermonde	TTL	269 F40	*	0:32:10	156	2,80	0:01:23	107	1:14:25	176	32,17	0:01:03	77	1:49:01	0:15:24	161	0:15:43	150	0:15:24	144	0:46:31	149	12,64	2:35:32	0:19:34

Categorie: Veteranen 50 Dames (F50)

Pl Cat	PL	Naam	Gemeente	Club	Nr	PL L	Swim	PI	AVG	Tr 1	PI	Bike	PI	AVG	Tr 2	PI	1 >>4	R 1	PI	R 2	PI	R 3	PI	R Tot	PI	AVG	Finish	Gap
1	171	Buschop Hilde	Hemiksem	SJKT	105 F50	*	0:32:48	169	2,74	0:01:00	50	1:15:20	179	31,78	0:01:07	95	1:50:15	0:15:27	163	0:15:59	160	0:16:15	171	0:47:41	164	12,33	2:37:56	0:00:00
2	180	Van Rumst Thea	Lokeren	VTDL	130 F50	*	0:35:02	189	2,57	0:02:03	195	1:11:48	152	33,34	0:01:28	164	1:50:21	0:16:57	198	0:17:24	190	0:17:26	189	0:51:47	190	11,36	2:42:08	0:04:12

Categorie: Under 24 Dames (FU23)

Pl Cat	PL	Naam	Gemeente	Club	Nr	PL L	Swim	PI	AVG	Tr 1	PI	Bike	PI	AVG	Tr 2	PI	1 >>4	R 1	PI	R 2	PI	R 3	PI	R Tot	PI	AVG	Finish	Gap
1	80	Verhaegen Charlotte	Herent	TDL	102 FU23	*	0:23:03	17	3,90	0:00:54	39	1:08:27	115	34,97	0:01:04	83	1:33:28	0:15:17	157	0:15:14	133	0:14:45	123	0:45:16	136	12,99	2:18:44	0:00:00
2	117	Martens Floor	Waregem	NLT	117 FU23	*	0:29:04	104	3,10	0:01:08	66	1:10:13	134	34,09	0:01:14	121	1:41:39	0:14:10	111	0:15:29	141	0:15:40	152	0:45:19	137	12,98	2:26:58	0:08:14
3	143	Van Echelpoel Roxanne	Bonheiden	SP&O	129 FU23	*	0:27:20	71	3,29	0:01:03	55	1:16:15	190	31,40	0:01:01	72	1:45:39	0:14:54	140	0:15:44	152	0:15:34	151	0:46:12	147	12,73	2:31:51	0:13:07

Categorie: Seniors Heren (M24)

Pl Cat	PL	Naam	Gemeente	Club	Nr	PL L	Swim	PI	AVG	Tr 1	PI	Bike	PI	AVG	Tr 2	PI	1 >>4	R 1	PI	R 2	PI	R 3	PI	R Tot	PI	AVG	Finish	Gap
1	1	Goris Stijn	Kessel-lo	LTTD	1 M24	*	0:19:05	2	4,72	0:00:38	2	0:59:55	9	39,96	0:00:40	4	1:20:18	0:10:40	1	0:11:11	1	0:11:32	6	0:33:23	1	17,61	1:53:41	0:00:00
2	2	Buyl Joris	Lokeren	XCD	9 M24	*	0:19:02	1	4,73	0:00:40	3	0:59:02	3	40,55	0:00:41	8	1:19:25	0:11:24	6	0:11:46	8	0:11:43	9	0:34:53	7	16,86	1:54:18	0:00:37
3	3	Lagae Kasper	Izegem	ETZ	167 M24	*	0:19:53	4	4,53	0:00:53	34	0:58:48	2	40,71	0:00:52	46	1:20:26	0:11:34	7	0:11:52	12	0:12:08	22	0:35:34	12	16,53	1:56:00	0:02:19

Tot Dlms: 223

Rks 1: 37

Rks 2: 223

Rks 3: 0

Rks 4: 0

Rks 5: 0

Rks 6: 0

Rks 7: 0

DNS= Did not Start DNF = Did not Finish DSQ = Disqualified

Categorie: Veteranen 40 Heren (M40)

