

**ETU/Powerman European Championships LD - Horst**
**12/04/2015**
**Result Categories**
**CRO:** Michiel Van Niekerk - **TD:** Jan-Philipp Krawczyk - **ATD:** Jacques Goedgebeur

**Starts:** Women Eli 9:00- Men 55+ 9:05 - Men Eli 9:18 - Para 9:30 - Men AG 9:35 - Open 9:40

**Categorie: Women Elite (DELI)**

PL	L	Pl. Alg	Name	City	Nation	Nr	Finish	Gap	R 1	R 2	R 3	R 4	Run1	PI	AVG	TR	Bi 1	Bi 2	Bi 3	Bike	PI	AVG	TR	>R+B	R 1	R 2	R 3	R 4	Run 2	PI	AVG
1	*	54 54	Hrebec Laura	Illarsaz	SUI	54	2:46:23	0:00:00	0:07:52	0:08:23	0:08:28	0:08:33	0:33:16	38	18,04	0:01:30	0:28:43	0:28:43	0:30:45	1:35:07	90	37,85	0:01:50	71	0:08:37	0:08:46	0:08:51	0:08:26	0:34:40	30	17,31
2	*	59 59	Dossena Sara	Pavia	ITA	58	2:47:30	0:01:07	0:07:49	0:08:17	0:08:22	0:08:29	0:32:57	35	18,21	0:01:15	0:29:35	0:29:35	0:31:43	1:38:04	124	36,71	0:01:26	82	0:08:22	0:08:30	0:08:40	0:08:16	0:33:48	23	17,75
3	*	68 68	Stage Nielsen Maja	Odense	DEN	59	2:48:45	0:02:22	0:08:03	0:08:40	0:08:46	0:08:49	0:34:18	54	17,49	0:01:10	0:29:03	0:29:03	0:31:06	1:36:17	102	37,39	0:01:34	79	0:09:12	0:09:06	0:08:53	0:08:15	0:35:26	35	16,93
4		70 70	Gill Victoria	London	GBR	61	2:48:56	0:02:33	0:08:27	0:08:28	0:08:53	0:08:52	0:34:40	59	17,31	0:01:20	0:28:50	0:28:50	0:30:40	1:35:23	92	37,74	0:01:58	80	0:09:00	0:09:02	0:09:01	0:08:32	0:35:35	38	16,86
5		76 76	Svendsen Susanne	Vibjy	DEN	51	2:49:53	0:03:30	0:08:07	0:08:48	0:08:53	0:08:51	0:34:39	58	17,32	0:01:29	0:28:36	0:28:36	0:30:58	1:35:13	91	37,81	0:01:40	77	0:09:13	0:09:16	0:09:18	0:09:05	0:36:52	59	16,27
6		77 77	Schulz Jenny	Bielefeld	GER	50	2:50:51	0:04:28	0:08:11	0:08:49	0:08:55	0:09:04	0:34:59	70	17,15	0:01:16	0:28:53	0:28:52	0:31:09	1:35:55	94	37,53	0:01:44	85	0:09:26	0:09:20	0:09:23	0:08:48	0:36:57	60	16,24
7		78 78	Ferrer Isabelle	Ancey	FRA	55	2:50:56	0:04:33	0:08:07	0:08:48	0:08:53	0:08:52	0:34:40	60	17,31	0:01:23	0:28:59	0:29:00	0:31:30	1:36:47	108	37,20	0:02:03	89	0:09:06	0:09:10	0:09:12	0:08:35	0:36:03	44	16,64
8		82 82	Nyström Eva	Mölnadal	SWE	52	2:51:27	0:05:04	0:08:28	0:09:00	0:09:13	0:09:26	0:36:07	97	16,61	0:01:22	0:27:40	0:27:40	0:30:26	1:32:39	68	38,86	0:01:48	72	0:09:34	0:09:47	0:10:15	0:09:55	0:39:31	107	15,18
9		86 86	Esefeld Katrin	München	GER	53	2:53:13	0:06:50	0:08:30	0:09:08	0:09:13	0:09:17	0:36:08	98	16,61	0:01:21	0:29:02	0:29:02	0:31:13	1:36:27	104	37,33	0:01:46	92	0:09:24	0:09:25	0:09:31	0:09:11	0:37:31	69	15,99
10		102 102	Van Dijk Marina	0	NED	63	2:56:14	0:09:51	0:08:35	0:09:09	0:09:09	0:09:23	0:36:16	101	16,54	0:01:14	0:29:24	0:29:24	0:32:19	1:38:37	129	36,50	0:01:33	110	0:09:41	0:09:40	0:09:52	0:09:21	0:38:34	93	15,56
11		105 105	Lapinova Kristina	0	SVK	60	2:56:52	0:10:29	0:08:12	0:08:48	0:08:56	0:09:03	0:34:59	71	17,15	0:01:18	0:29:58	0:29:59	0:33:09	1:40:53	158	35,68	0:01:38	118	0:09:22	0:09:37	0:09:49	0:09:16	0:38:04	79	15,76
12		115 115	Lute Eline	0	NED	65	2:59:21	0:12:58	0:08:47	0:09:42	0:09:48	0:09:53	0:38:10	133	15,72	0:01:22	0:29:23	0:29:23	0:31:45	1:37:42	120	36,85	0:01:47	121	0:10:00	0:10:10	0:10:15	0:09:55	0:40:20	122	14,88
13		119 119	Van Reijen Miriam	0	NED	56	3:00:17	0:13:54	0:08:03	0:08:39	0:08:46	0:08:49	0:34:17	51	17,50	0:01:36	0:32:08	0:32:08	0:34:35	1:46:45	199	33,72	0:02:01	169	0:09:16	0:09:05	0:09:03	0:08:14	0:35:38	41	16,84
14		130 130	Hak Laura	Heerhugowaard	NED	64	3:01:42	0:15:19	0:09:02	0:09:57	0:10:13	0:10:18	0:39:30	171	15,19	0:01:33	0:29:00	0:29:00	0:31:00	1:36:09	100	37,44	0:01:49	120	0:10:31	0:10:39	0:10:53	0:10:38	0:42:41	158	14,06
		DNS DNS	Krähenbühl Martina	0		62																									

**Categorie: D25 (D25)**

PL	L	Pl. Alg	Name	City	Nation	Nr	Finish	Gap	R 1	R 2	R 3	R 4	Run1	PI	AVG	TR	Bi 1	Bi 2	Bi 3	Bike	PI	AVG	TR	>R+B	R 1	R 2	R 3	R 4	Run 2	PI	AVG
1	*	165 165	Davies Rosie	Birmingham	GBR	352	3:06:55	0:00:00	0:09:15	0:09:49	0:09:58	0:10:08	0:39:10	159	15,32	0:01:20	0:29:23	0:34:13	0:33:26	1:44:47	187	34,36	0:01:34	180	0:10:05	0:10:12	0:10:02	0:09:45	0:40:04	116	14,98
2	*	170 170	Knott Stephanie	Swindon	GBR	353	3:08:12	0:01:17	0:09:09	0:09:38	0:09:39	0:09:46	0:38:12	137	15,71	0:01:44	0:31:03	0:31:03	0:34:00	1:44:09	181	34,57	0:02:11	176	0:10:07	0:10:32	0:11:06	0:10:11	0:41:56	147	14,31
		DNS DNS	Aplin Sam	Eastleigh		351																									

**Categorie: D30 (D30)**

PL	L	Pl. Alg	Name	City	Nation	Nr	Finish	Gap	R 1	R 2	R 3	R 4	Run1	PI	AVG	TR	Bi 1	Bi 2	Bi 3	Bike	PI	AVG	TR	>R+B	R 1	R 2	R 3	R 4	Run 2	PI	AVG
1	*	137 137	Jansen Steffi	Herzogenrath	GER	364	3:02:15	0:00:00	0:08:38	0:09:17	0:09:32	0:09:33	0:37:00	112	16,22	0:01:47	0:30:44	0:30:44	0:33:35	1:42:37	174	35,08	0:01:56	159	0:09:40	0:09:46	0:10:01	0:09:28	0:38:55	98	15,42
2	*	177 177	Veerman Saskia	Volendam	NED	360	3:10:34	0:08:19	0:09:28	0:10:16	0:10:22	0:10:46	0:40:52	198	14,68	0:02:14	0:28:00	0:32:28	0:32:42	1:40:45	157	35,73	0:02:18	175	0:10:59	0:11:08	0:11:24	0:10:54	0:44:25	186	13,51
3	*	191 191	Kerschensteiner Karin	Mainz	GER	365	3:15:35	0:13:20	0:09:39	0:10:10	0:10:15	0:10:24	0:40:28	190	14,83	0:01:59	0:30:18	0:34:56	0:35:09	1:48:27	212	33,20	0:01:42	198	0:10:48	0:10:54	0:10:59	0:10:18	0:42:59	165	13,96
4		209 209	Shaw Natalie	Coggeshall	GBR	363	3:24:06	0:21:51	0:09:52	0:10:31	0:10:40	0:10:50	0:41:53	209	14,33	0:02:02	0:32:16	0:37:26	0:36:29	1:54:41	243	31,39	0:02:08	232	0:10:53	0:10:59	0:10:59	0:10:31	0:43:22	174	13,84
5		213 213	Mcgurk Angela	Stella	GBR	362	3:24:31	0:22:16	0:09:01	0:09:32	0:09:41	0:09:51	0:38:05	132	15,75	0:01:33	0:34:49	0:40:08	0:39:27	2:03:35	266	29,13	0:01:48	246	0:09:48	0:09:53	0:10:12	0:09:37	0:39:30	106	15,19
6		246 246	Ruf Franziska	Mannheim	GER	366	3:36:57	0:34:42	0:11:31	0:12:02	0:11:52	0:12:02	0:47:27	259	12,64	0:02:12	0:32:55	0:38:29	0:37:43	1:57:56	252	30,53	0:02:22	254	0:11:53	0:12:10	0:12:07	0:10:50	0:47:00	210	12,77

**Categorie: D35 (D35)**

PL	L	Pl. Alg	Name	City	Nation	Nr	Finish	Gap	R 1	R 2	R 3	R 4	Run1	PI	AVG	TR	Bi 1	Bi 2	Bi 3	Bike	PI	AVG	TR	>R+B	R 1	R 2	R 3	R 4	Run 2	PI	AVG
1	*	195 195	Morawitz Sandra	Hallbergmoos	GER	370	3:18:21	0:00:00	0:09:50	0:10:52	0:11:06	0:11:15	0:43:03	222	13,94	0:01:56	0:29:31	0:34:24	0:34:35	1:46:25	196	33,83	0:01:52	199	0:11:12	0:11:22	0:11:39	0:10:52	0:45:05	196	13,31

Tot Dlns: 308

DELI: 15

DPT4: 79

HELI: 26

HPT1: 2

H30: 125

DNS= Did not Start DNF = Did not Finish DQF = Disqualified

## Categorie: D40 (D40)

PL	L	Pl. Alg	Name	City	Nation	Nr	Finish	Gap	R 1	R 2	R 3	R 4	Run1	P1	AVG	TR	Bi 1	Bi 2	Bi 3	Bike	P1	AVG	TR	>R+B	R 1	R 2	R 3	R 4	Run 2	P1	AVG	
1	*	107	107	Neergaard Olsen Melina	Frederikssund	DEN	380	2:57:16	0:00:00	0:08:50	0:09:31	0:09:39	0:09:44	0:37:44	126	15,90	0:01:33	0:29:02	0:29:02	0:30:55	1:36:01	95	37,49	0:01:53	102	0:09:57	0:10:06	0:10:13	0:09:49	0:40:05	117	14,97
2	*	171	171	Bungay Fran	Wareham, Dorset	GBR	381	3:08:23	0:11:07	0:09:15	0:10:02	0:10:16	0:10:17	0:39:50	178	15,06	0:01:34	0:30:15	0:30:16	0:33:16	1:41:29	163	35,47	0:01:45	168	0:10:37	0:10:54	0:11:26	0:10:48	0:43:45	178	13,71
3	*	183	183	Meldrum Marie	Inverness-shire	GBR	382	3:12:14	0:14:58	0:09:28	0:09:55	0:10:05	0:09:54	0:39:22	167	15,24	0:02:05	0:29:46	0:35:12	0:33:15	1:45:55	195	33,99	0:02:03	185	0:10:36	0:10:55	0:11:07	0:10:11	0:42:49	163	14,01
4		260	260	Wunderlich Claudia	Kreuztal	GER	383	3:45:54	0:48:38	0:11:31	0:12:01	0:11:53	0:12:02	0:47:27	258	12,64	0:02:10	0:32:07	0:36:35	0:36:34	1:53:53	239	31,61	0:02:33	247	0:15:01	0:14:50	0:15:31	0:14:29	0:59:51	265	10,03

## Categorie: D45 (D45)

PL	L	Pl. Alg	Name	City	Nation	Nr	Finish	Gap	R 1	R 2	R 3	R 4	Run1	P1	AVG	TR	Bi 1	Bi 2	Bi 3	Bike	P1	AVG	TR	>R+B	R 1	R 2	R 3	R 4	Run 2	P1	AVG	
1	*	123	123	Corydon Annette	Ry	DEN	392	3:00:44	0:00:00	0:09:12	0:09:38	0:09:40	0:09:45	0:38:15	138	15,69	0:01:49	0:30:14	0:30:14	0:32:38	1:40:30	153	35,82	0:01:58	150	0:09:47	0:09:38	0:09:49	0:08:58	0:38:12	84	15,71
2	*	167	167	Rausch Christine	Hofheim	GER	400	3:07:22	0:06:38	0:09:26	0:10:08	0:10:14	0:10:16	0:40:04	183	14,98	0:01:34	0:29:47	0:29:46	0:32:38	1:39:42	147	36,11	0:02:02	162	0:11:11	0:11:09	0:11:13	0:10:27	0:44:00	179	13,64
3	*	184	184	Chabut Sophie	Marcoussis	FRA	393	3:12:24	0:11:40	0:08:57	0:09:59	0:10:18	0:10:19	0:39:33	174	15,17	0:01:17	0:31:26	0:31:26	0:34:55	1:45:47	193	34,03	0:01:42	184	0:10:44	0:11:12	0:11:27	0:10:42	0:44:05	180	13,61
4		189	189	Martin Valerie	Stewarton	GBR	395	3:14:28	0:13:44	0:09:44	0:10:23	0:10:29	0:10:43	0:41:19	203	14,52	0:01:39	0:29:07	0:34:17	0:34:12	1:45:31	190	34,12	0:01:48	191	0:11:01	0:11:05	0:11:28	0:10:37	0:44:11	182	13,58
5		198	198	Fuchs Sandra	Erkelenz	GER	398	3:19:34	0:18:50	0:09:44	0:10:33	0:10:51	0:10:52	0:42:00	211	14,29	0:01:52	0:29:23	0:35:01	0:35:15	1:47:52	207	33,37	0:02:04	200	0:11:24	0:11:40	0:11:47	0:10:55	0:45:46	200	13,11
6		202	202	Van Hilst Marian	Steenderen	NED	390	3:20:46	0:20:02	0:10:21	0:10:46	0:10:50	0:10:50	0:42:47	215	14,02	0:02:46	0:30:04	0:34:48	0:34:29	1:47:19	204	33,55	0:02:33	205	0:11:11	0:11:47	0:11:33	0:10:50	0:45:21	197	13,23
7		212	212	Goddard Louise	Lancaster	GBR	394	3:24:28	0:23:44	0:09:38	0:10:24	0:10:27	0:11:10	0:41:39	207	14,41	0:02:02	0:31:39	0:37:05	0:37:12	1:54:33	242	31,43	0:02:01	229	0:10:50	0:11:14	0:11:20	0:10:49	0:44:13	184	13,57
8		217	217	Scott Steph	Wylam	GBR	397	3:25:45	0:25:01	0:09:41	0:10:20	0:10:39	0:10:51	0:41:31	206	14,45	0:02:31	0:31:25	0:37:20	0:37:31	1:55:08	246	31,27	0:02:03	233	0:10:53	0:11:11	0:11:36	0:10:52	0:44:32	188	13,47
10		251	251	Morgan-dobson Julie	Canterbury	GBR	396	3:39:07	0:38:23	0:11:07	0:11:38	0:12:03	0:12:10	0:46:58	251	12,78	0:02:46	0:32:10	0:37:36	0:37:22	1:55:39	247	31,13	0:03:02	250	0:12:03	0:12:54	0:13:07	0:12:38	0:50:42	241	11,83
11		262	262	Vreken Guusje	Maastricht	NED	391	3:51:39	0:50:55	0:11:47	0:12:38	0:13:00	0:13:09	0:50:34	269	11,87	0:02:22	0:32:36	0:37:36	0:38:48	1:58:10	253	30,47	0:03:25	261	0:14:00	0:14:28	0:14:16	0:14:24	0:57:08	261	10,50

## Categorie: D50 (D50)

PL	L	Pl. Alg	Name	City	Nation	Nr	Finish	Gap	R 1	R 2	R 3	R 4	Run1	P1	AVG	TR	Bi 1	Bi 2	Bi 3	Bike	P1	AVG	TR	>R+B	R 1	R 2	R 3	R 4	Run 2	P1	AVG	
1	*	214	214	Gough Jacquie	Venlo	NED	410	3:24:41	0:00:00	0:10:00	0:10:19	0:10:23	0:10:38	0:41:20	204	14,52	0:02:13	0:32:03	0:37:49	0:38:09	1:57:08	250	30,73	0:02:39	238	0:10:16	0:10:16	0:10:31	0:10:18	0:41:21	141	14,51
2	*	223	223	Haans Monique	Berkel-enschot	NED	411	3:26:32	0:01:51	0:10:30	0:11:16	0:11:13	0:11:24	0:44:23	231	13,52	0:02:03	0:30:23	0:35:29	0:36:12	1:50:32	223	32,57	0:02:39	226	0:11:58	0:12:07	0:11:46	0:11:04	0:46:55	209	12,79
3	*	224	224	Edwards Annette	Wolverhampton	GBR	412	3:26:40	0:01:59	0:11:07	0:11:28	0:11:26	0:11:35	0:45:36	243	13,16	0:02:04	0:31:14	0:36:09	0:35:17	1:50:43	224	32,52	0:02:15	231	0:11:30	0:11:38	0:11:44	0:11:10	0:46:02	203	13,03
4		257	257	Steinger Heike	Bad Wurzach	GER	413	3:43:13	0:18:32	0:10:32	0:11:46	0:12:04	0:12:11	0:46:33	248	12,89	0:03:20	0:32:51	0:39:20	0:38:54	2:00:18	260	29,93	0:02:41	259	0:11:40	0:12:40	0:13:20	0:12:41	0:50:21	237	11,92

## Categorie: D55 (D55)

PL	L	Pl. Alg	Name	City	Nation	Nr	Finish	Gap	R 1	R 2	R 3	R 4	Run1	P1	AVG	TR	Bi 1	Bi 2	Bi 3	Bike	P1	AVG	TR	>R+B	R 1	R 2	R 3	R 4	Run 2	P1	AVG	
1	*	259	259	Apfel Susanne	Pfarrkirchen	GER	454	3:45:05	0:00:00	0:11:03	0:11:48	0:12:02	0:12:12	0:47:05	255	12,74	0:02:09	0:33:36	0:38:37	0:38:12	1:59:29	257	30,13	0:02:52	257	0:12:53	0:13:26	0:13:55	0:13:16	0:53:30	256	11,21
		DNS	DNS	Bette Regine	Mayen		421																									

## Categorie: Para PT 4 Women (DPT4)

PL	L	Pl. Alg	Name	City	Nation	Nr	Finish	Gap	R 1	R 2	R 3	R 4	Run1	P1	AVG	TR	Bi 1	Bi 2	Bi 3	Bike	P1	AVG	TR	>R+B	R 1	R 2	R 3	R 4	Run 2	P1	AVG	
1	*	266	266	Thamm Andrea	Berlin	GER	83	4:16:56	0:00:00	0:12:16	0:12:33	0:12:39	0:12:47	0:50:15	267	11,94	0:03:02	0:37:53	0:48:37	0:50:08	2:28:10	268	24,30	0:03:22	267	0:12:59	0:12:46	0:13:29	0:12:53	0:52:07	251	11,51

## Categorie: H55 (H55)

PL	L	Pl. Alg	Name	City	Nation	Nr	Finish	Gap	R 1	R 2	R 3	R 4	Run1	P1	AVG	TR	Bi 1	Bi 2	Bi 3	Bike	P1	AVG	TR	>R+B	R 1	R 2	R 3	R 4	Run 2	P1	AVG	
1	*	75	75	Dullink Henry	Amsterdam	NED	271	2:49:46	0:00:00	0:08:37	0:09:07	0:09:18	0:09:23	0:36:25	105	16,48	0:01:23	0:27:01	0:27:00	0:29:18	1:30:21	47	39,85	0:02:16	61	0:09:49	0:09:44	0:10:02	0:09:46	0:39:21	104	15,25
2	*	89	89	Niessen Jack	Swalmen	NED	277	2:53:54	0:04:08	0:08:32	0:08:57	0:09:00	0:09:07	0:35:36	85	16,85	0:01:30	0:29:07	0:29:07	0:31:51	1:37:38	119	36,87	0:01:53	97	0:09:17	0:09:21	0:09:31	0:09:08	0:37:17	66	16,09
3	*	134	134	Müller Gerold	Münster	GER	291	3:02:05	0:12:19	0:09:02	0:09:30	0:09:38	0:09:41	0:37:51	127	15,85	0:01:35	0:29:20	0:29:21	0:32:24	1:38:34	128	36,52	0:01:58	129	0:10:06	0:10:04	0:10:48	0:10:04	0:45:07	151	14,25
4		142	142	Cappaert Jan	Sint-niklaas	BEL	283	3:03:08	0:13:22	0:08:50	0:09:30	0:09:40	0:09:42	0:37:42	125	15,92	0:01:49	0:30:41	0:30:41	0:33:24	1:42:31	172	35,12	0:01:51	164	0:10:06	0:10:04	0:09:54	0:09:11	0:39:15	102	15,29
5		145	145	Hards Barry	Fordingbridge	GBR	287	3:03:50	0:14:04	0:09:08	0:09:37	0:09:39	0:09:46	0:38:10	134	15,72	0:01:30	0:29:38	0:29:38	0:32:07	1:38:59	134	36,37	0:01:58	133	0:10:36	0:10:42	0:11:10	0:10:45	0:43:13	171	13,88
6		149	149	Laermann Ralf	Erkelenz	GER	290	3:03:57	0:14:11	0:08:38	0:09:07	0:09:18	0:09:23	0:36:26	106	16,47	0:01:32	0:30:16	0:30:16	0:33:41	1:41:57	168	35,31	0:02:17	143	0:10:34	0:10:24	0:10:36	0:10:11	0:41:45	146	14,37
7		151	151	Plougstrup Morten	Esbjerg	DEN	284	3:04:04	0:14:18	0:09:17	0:09:57	0:10:08	0:10:15	0:39:37	175	15,15	0:02:11	0:29:41	0:29:41	0:32:02	1:38:40	131	36,49	0:02:19	153	0:10:13	0:10:33	0:10:33	0:09:58	0:41:17	137	14,53
9		162	162	Graafmans Wout	Gilze	NED	272	3:06:15	0:16:29	0:09:01	0:09:36	0:09:46	0:09:52	0:38:15	139	15,69	0:01:28	0:27:59	0:27:58	0:31:12	1:41:32	164	35,46	0:02:00	158	0:10:39	0:10:51	0:11:00	0:10:30	0:43:00	167	13,95
10		164	164	Mader Günter	Zirl	AUT	282	3:06:39	0:16:53	0:09:27	0:09:52	0:09:56	0:10:09	0:39:24	169	15,23	0:01:55	0:29:14	0:29:14	0:32:04	1:37:52	123	36,78	0:02:26	139	0:11:14	0:11:28	0:11:27	0:10:53	0:45:02	195	13,32

Tot Dlns: 308 DELI: 15 DPT4: 79 HELI: 26 HPT1: 2 H30: 125 DNS= Did not Start DNF = Did not Finish DQF = Disqualified