Pl Cat	PL	Naam	Gemeente	Club	Nr	PL L	Swim	PI	AVG	Tr 1	PI	Bike	PI	AVG	Tr 2	PI	1 >>4	R 1	PI	R 2	PI	R 3	PI	R Tot	PI	AVG	Finish	Gap
1	11	Clerbout Bruno	Kapelle-op-den-bos	ITM	2 M40	*	0:22:08	13	4,07	0:00:48	19	1:00:54	18	39,31	0:00:40	6	1:24:30	0:11:39	12	0:12:02	14	0:12:32	33	0:36:13	19	16,24	2:00:43	0:00:00
2	18	Laureyns Peter	Huldenberg	UTO	172 M40	*	0:23:17	19	3,87	0:00:52	29	1:00:55	19	39,30	0:00:54	52	1:25:58	0:13:05	61	0:13:07	49	0:12:44	41	0:38:56	48	15,10	2:04:54	0:04:11
3	29	Debusscher Hugo	Morkhoven	IMTT	84 M40	*	0:25:36	45	3,52	0:01:06	64	1:01:31	25	38,92	0:01:03	79	1:29:16	0:12:15	32	0:12:27	26	0:12:25	28	0:37:07	29	15,84	2:06:23	0:05:40

Categorie: Veteranen 50 Heren (M50)

Pl Cat	PL	Naam	Gemeente	Club	Nr	PL L	Swim	PI	AVG	Tr 1	PI	Bike	PI	AVG	Tr 2	PI	1 >>4	R 1	PI	R 2	PI	R 3	PI	R Tot	PI	AVG	Finish	Gap
1	25	Van Hamme Hugo	Vilvoorde	TRIBE	7 M50	*	0:26:20	58	3,42	0:00:49	20	1:02:25	36	38,36	0:00:57	58	1:30:31	0:11:45	15	0:12:02	15	0:11:41	8	0:35:28	11	16,58	2:05:59	0:00:00
2	72	Mensaert Johan	Oostende	VTDL	181 M50	*	0:26:37	64	3,38	0:01:46	170	1:05:25	67	36,60	0:01:25	156	1:35:13	0:14:01	106	0:14:17	97	0:14:04	102	0:42:22	101	13,88	2:17:35	0:11:36
3	85	Beylemans Luc	Nossegem	ETZa	37 M50	*	0:28:19	86	3,18	0:01:41	153	1:06:13	78	36,15	0:01:22	148	1:37:35	0:13:54	102	0:14:18	98	0:14:03	101	0:42:15	98	13,92	2:19:50	0:13:51

Categorie: Veteranen 60 Heren (M60)

Pl Cat	PL	Naam	Gemeente	Club	Nr	PL L	Swim	PI	AVG	Tr 1	PI	Bike	PI	AVG	Tr 2	PI	1 >>4	R 1	PI	R 2	PI	R 3	PI	R Tot	PI	AVG	Finish	Gap
1	195	Buelens Geert	Kapelle-op-den-bos	VTDL	12 M60	*	0:34:20	186	2,62	0:01:53	183	1:16:13	189	31,41	0:01:28	166	1:53:54	0:17:30	205	0:17:38	192	0:18:35	201	0:53:43	201	10,95	2:47:37	0:00:00
2	206	Thielemans Patrick	Grimbergen	VTDL	218 M60	*	0:38:44	212	2,32	0:01:37	149	1:16:59	200	31,10	0:02:14	211	1:59:34	0:17:24	204	0:18:32	206	0:17:26	190	0:53:22	198	11,02	2:52:56	0:05:19
3	217	Defosse Jean-marie	Soumagne	TDCH	87 M60	*	0:53:01	223	1,70	0:02:43	216	1:12:03	156	33,23	0:01:08	102	2:08:55	0:16:44	192	0:17:18	187	0:17:31	191	0:51:33	189	11,41	3:00:28	0:12:51

Categorie: Under 24 Heren (MU23)

Pl Cat	PL	Naam	Gemeente	Club	Nr	PL L	Swim	PI	AVG	Tr 1	PI	Bike	PI	AVG	Tr 2	PI	1 >>4	R 1	PI	R 2	PI	R 3	PI	R Tot	PI	AVG	Finish	Gap
1	5	Verbist Hans	Essen	SPTC	247 MU23	*	0:21:38	9	4,16	0:00:44	12	1:00:50	17	39,35	0:00:44	20	1:23:56	0:11:34	9	0:11:34	6	0:11:14	2	0:34:22	6	17,11	1:58:18	0:00:00
2	7	Carmans Rob	Paal	TCL	46 MU23	*	0:23:29	21	3,83	0:00:50	22	0:57:21	1	41,74	0:00:47	27	1:22:27	0:12:01	25	0:12:13	21	0:12:04	18	0:36:18	21	16,20	1:58:45	0:00:27
3	15	Priem Whytic	Roeselare	DVB	6 MU23	*	0:23:51	27	3,77	0:01:02	54	1:00:08	10	39,81	0:00:42	13	1:25:43	0:12:08	29	0:12:36	32	0:12:30	31	0:37:14	30	15,79	2:02:57	0:04:39