11	169	169	Hutten Jan Hendrik	Radewijk	NED	274	<b>3:08:06</b>	0:18:20	0:09:18	0:09:50	0:10:02	0:10:07	0:39:17	161	15,27	0:01:51	0:29:52	0:29:52	0:32:14	1:39:23	142	36,22	0:02:41	157	0:11:03	0:11:25	0:11:28	0:10:58	0:44:54	193	13,36
12	182	182	Burns George	Auchenheath	GBR	286	<b>3:12:12</b>	0:22:26	0:09:06	0:09:41	0:09:51	0:09:58	0:38:36	150	15,54	0:01:41	0:29:27	0:34:42	0:36:24	1:48:51	216	33,07	0:02:07	195	0:10:00	0:10:17	0:10:35	0:10:05	0:40:57	131	14,65
13	185	185	Bienz Robert	Brittnau	SUI	293	<b>3:12:48</b>	0:23:02	0:08:46	0:10:00	0:10:17	0:10:29	0:39:32	173	15,18	0:02:09	0:30:11	0:30:11	0:34:08	1:42:25	171	35,15	0:02:37	179	0:11:16	0:11:34	0:11:49	0:11:26	0:46:05	204	13,02
14	193	193	Jeannaud Remy	Saujon France	FRA	285	<b>3:16:44</b>	0:26:58	0:09:48	0:10:16	0:10:30	0:10:44	0:41:18	202	14,53	0:02:29	0:28:34	0:33:59	0:34:15	1:44:45	186	34,37	0:03:22	196	0:11:26	0:11:01	0:11:21	0:11:02	0:44:50	192	13,38
15	208	208	Van Laere Frank	Berkel-enschot	NED	275	<b>3:22:56</b>	0:33:10	0:11:27	0:12:03	0:12:04	0:12:10	0:47:44	262	12,57	0:01:56	0:27:56	0:32:23	0:32:31	1:40:16	149	35,90	0:02:35	197	0:12:49	0:12:48	0:12:51	0:11:57	0:50:25	238	11,90
16	235	235	Linden Magnus	Ystad	SWE	294	<b>3:30:53</b>	0:41:07	0:09:54	0:09:59	0:09:57	0:10:11	0:40:01	180	14,99	0:03:40	0:31:35	0:38:13	0:39:39	1:58:38	254	30,35	0:07:16	251	0:10:32	0:10:20	0:10:39	0:09:47	0:41:18	138	14,53
17	237	237	Van Sambeek Evert	Wijchen	NED	280	<b>3:31:23</b>	0:41:37	0:10:43	0:11:04	0:11:13	0:11:25	0:44:25	232	13,51	0:03:38	0:29:23	0:33:49	0:33:49	1:44:54	188	34,32	0:03:20	210	0:11:53	0:12:19	0:15:04	0:15:50	0:55:06	259	10,89
18	238	238	Truman David	Ightham	GBR	288	<b>3:32:06</b>	0:42:20	0:11:24	0:11:50	0:11:49	0:11:37	0:46:40	249	12,86	0:03:31	0:30:21	0:36:09	0:35:36	1:50:11	221	32,67	0:03:55	243	0:11:55	0:12:03	0:12:18	0:11:33	0:47:49	217	12,55
19	248	248	Epkenhans Martin	Münster	GER	289	<b>3:37:55</b>	0:48:09	0:11:07	0:11:40	0:12:04	0:12:09	0:47:00	253	12,77	0:02:16	0:31:39	0:37:21	0:37:15	1:54:53	244	31,34	0:03:02	249	0:12:14	0:12:43	0:13:28	0:12:19	0:50:44	242	11,83
20	253	253	Donato Pasquale	Chieri	ITA	292	<b>3:39:40</b>	0:49:54	0:10:51	0:11:27	0:11:33	0:11:34	0:45:25	239	13,21	0:01:41	0:33:04	0:39:22	0:38:47	2:00:04	259	29,98	0:02:34	252	0:11:57	0:12:21	0:13:59	0:11:39	0:49:56	229	12,02
DNF	DNF	DNF	Nieuweboer Theo	Edam	NED	278			0:08:52	0:09:34																					
DNS	DNS	DNS	Latini Mandi	Zell Am See		281																									

## Categorie: H60 (H60)

PL	L	Pl. Alg	Name	City	Nation	Nr	Finish	Gap	R 1	R 2	R 3	R 4	Run1	P1	AVG	TR	Bi 1	Bi 2	Bi 3	Bike	P1	AVG	TR	>R+B	R 1	R 2	R 3	R 4	Run 2	P1	AVG	
1	*	103	103	Wilmlink Heinrich	Nordhorn	GER	309	<b>2:56:14</b>	0:00:00	0:08:36	0:09:08	0:09:19	0:09:23	0:36:26	107	16,47	0:01:45	0:29:08	0:29:08	0:30:29	1:36:09	101	37,44	0:02:19	100	0:09:41	0:09:50	0:10:23	0:09:41	0:39:35	108	15,16
2	*	127	127	Mulders Bart	Beugen	NED	301	<b>3:01:10</b>	0:04:56	0:09:21	0:09:55	0:09:57	0:10:10	0:39:23	168	15,23	0:01:37	0:28:53	0:28:53	0:30:52	1:36:04	96	37,47	0:02:28	125	0:10:29	0:10:31	0:10:40	0:09:58	0:41:38	144	14,41
3	*	175	175	Tesselaar Her	Heerhugowaard	NED	302	<b>3:09:08</b>	0:12:54	0:09:22	0:09:54	0:09:57	0:10:11	0:39:24	170	15,23	0:01:56	0:30:03	0:30:03	0:32:48	1:40:37	154	35,78	0:02:25	166	0:10:50	0:10:46	0:11:40	0:11:30	0:44:46	191	13,40
4		200	200	Konings Marc	Otegem	BEL	303	<b>3:20:29</b>	0:24:15	0:10:02	0:10:52	0:11:17	0:11:27	0:43:38	223	13,75	0:02:09	0:28:00	0:32:40	0:33:23	1:41:56	166	35,32	0:02:30	190	0:12:19	0:12:34	0:12:58	0:12:25	0:50:16	235	11,94
5		205	205	Daum Philippe	Paris	FRA	305	<b>3:21:06</b>	0:24:52	0:09:50	0:10:13	0:10:31	0:10:48	0:41:22	205	14,50	0:03:11	0:29:06	0:34:50	0:34:55	1:46:57	202	33,66	0:03:06	203	0:11:33	0:11:49	0:11:57	0:11:11	0:46:30	206	12,90
6		207	207	Jeffrey Howard	Leeds	GBR	307	<b>3:22:00</b>	0:25:46	0:09:49	0:10:05	0:10:12	0:10:20	0:40:26	189	14,84	0:01:47	0:30:10	0:35:46	0:37:20	1:51:58	233	32,15	0:02:09	212	0:11:13	0:11:19	0:11:39	0:11:29	0:45:40	198	13,14
7		211	211	Harrison Graham	Lincoln	GBR	306	<b>3:24:24</b>	0:28:10	0:09:52	0:10:05	0:10:12	0:10:21	0:40:30	191	14,81	0:01:51	0:31:02	0:37:19	0:37:07	1:53:59	240	31,58	0:02:23	223	0:11:15	0:11:30	0:11:45	0:11:11	0:45:41	199	13,13
8		233	233	Fuchs Gunter	St.wendel	GER	308	<b>3:30:33</b>	0:34:19	0:09:41	0:10:34	0:11:02	0:11:37	0:42:54	218	13,99	0:02:10	0:30:03	0:36:22	0:37:14	1:52:40	236	31,95	0:02:28	228	0:11:37	0:12:15	0:13:02	0:13:27	0:50:21	236	11,92
9		234	234	Junker Gerard	Eisenborn	LUX	310	<b>3:30:50</b>	0:34:36	0:09:52	0:11:10	0:11:36	0:11:52	0:44:30	234	13,48	0:02:18	0:30:17	0:35:23	0:35:04	1:49:02	217	33,02	0:02:35	222	0:12:29	0:13:02	0:13:39	0:13:15	0:52:25	253	11,45
10		249	249	Wilhelmsen Jes	Aabenraa	DEN	304	<b>3:38:06</b>	0:41:52	0:11:05	0:11:47	0:12:03	0:12:10	0:47:05	254	12,74	0:02:44	0:30:40	0:35:59	0:36:02	1:51:16	228	32,35	0:02:54	241	0:13:29	0:13:37	0:14:00	0:13:01	0:54:07	258	11,09
DNS	DNS	DNS	DNS	De Laat Tini	Loon Op Zand		300																									

## Categorie: H65 (H65)

PL	L	Pl. Alg	Name	City	Nation	Nr	Finish	Gap	R 1	R 2	R 3	R 4	Run1	P1	AVG	TR	Bi 1	Bi 2	Bi 3	Bike	P1	AVG	TR	>R+B	R 1	R 2	R 3	R 4	Run 2	P1	AVG	
1	*	204	204	Birringer Bernard	Phalsbourg	FRA	325	<b>3:20:51</b>	0:00:00	0:10:13	0:10:46	0:10:55	0:11:01	0:42:55	219	13,98	0:02:10	0:29:26	0:34:11	0:35:09	1:47:02	203	33,63	0:02:46	204	0:11:46	0:11:32	0:11:45	0:10:55	0:45:58	202	13,05
2	*	206	206	Anglim Mick	Southampton	GBR	326	<b>3:21:23</b>	0:00:32	0:10:02	0:10:35	0:10:45	0:10:58	0:42:20	213	14,17	0:01:44	0:28:52	0:34:11	0:33:52	1:44:57	189	34,30	0:02:09	194	0:11:58	0:12:50	0:12:59	0:12:26	0:50:13	234	11,95
3	*	215	215	Felaco Roberto	Lodelinsart	BEL	322	<b>3:25:32</b>	0:04:41	0:10:04	0:10:38	0:10:56	0:11:17	0:42:55	220	13,98	0:02:19	0:29:42	0:35:10	0:35:14	1:48:24	211	33,21	0:02:40	211	0:11:56	0:12:06	0:12:45	0:12:07	0:49:14	225	12,19
4		222	222	Fischer Gerd	Feldkirchen-westerha	GER	328	<b>3:26:29</b>	0:05:38	0:11:03	0:11:23	0:11:28	0:11:31	0:45:25	238	13,21	0:02:09	0:30:10	0:35:32	0:35:16	1:49:07	219	32,99	0:02:36	225	0:11:59	0:12:26	0:12:01	0:11:12	0:47:12	212	12,71
6		236	236	Jagan Peter	Keighley	GBR	327	<b>3:31:20</b>	0:10:29	0:10:43	0:11:04	0:11:12	0:11:26	0:44:25	233	13,51	0:01:55	0:32:02	0:37:26	0:37:26	1:55:52	248	31,07	0:02:37	245	0:11:24	0:11:28	0:12:11	0:11:28	0:46:31	207	12,90
7		241	241	Van Wijk Hans	Beneden-leeuwen	NED	321	<b>3:34:53</b>	0:14:02	0:10:43	0:11:29	0:11:46	0:12:26	0:46:24	247	12,93	0:02:13	0:28:58	0:33:26	0:34:06	1:44:24	183	34,48	0:02:43	206	0:13:36	0:14:33	0:15:22	0:15:38	0:59:09	264	10,14
8		247	247	Geike Hans-ulrich	Cottbus	GER	329	<b>3:37:03</b>	0:16:12	0:11:27	0:12:15	0:12:34	0:12:42	0:48:58	263	12,25	0:02:44	0:30:03	0:35:27	0:34:56	1:48:31	213	33,17	0:03:03	237	0:13:04	0:13:28	0:14:32	0:12:43	0:53:47	257	11,16
9		255	255	Ladegaard Jørgen	Børkop	DEN	324	<b>3:40:43</b>	0:19:52	0:11:20	0:12:07	0:12:04	0:12:11	0:47:42	261	12,58	0:02:41	0:33:10	0:38:03	0:37:28	1:57:27	251	30,65	0:02:50	256	0:12:17	0:12:28	0:12:44	0:12:34	0:50:03	230	11,99
DNF	DNF	DNF	DNF	Krsek Miroslav	Damnikov	CZE	323			0:09:52	0:10:32	0:10:35	0:11:02	0:42:01	212	14,28	0:02:07	0:29:45	0:36:06	0:38:15												

## Categorie: H70 (H70)

PL	L	Pl. Alg	Name	City	Nation	Nr	Finish	Gap	R 1	R 2	R 3	R 4	Run1	P1	AVG	TR	Bi 1	Bi 2	Bi 3	Bike	P1	AVG	TR	>R+B	R 1	R 2	R 3	R 4	Run 2	P1	AVG	
1	*	229	229	Zeh Ernst	Groß-gerau	GER	333	<b>3:28:49</b>	0:00:00	0:10:51	0:11:26	0:11:35	0:11:34	0:45:26	241	13,21	0:02:12	0:30:37	0:36:43	0:34:47	1:50:18	222	32,64	0:02:25	230	0:11:57	0:11:46	0:12:28	0:12:17	0:48:28	222	12,38
2	*	232	232	Jonson Åke	Malmö	SWE	334	<b>3:30:32</b>	0:01:43	0:11:25	0:11:51	0:11:48	0:11:55	0:46:59	252	12,77	0:01:47	0:30:41	0:35:55	0:34:19	1:48:47	215	33,09	0:02:05	227	0:12:08	0:12:37	0:13:19	0:12:50	0:50:54	243	11,79
3	*	250	250	Eisfeld Jürgen	Stassfurt	GER	332	<b>3:39:01</b>	0:10:12	0:11:28	0:12:33	0:12:55	0:13:03	0:49:59	265	12,00	0:02:29	0:29:35	0:34:32	0:34:19	1:46:45	200	33,72	0:03:00	235	0:13:47	0:14:05	0:14:43	0:14:13	0:56:48	260	10,56
4		268	268	Galtier Christian	Rueil Malmaison	F																										

2 \* 267 267 Osterkamp Josef Coesfeld GER 341 4:21:54 0:42:41 0:13:38 0:46:21 0:17:16 0:17:16 1:34:31 273 6,35 0:37:47 0:04:10 266 0:18:57 0:20:17 0:20:30 0:19:30 1:19:14 268 7,57

## Categorie: Men elite (HELI)

PL	L	Pl. Alg	Name	City	Nation	Nr	Finish	Gap	R 1	R 2	R 3	R 4	Run1	P1	AVG	TR	Bi 1	Bi 2	Bi 3	Bike	P1	AVG	TR	>R+B	R 1	R 2	R 3	R 4	Run 2	P1	AVG
1 *	1	1	Vandendriessche Kenneth	Ruddervoorde	BEL	7	2:26:13	0:00:00	0:07:05	0:07:31	0:07:37	0:07:41	0:29:54	3	20,07	0:01:00	0:25:08	0:25:08	0:26:42	1:23:04	6	43,34	0:01:12	1	0:07:40	0:07:45	0:07:55	0:07:43	0:31:03	2	19,32
2 *	2	2	Formela Daniel	Gdynia	POL	15	2:26:37	0:00:24	0:07:09	0:07:38	0:07:47	0:07:53	0:30:27	13	19,70	0:01:11	0:24:47	0:24:48	0:26:37	1:22:18	2	43,74	0:01:26	4	0:07:50	0:07:56	0:08:04	0:07:25	0:31:15	3	19,20
3 *	3	3	Woestenborghs Rob	Oudenaarde	BEL	1	2:27:00	0:00:47	0:07:08	0:07:28	0:07:38	0:07:40	0:29:54	2	20,07	0:01:02	0:25:07	0:25:08	0:26:40	1:22:59	5	43,38	0:01:17	2	0:07:58	0:07:58	0:08:04	0:07:48	0:31:48	4	18,87
4	4	4	Bystrup Søren	Aarhus C	DEN	2	2:27:19	0:01:06	0:07:09	0:07:37	0:07:39	0:07:46	0:30:11	5	19,88	0:01:07	0:24:59	0:24:59	0:26:40	1:22:43	3	43,52	0:01:27	5	0:08:08	0:08:03	0:08:03	0:07:37	0:31:51	6	18,84
5	5	5	Le bellec Gaël	Yffiniac	FRA	3	2:27:32	0:01:19	0:07:10	0:07:38	0:07:50	0:07:59	0:30:37	15	19,60	0:01:06	0:24:46	0:24:46	0:26:39	1:22:16	1	43,76	0:01:16	3	0:08:04	0:08:08	0:08:15	0:07:50	0:32:17	9	18,59
6	6	6	Oude Bennink Mark	0	NED	17	2:28:34	0:02:21	0:07:10	0:07:35	0:07:41	0:07:46	0:30:12	9	19,87	0:01:05	0:25:00	0:25:00	0:26:38	1:22:43	4	43,52	0:01:33	6	0:08:26	0:08:13	0:08:26	0:07:56	0:33:01	15	18,17
7	7	7	Le duey Anthony	La Remuee	FRA	4	2:29:47	0:03:34	0:07:05	0:07:36	0:07:43	0:07:47	0:30:11	7	19,88	0:01:03	0:25:05	0:25:05	0:27:49	1:24:19	8	42,70	0:01:26	7	0:08:22	0:08:15	0:08:19	0:07:52	0:32:48	11	18,29
8	8	8	Bruins Thomas	0	NED	8	2:30:24	0:04:11	0:07:10	0:07:37	0:07:46	0:07:53	0:30:26	10	19,72	0:01:06	0:24:58	0:24:58	0:28:01	1:24:23	9	42,66	0:01:25	8	0:08:05	0:08:16	0:08:30	0:08:13	0:33:04	16	18,15
9	9	9	Moussel Robin	Evreux	FRA	27	2:31:05	0:04:52	0:07:09	0:07:37	0:07:48	0:07:53	0:30:27	12	19,70	0:01:09	0:25:22	0:25:21	0:27:58	1:25:07	10	42,29	0:01:32	9	0:08:05	0:08:06	0:08:26	0:08:13	0:32:50	12	18,27
10	10	10	Rijnders Pieter	Vosselaar	BEL	9	2:31:55	0:05:42	0:07:08	0:07:36	0:07:40	0:07:47	0:30:11	8	19,88	0:01:05	0:25:35	0:25:35	0:28:08	1:25:52	14	41,93	0:01:35	12	0:08:20	0:08:26	0:08:31	0:07:55	0:33:12	17	18,07
11	11	11	Odeyn Seppe	Herent	BEL	5	2:31:57	0:05:44	0:07:09	0:07:36	0:07:43	0:08:00	0:30:28	14	19,69	0:01:05	0:25:35	0:25:35	0:27:45	1:25:21	12	42,18	0:01:30	10	0:08:23	0:08:34	0:08:38	0:07:58	0:33:33	20	17,88
12	12	12	Sutz Andy	Schaffhausen	SUI	14	2:32:06	0:05:53	0:07:06	0:07:40	0:07:47	0:07:53	0:30:26	11	19,72	0:01:07	0:25:22	0:25:22	0:28:01	1:25:12	11	42,25	0:01:40	11	0:08:38	0:08:35	0:08:35	0:07:53	0:33:41	22	17,81
13	13	13	Lings Julian	Sheffield	GBR	25	2:32:07	0:05:54	0:07:08	0:07:36	0:07:41	0:07:46	0:30:11	6	19,88	0:01:13	0:26:05	0:26:04	0:28:33	1:27:18	19	41,24	0:01:37	14	0:08:03	0:08:05	0:08:04	0:07:36	0:31:48	5	18,87
14	14	14	Buyle Thomas	Laarne	BEL	26	2:32:18	0:06:05	0:07:07	0:07:38	0:07:40	0:07:45	0:30:10	4	19,89	0:01:05	0:26:13	0:26:13	0:28:25	1:27:24	20	41,19	0:01:24	13	0:08:10	0:08:06	0:08:11	0:07:48	0:32:15	8	18,60
15	15	15	Van De Walle Vincent	Roeselare	BEL	28	2:32:57	0:06:44	0:07:10	0:07:44	0:07:55	0:07:56	0:30:45	18	19,51	0:01:01	0:24:33	0:28:26	0:28:16	1:27:40	23	41,06	0:01:21	17	0:08:01	0:08:06	0:08:14	0:07:49	0:32:10	7	18,65
16	16	16	Schreurs Gerben	Enschede	NED	22	2:33:30	0:07:17	0:07:35	0:08:11	0:08:11	0:08:12	0:32:09	24	18,66	0:01:10	0:23:57	0:27:53	0:27:51	1:26:06	15	41,81	0:01:23	18	0:08:05	0:08:10	0:08:21	0:08:06	0:32:42	10	18,35
17	17	17	Lombriser Gabriel	Bern	SUI	12	2:33:55	0:07:42	0:07:07	0:07:41	0:07:50	0:08:00	0:30:38	16	19,59	0:01:09	0:24:31	0:28:26	0:28:18	1:27:42	25	41,05	0:01:30	20	0:08:35	0:08:15	0:08:10	0:07:56	0:32:56	13	18,22
18	18	18	Picard Alexander	0	NED	21	2:34:39	0:08:26	0:07:36	0:08:17	0:08:16	0:08:18	0:32:27	29	18,49	0:01:11	0:23:55	0:27:47	0:27:38	1:25:42	13	42,01	0:01:25	16	0:08:08	0:08:35	0:08:48	0:08:23	0:33:54	24	17,70
19	19	19	Zehnder Fabian	Wädenswil	SUI	16	2:34:51	0:08:38	0:07:11	0:07:37	0:07:50	0:08:01	0:30:39	17	19,58	0:01:06	0:26:32	0:26:31	0:28:16	1:27:43	26	41,04	0:01:23	19	0:08:20	0:08:27	0:08:45	0:08:28	0:34:00	25	17,65
20	22	22	Wijnalda Dirk	0	NED	10	2:37:06	0:10:53	0:07:24	0:08:13	0:08:18	0:08:19	0:32:14	25	18,61	0:01:12	0:26:28	0:27:43	0:27:53	1:28:42	32	40,59	0:01:31	23	0:08:17	0:08:24	0:08:29	0:08:17	0:33:27	19	17,94
21	25	25	Van Der Meulen Teun	Rotterdam	NED	24	2:39:17	0:13:04	0:07:33	0:08:08	0:08:19	0:08:25	0:32:25	28	18,51	0:01:10	0:24:45	0:28:57	0:28:47	1:29:07	34	40,40	0:01:35	28	0:08:54	0:08:49	0:08:50	0:08:27	0:35:00	33	17,14
22	30	30	Van Der Boom Raimond	Assen	NED	20	2:40:06	0:13:53	0:07:35								0:24:39	0:28:58	0:28:53	1:29:13	36	40,35	0:01:42	29	0:08:46	0:08:56	0:09:13	0:08:32	0:35:27	36	16,93
23	37	37	Claerebout David	Peppange	LUX	18	2:42:55	0:16:42	0:07:36	0:08:29	0:08:17	0:08:21	0:32:43	33	18,34	0:01:30	0:25:02	0:29:33	0:29:53	1:31:29	58	39,35	0:01:36	42	0:08:57	0:08:54	0:09:04	0:08:42	0:35:37	40	16,85
24	50	50	Res Peter	0	NED	19	2:45:35	0:19:22	0:07:40	0:08:25	0:08:39	0:08:48	0:33:32	44	17,89	0:01:16	0:24:52	0:29:37	0:30:09	1:31:37	59	39,29	0:01:46	47	0:09:37	0:09:31	0:09:21	0:08:55	0:37:24	68	16,04
25	52	52	Paonne Michele	Mauren	LIE	23	2:45:51	0:19:38	0:07:55	0:08:19	0:08:13	0:08:25	0:32:52	34	18,26	0:01:22	0:25:25	0:30:13	0:30:40	1:33:21	72	38,56	0:02:20	57	0:09:23	0:09:05	0:08:57	0:08:31	0:35:56	43	16,70
DNS	DNS	DNS	Laurens Glen	Booischoot		6																									

## Categorie: Para PT 1 (HPT1)

PL	L	Pl. Alg	Name	City	Nation	Nr	Finish	Gap	R 1	R 2	R 3	R 4	Run1	P1	AVG	TR	Bi 1	Bi 2	Bi 3	Bike	P1	AVG	TR	>R+B	R 1	R 2	R 3	R 4	Run 2	P1	AVG
1 *	45	45	Schipper Geert	Spanbroek	NED	80	2:44:53	0:00:00	0:06:51	0:07:00	0:06:58	0:08:37	0:29:26	1	20,39	0:14:26	0:14:26	0:33:46	0:34:16	1:30:43	53	39,68	0:02:04	99	0:07:07	0:07:03	0:07:17	0:06:47	0:28:14	1	21,25

## Categorie: Para PT 4 Men (HPT4)

PL	L	Pl. Alg	Name	City	Nation	Nr	Finish	Gap	R 1	R 2	R 3	R 4	Run1	P1	AVG	TR	Bi 1	Bi 2	Bi 3	Bike	P1	AVG	TR	>R+B	R 1	R 2	R 3	R 4	Run 2	P1	AVG
1 *	173	173	Hansen Lars	Neuberend	GER	82	3:08:34	0:00:00	0:09:21	0:09:56	0:10:01	0:10:03	0:39:21	165	15,25	0:01:49	0:28:21	0:33:12	0:34:03	1:43:38	177	34,74	0:02:12	181	0:10:29	0:10:29	0:10:41	0:09:55	0:41:34	142	14,43

## Categorie: H20 (H20)

PL	L	Pl. Alg	Name	City	Nation	Nr	Finish	Gap	R 1	R 2	R 3	R 4	Run1	P1	AVG	TR	Bi 1	Bi 2	Bi 3	Bike	P1	AVG	TR	>R+B	R 1	R 2	R 3	R 4	Run 2	P1	AVG
1 *	128	128	Sanders Kurt	St Neots	GBR	100	3:01:21	0:00:00	0:08:41	0:08:52	0:09:06	0:09:11	0:35:50	92	16,74	0:01:58	0:27:46	0:31:55	0:32:59	1:40:19	150	35,89	0:02:09	131	0:09:14	0:10:03	0:11:12	0:10:36	0:41:05	134	14,60

## Categorie: H25 (H25)

PL	L	Pl. Alg	Name	City	Nation	Nr	Finish	Gap	R 1	R 2	R 3	R 4	Run1	P1	AVG	TR	Bi 1	Bi 2	Bi 3	Bike	P1	AVG	TR	>R+B	R 1	R 2	R 3	R 4	Run 2	P1	AVG
1 *	21	21	Anderson Richard	Carlisle	GBR	113	2:36:49	0:00:00	0:07:20	0:07:52	0:07:59	0:08:02	0:31:13	19	19,22	0:01:17	0:24:41	0:29:08	0:29:10	1:29:48	44	40,09	0:01:34	25	0:08:10	0:08:19	0:08:29	0:07:59	0:32:57	14	18,21
2 *	28	28	Kestelyn Baptiste	Leuze-en-hainaut	BEL	525	2:39:49	0:03:00	0:07:16	0:07:54	0:08:10	0:08:26	0:31:46	23	18,89	0:01:08	0:24:01	0:28:25	0:28:24	1:27:27	21	41,17	0:01:27	21	0:09:08	0:09:19	0:09:52	0:09:42	0:38:01	78	15,78
3 *	34	34	Vandevyvere Jonas	Kuurne	BEL	112	2:41:46	0:04:57	0:07:30	0:08:10	0:08:18	0:08:22	0:32:20	27	18,56	0:01:18	0:24:40	0:29:09	0:29:17	1:30:12	46	39,91	0:01:31	34	0:08:56	0:09:00	0:09:24	0:09:05	0:36:25	48	16,48
4	49	49	De Korte Robert	Rozenburg Zh	NED	111	2:45:30	0:08:41	0:07:39	0:08:30	0:08:53	0:09:09	0:34:11	49	17,55	0:01:13	0:24:53	0:29:00	0:29:12	1:29:57	45	40,02	0:01:30	41	0:09:13	0:09:31	0:10:02	0:09:53	0:38:39	95	15,52



6	44	44	Gierman Marcel	Zevenaar	NED	182	<b>2:44:06</b>	0:06:35	0:08:23	0:08:58	0:09:01	0:08:52	0:35:14	77	17,03	0:01:26	0:24:31	0:28:05	0:28:29	1:27:46	27	41,02	0:01:55	38	0:09:15	0:09:39	0:09:39	0:09:12	0:37:45	74	15,89
7	46	46	Van Beek Bas	Oene	NED	180	<b>2:45:02</b>	0:07:31	0:08:03	0:08:49	0:08:53	0:09:00	0:34:45	67	17,27	0:01:19	0:24:52	0:29:08	0:29:43	1:30:39	52	39,71	0:01:44	50	0:09:01	0:09:10	0:09:22	0:09:02	0:36:35	51	16,40
8	48	48	Christensen Brian	Ulstrup	DEN	505	<b>2:45:12</b>	0:07:41	0:08:12	0:08:48	0:08:58	0:08:45	0:34:43	65	17,28	0:01:25	0:25:05	0:29:11	0:29:28	1:30:50	55	39,63	0:01:49	53	0:09:09	0:09:13	0:09:17	0:08:46	0:36:25	49	16,48
9	53	53	Fletcher Hedley	Newcastle	GBR	197	<b>2:46:06</b>	0:08:35	0:08:29	0:08:55	0:08:52	0:08:57	0:35:13	75	17,04	0:01:29	0:24:08	0:28:25	0:28:28	1:27:41	24	41,06	0:01:37	36	0:09:34	0:09:57	0:10:27	0:10:08	0:40:06	118	14,96
10	58	58	Connor Dave	Liverpool	GBR	196	<b>2:47:16</b>	0:09:45	0:08:26	0:08:58	0:09:07	0:09:16	0:35:47	91	16,77	0:01:19	0:25:50	0:29:25	0:29:06	1:31:01	56	39,55	0:01:49	58	0:09:16	0:09:24	0:09:38	0:09:02	0:37:20	67	16,07
11	71	71	Wunderlich Carsten	Kreuztal	GER	214	<b>2:49:16</b>	0:11:45	0:07:30	0:08:14	0:08:36	0:08:41	0:33:01	36	18,17	0:01:11	0:25:51	0:29:36	0:31:06	1:34:04	79	38,27	0:01:41	59	0:09:42	0:10:12	0:10:04	0:09:21	0:39:19	103	15,26
12	74	74	Kohlhase Marcus	Schwanewede	GER	211	<b>2:49:28</b>	0:11:57	0:08:35	0:09:01	0:09:10	0:09:13	0:35:59	95	16,67	0:01:45	0:25:19	0:29:35	0:29:50	1:31:39	60	39,28	0:01:48	66	0:09:44	0:09:39	0:09:47	0:09:07	0:38:17	86	15,67
13	84	84	Geurts Auke	Amsterdam	NED	452	<b>2:52:53</b>	0:15:22	0:09:05	0:09:42	0:09:44	0:09:51	0:38:22	141	15,64	0:01:57	0:25:36	0:29:49	0:29:57	1:32:18	64	39,00	0:01:52	86	0:09:50	0:09:46	0:09:46	0:09:02	0:38:24	89	15,63
14	88	88	Römhild Andreas	Schiffdorf	GER	212	<b>2:53:42</b>	0:16:11	0:08:23	0:08:58	0:09:06	0:09:16	0:35:43	87	16,80	0:01:19	0:26:09	0:30:12	0:30:52	1:34:30	84	38,10	0:01:41	78	0:10:11	0:10:05	0:10:21	0:09:52	0:40:29	123	14,82
15	91	91	Norton Julian	Sowerby Thirsk	GBR	204	<b>2:54:10</b>	0:16:39	0:08:24	0:08:59	0:09:08	0:09:15	0:35:46	90	16,78	0:01:27	0:27:04	0:30:46	0:31:33	1:36:52	109	37,16	0:02:00	94	0:09:31	0:09:21	0:09:44	0:09:29	0:38:05	80	15,75
16	97	97	Anderson Ian	York	GBR	195	<b>2:55:11</b>	0:17:40	0:08:16	0:08:54	0:09:02	0:09:08	0:35:20	82	16,98	0:01:31	0:27:18	0:31:52	0:32:03	1:38:37	130	36,50	0:02:00	105	0:09:32	0:09:42	0:09:41	0:08:48	0:37:43	73	15,91
17	100	100	Schoelens Grégory	Lessine	BEL	193	<b>2:55:58</b>	0:18:27	0:08:25	0:09:19	0:09:37	0:09:46	0:37:07	114	16,17	0:01:40	0:25:43	0:29:42	0:30:09	1:32:39	69	38,86	0:02:06	81	0:10:43	0:10:31	0:10:54	0:10:18	0:42:26	155	14,14
18	104	104	Price Neil	London	GBR	206	<b>2:56:49</b>	0:19:18	0:09:06	0:09:41	0:09:37	0:09:36	0:38:00	129	15,79	0:01:30	0:27:28	0:31:18	0:31:06	1:36:59	110	37,12	0:01:45	114	0:09:25	0:09:37	0:10:02	0:09:31	0:38:35	94	15,55
19	108	108	Mckenzie Grahame	Cambridge	GBR	202	<b>2:57:24</b>	0:19:53	0:09:42	0:09:53	0:09:56	0:09:51	0:39:22	166	15,24	0:02:10	0:26:25	0:30:31	0:30:42	1:34:48	85	37,97	0:01:59	115	0:09:56	0:09:55	0:09:58	0:09:16	0:39:05	100	15,35
20	109	109	Krant Monny	Hilversum	NED	184	<b>2:57:27</b>	0:19:56	0:09:07	0:09:56	0:10:04	0:09:57	0:39:04	156	15,36	0:01:39	0:26:00	0:30:52	0:31:01	1:34:53	86	37,94	0:01:59	107	0:09:37	0:09:56	0:10:24	0:09:55	0:39:52	114	15,05
21	112	112	Huntley Nicholas	Birmingham	GBR	201	<b>2:58:11</b>	0:20:40	0:09:21	0:10:17	0:10:21	0:10:24	0:40:23	188	14,86	0:01:22	0:26:01	0:30:14	0:30:21	1:33:40	75	38,43	0:01:40	101	0:10:13	0:10:19	0:10:34	0:10:00	0:41:06	135	14,60
22	121	121	Feller Steve	Helmdange	LUX	215	<b>3:00:24</b>	0:22:53	0:08:48	0:09:31	0:09:36	0:09:42	0:37:37	122	15,95	0:01:34	0:26:07	0:31:30	0:32:03	1:37:31	116	36,92	0:02:02	117	0:10:17	0:10:29	0:10:42	0:10:12	0:41:40	145	14,40
23	124	124	Van Linder Bart	Oost West En Middelbeers	NED	186	<b>3:00:46</b>	0:23:15	0:09:35	0:10:16	0:10:28	0:10:26	0:40:45	193	14,72	0:01:56	0:26:44	0:31:07	0:31:03	1:36:04	97	37,47	0:02:10	136	0:09:58	0:10:08	0:10:09	0:09:36	0:39:51	113	15,06
24	136	136	Higgins David	Manchester	GBR	198	<b>3:02:07</b>	0:24:36	0:09:08	0:09:40	0:09:38	0:09:45	0:38:11	136	15,71	0:01:34	0:26:24	0:30:37	0:31:32	1:36:08	99	37,45	0:02:02	111	0:10:58	0:10:52	0:11:19	0:11:03	0:44:12	183	13,57
25	138	138	De Niet Ed	Rijswijk Zh	NED	187	<b>3:02:45</b>	0:25:14	0:08:03	0:08:48	0:08:52	0:08:58	0:34:41	61	17,30	0:01:59	0:28:04	0:33:29	0:33:57	1:43:30	176	34,78	0:02:25	152	0:09:52	0:09:57	0:10:23	0:09:58	0:40:10	119	14,94
26	143	143	Horner Chris	Preston	GBR	200	<b>3:03:15</b>	0:25:44	0:08:58	0:09:33	0:09:41	0:09:44	0:37:56	128	15,82	0:01:38	0:27:31	0:32:17	0:33:26	1:40:56	159	35,67	0:02:26	156	0:10:09	0:10:04	0:10:22	0:09:44	0:40:19	120	14,88
27	147	147	Pugsley Bennett	Richmond	GBR	207	<b>3:03:53</b>	0:26:22	0:08:26	0:08:53	0:08:53	0:08:51	0:35:03	73	17,12	0:01:17	0:29:33	0:34:25	0:35:30	1:47:47	206	33,40	0:01:35	172	0:09:04	0:09:26	0:09:49	0:09:52	0:38:11	83	15,71
29	156	156	Jansen Marco	Heesch	NED	183	<b>3:04:53</b>	0:27:22	0:09:25	0:09:51	0:09:55	0:10:01	0:39:12	160	15,31	0:01:32	0:27:27	0:31:40	0:32:20	1:39:07	136	36,32	0:02:38	149	0:11:03	0:10:24	0:10:36	0:10:21	0:42:24	154	14,15
30	157	157	Takken Bob	Bemmel	NED	189	<b>3:05:10</b>	0:27:39	0:09:06	0:10:09	0:10:09	0:10:16	0:39:40	176	15,13	0:02:24	0:26:24	0:31:09	0:31:55	1:36:45	107	37,21	0:02:47	138	0:10:50	0:11:00	0:11:10	0:10:34	0:43:34	175	13,77
31	159	159	Pyefinch Darren	Milton Keynes	GBR	208	<b>3:05:34</b>	0:28:03	0:09:42	0:10:11	0:10:27	0:10:25	0:40:45	195	14,72	0:01:30	0:26:51	0:31:35	0:32:16	1:38:12	126	36,66	0:01:50	144	0:10:41	0:10:48	0:11:07	0:10:41	0:43:17	172	13,86
32	163	163	Newham Andy	Lincoln	GBR	203	<b>3:06:28</b>	0:28:57	0:09:42	0:10:11	0:10:27	0:10:26	0:40:46	196	14,72	0:01:46	0:25:59	0:30:53	0:31:21	1:35:36	93	37,66	0:01:58	130	0:11:10	0:11:37	0:12:03	0:11:32	0:46:22	205	12,94
34	168	168	Underwood Paul	Solihull	GBR	210	<b>3:07:30</b>	0:29:59	0:09:02	0:09:58	0:10:03	0:10:15	0:39:18	162	15,27	0:01:38	0:26:45	0:31:18	0:32:08	1:37:44	121	36,83	0:02:00	134	0:10:52	0:11:45	0:12:24	0:11:49	0:46:50	208	12,81
35	186	186	Tithecott Matthew	Chartham	GBR	209	<b>3:12:54</b>	0:35:23	0:09:11	0:09:51	0:10:05	0:10:12	0:39:19	163	15,26	0:01:31	0:29:40	0:34:43	0:35:02	1:47:34	205	33,47	0:01:46	189	0:10:22	0:10:30	0:11:01	0:10:41	0:42:44	161	14,04
37	226	226	Naud Cyril	Chamarande	FRA	194	<b>3:27:24</b>	0:49:53	0:08:57	0:10:05	0:10:37	0:10:56	0:40:35	192	14,78	0:01:46	0:30:08	0:35:39	0:37:10	1:51:45	231	32,21	0:01:56	209	0:12:32	0:13:03	0:13:11	0:12:36	0:51:22	248	11,68
	DNF	DNF	Lambriks Robbert	Maastricht	NED	185			0:09:26	0:10:27	0:10:52	0:11:08	0:41:53	210	14,33	0:02:05	0:15:27	0:15:26	0:37:08												
	DNF	DNF	Van Der Wal Thomas	Klazienaveen	NED	190			0:08:22	0:08:59	0:09:01	0:08:56	0:35:18	81	17,00	0:01:41															
	DNS	DNS	Higham Mark	Doncaster		199																									
	DNS	DNS	Preston Darren	Gt Cambourne		205																									
	DNS	DNS	Overtoom Mark	Heerhugowaard		188																									

## Categorie: H45 (H45)

PL	L	Pl. Alg	Name	City	Nation	Nr	Finish	Gap	R 1	R 2	R 3	R 4	Run1	P1	AVG	TR	Bi 1	Bi 2	Bi 3	Bike	P1	AVG	TR	>R+B	R 1	R 2	R 3	R 4	Run 2	P1	AVG	
1	*	26	26	Jespersen Steen	Roskilde	DEN	228	<b>2:39:21</b>	0:00:00	0:07:55	0:08:36	0:08:41	0:08:38	0:33:50	45	17,73	0:01:22	0:24:34	0:28:36	0:28:10	1:28:02	28	40,89	0:01:31	31	0:08:53	0:08:41	0:08:50	0:08:12	0:34:36	29	17,34
2	*	41	41	Eriksen Jens Oluf	Roskilde	DEN	227	<b>2:43:27</b>	0:04:06	0:08:05	0:08:42	0:08:54	0:08:57	0:34:38	57	17,32	0:01:34	0:24:59	0:28:43	0:28:49	1:29:19	38	40,31	0:01:50	43	0:09:12	0:09:16	0:09:11	0:08:27	0:36:06	45	16,62
3	*	43	43	Baldelli Benvenuto	Cambridge	GBR	233	<b>2:43:56</b>	0:04:35	0:07:43	0:08:26	0:08:33	0:08:43	0:33:25	41	17,96	0:01:14	0:25:43	0:29:44	0:29:45	1:32:18	65	39,00	0:01:29	49	0:08:42	0:08:52	0:09:08	0:08:48	0:35:30	37	16,90
4		56	56	Thomsen Poul	Frederikssund	DEN	231	<b>2:47:03</b>	0:07:42	0:07:56	0:08:35	0:08:40	0:08:46	0:33:57	47	17,67	0:01:20	0:25:34	0:29:14	0:29:45	1:31:39	61	39,28	0:01:42	51	0:09:18	0:09:40	0:10:00	0:09:27	0:38:25	91	15,62

21	144	144	King Simon	Royston	GBR	238	<b>3:03:21</b>	0:24:00	0:09:12	0:09:39	0:09:46	0:09:54	0:38:31	147	15,58	0:01:40	0:26:44	0:31:19	0:31:44	1:37:17	114	37,01	0:02:15	0:10:38	0:10:55	0:11:16	0:10:49	0:43:38	177	13,75
22	153	153	Penno Winni	Königswinter	GER	241	<b>3:04:11</b>	0:24:50	0:07:57	0:08:35	0:08:48	0:08:57	0:34:17	52	17,50	0:01:35	0:26:10	0:31:27	0:33:44	1:39:24	144	36,22	0:03:03	0:11:08	0:10:49	0:12:30	0:11:25	0:45:52	201	13,08
23	158	158	Savage Tim	Skidby	GBR	240	<b>3:05:22</b>	0:26:01	0:08:51	0:09:18	0:09:31	0:09:40	0:37:20	117	16,07	0:01:40	0:28:34	0:33:19	0:33:38	1:43:42	179	34,72	0:01:48	0:10:25	0:10:15	0:10:22	0:09:50	0:40:52	130	14,68
25	194	194	Feltes Carlo	Mondorff	FRA	232	<b>3:17:13</b>	0:37:52	0:09:24	0:10:07	0:10:24	0:10:23	0:40:18	187	14,89	0:01:56	0:29:42	0:33:16	0:33:20	1:44:24	182	34,48	0:03:18	0:11:55	0:11:40	0:12:04	0:11:38	0:47:17	213	12,69
26	196	196	Camm David	Doncaster	GBR	234	<b>3:18:50</b>	0:39:29	0:10:00	0:10:39	0:10:51	0:11:01	0:42:31	214	14,11	0:01:45	0:29:17	0:34:56	0:35:36	1:48:05	209	33,31	0:02:12	0:11:09	0:11:13	0:11:20	0:10:35	0:44:17	185	13,55
27	201	201	Christiansen Lars	Aabenraa	DEN	555	<b>3:20:32</b>	0:41:11	0:09:37	0:10:18	0:10:28	0:10:34	0:40:57	199	14,65	0:02:59	0:29:43	0:35:23	0:36:15	1:49:57	220	32,74	0:02:33	0:10:48	0:11:08	0:11:17	0:10:53	0:44:06	181	13,61
32	245	245	Everts Benny	Zwolle	NED	244	<b>3:36:26</b>	0:57:05	0:15:44	0:11:27	0:11:34	0:11:19	0:50:04	266	11,98	0:02:29	0:30:53	0:35:54	0:35:57	1:51:02	226	32,42	0:02:39	0:12:05	0:12:37	0:13:10	0:12:20	0:50:12	233	11,95
	DNS	DNS	Rinsema Frans	Amersfoort		223																								
	DNS	DNS	Goodchild Andrew	Norwich		237																								

## Categorie: H50 (H50)

PL	L	Pl. Alg	Name	City	Nation	Nr	Finish	Gap	R 1	R 2	R 3	R 4	Run1	P1	AVG	TR	Bi 1	Bi 2	Bi 3	Bike	P1	AVG	TR	>R+B	R 1	R 2	R 3	R 4	Run 2	P1	AVG	
1	*	35	35	Ophof Edwin	Raalte	NED	252	<b>2:42:26</b>	0:00:00	0:08:11	0:08:57	0:09:06	0:09:00	0:35:14	78	17,03	0:01:14	0:23:47	0:28:04	0:27:58	1:26:17	16	41,72	0:02:03	32	0:09:54	0:09:34	0:09:19	0:08:51	0:37:38	72	15,94
2	*	42	42	Bader Hans	Warmenhuizen	NED	250	<b>2:43:33</b>	0:01:07	0:08:00	0:08:39	0:08:46	0:08:49	0:34:14	50	17,53	0:01:32	0:25:00	0:28:55	0:28:58	1:29:41	41	40,14	0:01:57	44	0:09:10	0:09:05	0:09:12	0:08:42	0:36:09	46	16,60
3	*	69	69	Doyle Christopher	Niederanven	LUX	265	<b>2:48:49</b>	0:06:23	0:08:00	0:08:40	0:08:56	0:09:00	0:34:36	56	17,34	0:01:46	0:25:38	0:29:59	0:30:21	1:33:01	70	38,70	0:02:10	69	0:09:23	0:09:20	0:09:30	0:09:03	0:37:16	65	16,10
6		85	85	Wildhagen Ernst	Barsinghausen	GER	263	<b>2:53:05</b>	0:10:39	0:09:25	0:09:49	0:09:55	0:09:59	0:39:08	158	15,33	0:01:33	0:25:22	0:28:46	0:28:53	1:29:35	40	40,19	0:02:11	73	0:10:05	0:10:02	0:10:56	0:09:35	0:40:38	127	14,77
7		94	94	Bengtsson Tomas	Höviksnäs	SWE	267	<b>2:54:34</b>	0:12:08	0:08:17	0:08:46	0:08:55	0:09:03	0:35:01	72	17,13	0:01:42	0:27:17	0:31:55	0:31:59	1:38:45	132	36,46	0:01:57	103	0:09:33	0:09:25	0:09:26	0:08:45	0:37:09	62	16,15
8		99	99	Hannay Mike	Seaford	GBR	258	<b>2:55:38</b>	0:13:12	0:08:57	0:09:33	0:09:43	0:09:48	0:38:01	130	15,78	0:01:41	0:25:58	0:30:09	0:30:11	1:33:17	71	38,59	0:01:51	88	0:10:14	0:10:28	0:10:22	0:09:44	0:40:48	129	14,71
9		114	114	Mansley Nick	Cambridge	GBR	261	<b>2:59:20</b>	0:16:54	0:08:44	0:09:24	0:09:30	0:09:26	0:37:04	113	16,19	0:01:52	0:27:06	0:32:04	0:32:17	1:39:01	135	36,36	0:01:54	127	0:09:59	0:09:59	0:10:06	0:09:25	0:39:29	105	15,20
11		129	129	Van Hilst Wim	Steenderen	NED	251	<b>3:01:30</b>	0:19:04	0:09:09	0:09:39	0:09:40	0:09:43	0:38:11	135	15,71	0:02:09	0:27:49	0:31:57	0:32:09	1:39:20	139	36,24	0:03:10	154	0:09:48	0:09:44	0:09:51	0:09:17	0:38:40	96	15,52
13		155	155	Kerschenmeyer Marc	Beaufort	LUX	266	<b>3:04:48</b>	0:22:22	0:08:56	0:09:45	0:09:55	0:10:00	0:38:36	149	15,54	0:01:27	0:26:55	0:32:30	0:33:55	1:41:18	162	35,54	0:02:09	163	0:10:22	0:10:32	0:10:35	0:09:49	0:41:18	139	14,53
14		160	160	Cooper Nick	Doncaster	GBR	255	<b>3:05:49</b>	0:23:23	0:09:26	0:10:00	0:10:16	0:10:21	0:40:03	181	14,98	0:01:24	0:27:43	0:32:13	0:32:03	1:39:36	146	36,14	0:01:48	155	0:10:51	0:10:49	0:11:03	0:10:15	0:42:58	164	13,96
15		161	161	Schikhof Raimond	Oostzaan	NED	253	<b>3:05:58</b>	0:23:32	0:09:35	0:10:16	0:10:28	0:10:26	0:40:45	194	14,72	0:01:46	0:27:50	0:32:17	0:32:39	1:40:23	151	35,86	0:02:00	170	0:10:22	0:10:19	0:10:26	0:09:57	0:41:04	133	14,61
16		176	176	Levick John	Huddersfield	GBR	260	<b>3:09:22</b>	0:26:56	0:08:58	0:09:32	0:09:43	0:09:52	0:38:05	131	15,75	0:01:26	0:26:49	0:31:26	0:31:35	1:37:20	115	36,99	0:01:59	119	0:11:51	0:12:31	0:13:11	0:12:59	0:50:32	240	11,87
17		178	178	Jones Gary	Cranbrook	GBR	259	<b>3:10:35</b>	0:28:09	0:09:22	0:09:49	0:10:05	0:10:15	0:39:31	172	15,18	0:02:23	0:27:21	0:32:15	0:33:24	1:41:06	160	35,61	0:02:33	171	0:10:47	0:11:26	0:11:45	0:11:04	0:45:02	194	13,32
19		192	192	Cowell Jon	Woburn	GBR	256	<b>3:15:57</b>	0:33:31	0:09:22	0:09:35	0:09:43	0:09:48	0:38:28	146	15,60	0:01:15	0:27:28	0:32:54	0:35:25	1:44:38	184	34,41	0:02:01	177	0:11:11	0:12:01	0:12:50	0:13:33	0:49:35	227	12,10
20		197	197	Meinsma Koos	Velp Gld	NED	453	<b>3:19:26</b>	0:37:00	0:09:51	0:10:36	0:10:37	0:10:45	0:41:49	208	14,35	0:02:18	0:28:32	0:33:26	0:33:44	1:43:39	178	34,73	0:02:47	193	0:12:20	0:12:52	0:12:05	0:11:36	0:48:53	224	12,27
21		199	199	Allison Seamus	Nottingham	IRL	264	<b>3:19:50</b>	0:37:24	0:10:05	0:11:02	0:10:48	0:11:03	0:42:58	221	13,96	0:01:26	0:29:56	0:35:51	0:36:20	1:50:44	225	32,51	0:01:58	215	0:10:52	0:10:49	0:10:51	0:10:12	0:42:44	160	14,04
23		239	239	Gwozdz Michael	Voerde	GER	262	<b>3:34:08</b>	0:51:42	0:10:22	0:11:13	0:11:15	0:11:26	0:44:16	229	13,55	0:02:15	0:31:21	0:37:10	0:37:47	1:55:03	245	31,29	0:02:26	242	0:11:33	0:12:51	0:13:04	0:12:40	0:50:08	232	11,97
		DNS	DNS	Welters Ron	Nijmegen		254																									
		DNS	DNS	Grout Steve	Epsom		257																									

## Categorie: D25 (D25)

PL	L	Pl. Alg	Name	City	Nation	Nr	Finish	Gap	R 1	R 2	R 3	R 4	Run1	P1	AVG	TR	Bi 1	Bi 2	Bi 3	Bike	P1	AVG	TR	>R+B	R 1	R 2	R 3	R 4	Run 2	P1	AVG	
3	*	172	172	Mcdougall Alexandra	Mount Pleasant	AUS	575	<b>3:08:33</b>	0:01:38	0:09:26	0:09:57	0:10:04	0:10:27	0:39:54	179	15,04	0:01:42	0:28:50	0:33:02	0:32:57	1:42:25	170	35,15	0:01:58	173	0:10:47	0:10:44	0:10:53	0:10:10	0:42:34	156	14,10
		DNS	DNS	Soenen Virginie	Namur		576																									

## Categorie: D30 (D30)

PL	L	Pl. Alg	Name	City	Nation	Nr	Finish	Gap	R 1	R 2	R 3	R 4	Run1	P1	AVG	TR	Bi 1	Bi 2	Bi 3	Bike	P1	AVG	TR	>R+B	R 1	R 2	R 3	R 4	Run 2	P1	AVG	
7		264	264	Gather Andrea	Meerbusch	GER	572	<b>3:52:44</b>	0:50:29	0:12:15	0:12:26	0:12:39	0:13:00	0:50:20	268	11,92	0:02:35	0:32:25	0:38:12	0:39:11	1:59:10	256	30,21	0:02:50	262	0:14:46	0:14:31	0:14:38	0:13:54	0:57:49	262	10,38
		DSQ	DSQ	Spronk Annika	Standdaarbuiten		577													0:00:00			#Deel'0!					0:00:00		#Deel'0!		

## Categorie: D40 (D40)

PL	L	Pl. Alg	Name	City	Nation	Nr	Finish	Gap	R 1	R 2	R 3	R 4	Run1	P1	AVG	TR	Bi 1	Bi 2	Bi 3	Bike	P1	AVG	TR	>R+B	R 1	R 2	R 3	R 4	Run 2	P1	AVG
		DNF	DNF	Heinen Nicole	Neuss	GER	573			0:13:06	0:13:58	0:14:23	0:14:08	0:55:35	271	10,79	0:03:16	0:31:55	0:38:49	0:37:05	1:56:23	249	30,93								

## Categorie: D45 (D45)

PL	L	Pl. Alg	Name	City	Nation	Nr	Finish	Gap	R 1	R 2	R 3	R 4	Run1	P1	AVG	TR	Bi 1	Bi 2	Bi 3	Bike	P1	AVG	TR	>R+B	R 1	R 2	R 3	R 4	Run 2	P1	AVG	
9		244	244	Ehsam Petra	Plaidt	GER	571	<b>3:36:25</b>	0:35:41	0:11:17	0:11:53	0:12:03	0:12:23	0:47:36	260	12,61	0:01:58	0:29:53	0:35:32	0:36:51	1:51:06	227	32,40	0:02:49	239	0:13:04	0:13:27	0:13:38	0:12:47	0:52:56	254	11,34

Tot Dlns: 308 DELI: 15 DPT4: 79 HELI: 26 HPT1: 2 H30: 125 DNS= Did not Start DNF = Did not Finish DQF = Disqualified

## Categorie: D50 (D50)

PL	L	Pl. Alg	Name	City	Nation	Nr	Finish	Gap	R 1	R 2	R 3	R 4	Run1	P1	AVG	TR	Bi 1	Bi 2	Bi 3	Bike	P1	AVG	TR	>R+B	R 1	R 2	R 3	R 4	Run 2	P1	AVG
DNF	DNF		Autschbach Cornelia	Ingelheim	GER	570			0:11:24	0:11:47	0:12:22	0:13:54	0:49:27	264	12,13	0:02:58	0:30:48	0:35:52	0:36:02	1:51:25	229	32,31									

## Categorie: H20 (H20)

PL	L	Pl. Alg	Name	City	Nation	Nr	Finish	Gap	R 1	R 2	R 3	R 4	Run1	P1	AVG	TR	Bi 1	Bi 2	Bi 3	Bike	P1	AVG	TR	>R+B	R 1	R 2	R 3	R 4	Run 2	P1	AVG
DSQ	DSQ		Ryszard Krzysztof	0		563														0:00:00		#Deel/0!							0:00:00		#Deel/0!

## Categorie: H25 (H25)

PL	L	Pl. Alg	Name	City	Nation	Nr	Finish	Gap	R 1	R 2	R 3	R 4	Run1	P1	AVG	TR	Bi 1	Bi 2	Bi 3	Bike	P1	AVG	TR	>R+B	R 1	R 2	R 3	R 4	Run 2	P1	AVG
5		64 64	Duistermaat Lars	Winterswijk	NED	508	<b>2:48:22</b>	0:11:33	0:07:46	0:08:14	0:08:13	0:08:17	0:32:30	30	18,46	0:01:33	0:26:10	0:30:20	0:31:12	1:35:02	89	37,88	0:02:29	70	0:09:10	0:08:58	0:09:19	0:09:21	0:36:48	56	16,30
11		263 263	Kirkegaard Niels	Tilst	DEN	526	<b>3:51:55</b>	1:15:06	0:11:00	0:11:30	0:11:40	0:11:38	0:45:48	244	13,10	0:03:29	0:31:50	0:38:34	0:39:43	1:59:52	258	30,03	0:04:06	260	0:13:49	0:14:15	0:15:02	0:15:34	0:58:40	263	10,23
		DNS DNS	Anthonsen Morten	Hinnerup		500																									

## Categorie: H30 (H30)

PL	L	Pl. Alg	Name	City	Nation	Nr	Finish	Gap	R 1	R 2	R 3	R 4	Run1	P1	AVG	TR	Bi 1	Bi 2	Bi 3	Bike	P1	AVG	TR	>R+B	R 1	R 2	R 3	R 4	Run 2	P1	AVG
11		139 139	Schultheis David	Ottrau	GER	541	<b>3:02:51</b>	0:27:46	0:09:21	0:09:48	0:09:54	0:10:00	0:39:03	155	15,36	0:01:54	0:27:37	0:31:58	0:32:18	1:39:23	143	36,22	0:02:00	147	0:09:59	0:10:04	0:10:33	0:09:55	0:40:31	125	14,81
13		187 187	Nauwelaerts Felix	Itegem	BEL	534	<b>3:14:12</b>	0:39:07	0:09:22	0:10:16	0:10:21	0:10:49	0:40:48	197	14,71	0:02:12	0:31:13	0:36:03	0:35:54	1:51:38	230	32,25	0:02:43	218	0:10:59	0:10:59	0:10:57	0:10:15	0:43:10	170	13,90
14		203 203	Gather Thorsten	Köln	GER	515	<b>3:20:47</b>	0:45:42	0:10:00	0:10:20	0:10:22	0:10:22	0:41:04	200	14,61	0:02:12	0:31:13	0:36:03	0:35:54	1:51:38	230	32,25	0:02:43	218	0:10:59	0:10:59	0:10:57	0:10:15	0:43:10	170	13,90
15		221 221	Kuiper Jochem	Utrecht	NED	528	<b>3:26:11</b>	0:51:06	0:10:33	0:10:35	0:10:49	0:10:57	0:42:54	217	13,99	0:01:41	0:29:32	0:34:58	0:35:40	1:48:33	214	33,16	0:02:37	207	0:12:38	0:12:52	0:13:21	0:11:35	0:50:26	239	11,90
16		265 265	Mccloskey Paul	London	IRL	531	<b>4:02:30</b>	1:27:25	0:11:13	0:12:49	0:13:14	0:13:37	0:50:53	270	11,79	0:03:42	0:31:44	0:38:23	0:39:34	1:58:48	255	30,30	0:03:05	265	0:15:31	0:16:43	0:17:46	0:16:02	1:06:02	266	9,09
		DNS DNS	Sendler Hanno	Neukirchen-vluy		543																									
		DNS DNS	Höfer Matthias	Dortmund		520																									
		DNS DNS	Ruzzon Matheus	Niederhasli		537																									

## Categorie: H35 (H35)

PL	L	Pl. Alg	Name	City	Nation	Nr	Finish	Gap	R 1	R 2	R 3	R 4	Run1	P1	AVG	TR	Bi 1	Bi 2	Bi 3	Bike	P1	AVG	TR	>R+B	R 1	R 2	R 3	R 4	Run 2	P1	AVG
7		79 79	Bultynck Giovanni	Oostnieuwkerke	BEL	504	<b>2:51:03</b>	0:10:41	0:08:36	0:09:13	0:09:17	0:09:23	0:36:29	108	16,45	0:01:15	0:25:41	0:29:35	0:29:52	1:31:49	63	39,21	0:01:39	68	0:09:45	0:09:59	0:10:20	0:09:47	0:39:51	112	15,06
11		95 95	Steurentaler Christoph	Mainz	GER	558	<b>2:54:35</b>	0:14:13	0:09:11	0:09:37	0:09:47	0:09:52	0:38:27	144	15,60	0:01:44	0:26:56	0:30:39	0:29:53	1:34:23	83	38,14	0:01:53	95	0:09:38	0:09:37	0:09:43	0:09:10	0:38:08	81	15,73
16		148 148	Urban Fabian	Frankfurt	GER	547	<b>3:03:54</b>	0:23:32	0:09:23	0:10:08	0:10:07	0:10:07	0:39:45	177	15,09	0:01:37	0:27:41	0:32:06	0:31:48	1:38:49	133	36,43	0:02:07	145	0:10:35	0:10:23	0:10:38	0:10:00	0:41:36	143	14,42
19		179 179	Keane Robert	Surrey	IRL	524	<b>3:10:40</b>	0:30:18	0:09:09	0:09:31	0:09:43	0:09:56	0:38:19	140	15,66	0:01:46	0:28:21	0:34:10	0:35:42	1:46:38	198	33,76	0:02:55	186	0:10:09	0:10:26	0:10:23	0:10:04	0:41:02	132	14,62
20		188 188	Antoni Greg	Monster	NED	501	<b>3:14:23</b>	0:34:01	0:09:16	0:10:23	0:10:47	0:10:50	0:41:16	201	14,54	0:01:47	0:29:16	0:33:45	0:33:38	1:44:40	185	34,39	0:01:57	187	0:10:52	0:11:20	0:11:33	0:10:58	0:44:43	190	13,42
22		220 220	Schepers Bas	Apeldoorn	NED	538	<b>3:26:09</b>	0:45:47	0:10:29	0:11:14	0:11:18	0:11:16	0:44:17	230	13,55	0:02:52	0:29:25	0:34:58	0:36:28	1:49:06	218	33,00	0:02:50	224	0:11:30	0:12:16	0:12:03	0:11:15	0:47:04	211	12,75
24		242 242	Simpson Matt	Leeds	GBR	545	<b>3:35:43</b>	0:55:21	0:10:59	0:11:30	0:11:41	0:11:39	0:45:49	245	13,10	0:01:58	0:30:56	0:36:43	0:36:37	1:53:11	238	31,81	0:02:32	240	0:12:37	0:13:09	0:13:33	0:12:54	0:52:13	252	11,49
		DNS DNS	Meier Timo	Guetersloh		532																									

## Categorie: H40 (H40)

PL	L	Pl. Alg	Name	City	Nation	Nr	Finish	Gap	R 1	R 2	R 3	R 4	Run1	P1	AVG	TR	Bi 1	Bi 2	Bi 3	Bike	P1	AVG	TR	>R+B	R 1	R 2	R 3	R 4	Run 2	P1	AVG
28		154 154	Malchow Reiner	Schwerte	GER	530	<b>3:04:35</b>	0:27:04	0:09:12	0:09:41	0:09:55	0:10:00	0:38:48	152	15,46	0:02:24	0:28:22	0:31:43	0:32:45	1:40:28	152	35,83	0:02:24	165	0:09:53	0:10:12	0:10:28	0:09:58	0:40:31	124	14,81
33		166 166	Itter Martin	Schwerte	GER	523	<b>3:07:02</b>	0:29:31	0:09:31	0:10:04	0:10:11	0:10:20	0:40:06	184	14,96	0:01:57	0:27:55	0:30:56	0:31:43	1:37:49	122	36,80	0:02:36	148	0:10:55	0:11:00	0:11:29	0:11:10	0:44:34	189	13,46
36		218 218	Voet Willem	Utrecht	NED	549	<b>3:25:51</b>	0:48:20	0:10:37	0:11:30	0:11:36	0:11:22	0:45:05	235	13,31	0:02:30	0:29:33	0:34:37	0:34:38	1:46:52	201	33,69	0:02:40	216	0:12:10	0:12:15	0:12:34	0:11:45	0:48:44	223	12,31
38		240 240	Holst Michael	Hinnerup	DEN	521	<b>3:34:23</b>	0:56:52	0:10:18	0:11:03	0:11:26	0:11:26	0:44:13	228	13,57	0:02:22	0:31:51	0:35:56	0:36:09	1:52:29	235	32,00	0:03:26	236	0:12:52	0:12:53	0:13:05	0:13:03	0:51:53	250	11,56
		DNS DNS	Siedenbiedel Frank	Bergisch Gladbach		544																									

## Categorie: H45 (H45)

PL	L	Pl. Alg	Name	City	Nation	Nr	Finish	Gap	R 1	R 2	R 3	R 4	Run1	P1	AVG	TR	Bi 1	Bi 2	Bi 3	Bike	P1	AVG	TR	>R+B	R 1	R 2	R 3	R 4	Run 2	P1	AVG
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Tot Dlns: 308 DELI: 15 DPT4: 79 HELI: 26 HPT1: 2 H30: 125 DNS= Did not Start DNF = Did not Finish DQF = Disqualified



5	61	61	Hillermann Peter	Bonn	GER	562	<b>2:47:57</b>	0:08:36	0:07:46	0:09:12	0:09:18	0:09:19	0:36:25	104	16,48	0:01:38	0:24:58	0:28:23	0:29:30	1:29:44	43	40,12	0:01:46	56	0:09:47	0:09:46	0:09:49	0:09:02	0:38:24	87	15,63
10	92	92	Krüger Olaf	Schwerte	GER	527	<b>2:54:11</b>	0:14:50	0:09:12	0:09:37	0:09:47	0:09:52	0:38:28	145	15,60	0:01:49	0:26:51	0:30:43	0:29:50	1:34:22	82	38,15	0:01:59	98	0:09:36	0:09:33	0:09:38	0:08:46	0:37:33	71	15,98
14	110	110	Hof Jürgen	Kleinmaischeid	GER	519	<b>2:57:36</b>	0:18:15	0:08:37	0:09:02	0:09:06	0:09:19	0:36:04	96	16,64	0:01:46	0:27:44	0:32:39	0:33:06	1:41:13	161	35,57	0:01:41	135	0:09:15	0:09:24	0:09:26	0:08:47	0:36:52	58	16,27
17	125	125	Schneider Knud	Bischofsheim	GER	539	<b>3:00:51</b>	0:21:30	0:04:13	0:09:46	0:09:58	0:10:06	0:34:03	48	17,62	0:02:08	0:27:42	0:32:32	0:32:45	1:40:39	155	35,77	0:02:41	124	0:10:15	0:10:15	0:10:37	0:10:13	0:41:20	140	14,52
24	180	180	Huschauer Horst	Neuss	AUT	522	<b>3:11:17</b>	0:31:56	0:10:22	0:10:42	0:10:52	0:10:56	0:42:52	216	14,00	0:01:40	0:28:35	0:32:49	0:32:47	1:41:48	165	35,36	0:01:56	183	0:10:57	0:10:55	0:10:58	0:10:11	0:43:01	168	13,95
28	210	210	Baker Andrew	Glasgow	GBR	502	<b>3:24:11</b>	0:44:50	0:10:30	0:10:55	0:11:08	0:11:29	0:44:02	227	13,63	0:03:22	0:28:38	0:33:54	0:34:46	1:45:32	192	34,11	0:03:53	214	0:11:20	0:11:45	0:12:16	0:12:01	0:47:22	214	12,67
29	225	225	Vidakovic Petar	Markyate	GBR	548	<b>3:27:07</b>	0:47:46	0:04:43	0:10:14	0:10:49	0:11:08	0:36:54	111	16,26	0:02:59	0:31:19	0:36:02	0:36:52	1:52:56	237	31,88	0:03:06	208	0:11:28	0:12:28	0:13:43	0:13:33	0:51:12	246	11,72
30	227	227	Schultheis Lars	Neukirchen	GER	542	<b>3:28:25</b>	0:49:04	0:10:40	0:11:30	0:11:34	0:11:41	0:45:25	240	13,21	0:02:20	0:30:08	0:34:30	0:35:29	1:48:20	210	33,23	0:02:15	221	0:12:01	0:12:40	0:13:05	0:12:19	0:50:05	231	11,98
31	231	231	Gottschalk Bernd	Essen	GER	517	<b>3:29:25</b>	0:50:04	0:10:02	0:10:53	0:11:12	0:11:35	0:43:42	224	13,73	0:02:39	0:31:11	0:36:15	0:36:34	1:52:24	234	32,03	0:02:52	234	0:11:10	0:11:51	0:12:23	0:12:24	0:47:48	216	12,55
33	258	258	Friedrich Rainer	Bochum	GER	514	<b>3:43:15</b>	1:03:54	0:11:50	0:11:47	0:11:52	0:11:42	0:47:11	256	12,72	0:03:23	0:34:37	0:38:20	0:39:32	2:01:25	264	29,65	0:03:29	263	0:11:51	0:12:00	0:12:20	0:11:36	0:47:47	215	12,56
	DSQ	DSQ	Schroder Piet-hein	Heemstede		540														0:00:00								0:00:00		#Deel'0!	
	DNS	DNS	Groenhagen Achim	Emden		518																									
	DNS	DNS	Fomalont Paul	Leysin		513																									
	DNS	DNS	Faessen Heinz	Straelen		511																									
	DNS	DNS	Voken Stefan	Alsdorf		550																									

## Categorie: H50 (H50)

PL	L	Pl. Alg	Name	City	Nation	Nr	Finish	Gap	R 1	R 2	R 3	R 4	Run1	PI	AVG	TR	Bi 1	Bi 2	Bi 3	Bike	PI	AVG	TR	>R+B	R 1	R 2	R 3	R 4	Run 2	PI	AVG	
4		72	72	Breuer Rainer	Insul	GER	559	<b>2:49:19</b>	0:06:53	0:08:28	0:09:26	0:09:12	0:09:18	0:36:24	103	16,48	0:01:42	0:25:15	0:28:54	0:29:55	1:31:09	57	39,50	0:01:55	65	0:09:25	0:09:42	0:09:49	0:09:13	0:38:09	82	15,73
5		73	73	Dülks Roman	Moers	GER	509	<b>2:49:23</b>	0:06:57	0:08:47	0:09:24	0:09:26	0:09:34	0:37:11	116	16,14	0:01:25	0:25:13	0:29:01	0:29:28	1:30:34	51	39,75	0:01:40	64	0:09:36	0:09:46	0:09:52	0:09:19	0:38:33	92	15,56
10		116	116	Alexander Marcus	Cambridge	USA	556	<b>2:59:45</b>	0:17:19	0:09:30	0:09:59	0:09:54	0:09:56	0:39:19	164	15,26	0:02:25	0:25:50	0:30:10	0:30:06	1:33:22	73	38,56	0:02:28	106	0:11:03	0:10:56	0:10:41	0:09:31	0:42:11	153	14,22
12		141	141	Prado Tony	Odessa	USA	536	<b>3:03:07</b>	0:20:41	0:09:21	0:09:47	0:09:51	0:09:58	0:38:57	154	15,40	0:01:42	0:27:34	0:31:57	0:32:15	1:39:11	138	36,30	0:02:09	140	0:10:19	0:10:23	0:10:32	0:09:54	0:41:08	136	14,59
18		190	190	Wenzel Bernd	Grefrath	GER	552	<b>3:14:45</b>	0:32:19	0:09:16	0:10:02	0:10:23	0:10:32	0:40:13	186	14,92	0:01:51	0:29:15	0:34:13	0:34:21	1:45:54	194	33,99	0:02:21	192	0:10:59	0:11:13	0:11:31	0:10:43	0:44:26	187	13,50
22		219	219	Nyrup Flemming	Oirsbeek	DEN	535	<b>3:25:59</b>	0:43:33	0:05:42	0:11:20	0:11:28	0:11:34	0:40:04	182	14,98	0:02:35	0:31:14	0:35:39	0:36:31	1:51:57	232	32,16	0:03:03	219	0:12:03	0:12:15	0:12:26	0:11:36	0:48:20	220	12,41
24		243	243	De Maat Christian	Lörrach	GER	529	<b>3:35:43</b>	0:53:17	0:11:00	0:11:29	0:11:41	0:11:39	0:45:49	246	13,10	0:02:00	0:31:16	0:36:19	0:37:47	1:54:14	241	31,51	0:02:27	244	0:12:18	0:12:47	0:13:14	0:12:54	0:51:13	247	11,71
25		254	254	Ehram Peter	Plaidt	GER	510	<b>3:39:42</b>	0:57:16	0:10:45	0:11:00	0:11:02	0:11:05	0:43:52	225	13,68	0:02:33	0:33:00	0:39:00	0:39:56	2:01:16	263	29,69	0:02:23	255	0:12:49	0:12:02	0:12:40	0:12:07	0:49:38	228	12,09
26		261	261	Thamm Thomas	Berlin	GER	546	<b>3:49:02</b>	1:06:36	0:11:08	0:11:48	0:11:57	0:12:03	0:46:56	250	12,78	0:02:18	0:33:01	0:39:00	0:40:22	2:02:06	265	29,48	0:04:26	264	0:13:36	0:13:30	0:13:34	0:12:36	0:53:16	255	11,26
		DNS	DNS	Ferdinand Bruno	Nogent Le Rotrou		512																									

## Categorie: H55 (H55)

PL	L	Pl. Alg	Name	City	Nation	Nr	Finish	Gap	R 1	R 2	R 3	R 4	Run1	PI	AVG	TR	Bi 1	Bi 2	Bi 3	Bike	PI	AVG	TR	>R+B	R 1	R 2	R 3	R 4	Run 2	PI	AVG	
8		152	152	Marin Jan	Kerken	GER	560	<b>3:04:10</b>	0:14:24	0:09:13	0:09:52	0:09:57	0:10:04	0:39:06	157	15,35	0:01:36	0:27:45	0:32:00	0:32:07	1:39:20	140	36,24	0:02:07	142	0:10:35	0:10:44	0:10:47	0:09:55	0:42:01	148	14,28
21		256	256	Wilhelmy Hans-josef	Plaidt	GER	553	<b>3:40:49</b>	0:51:03	0:10:46	0:11:01	0:11:01	0:11:05	0:43:53	226	13,67	0:03:47	0:32:50	0:39:10	0:39:34	2:01:09	262	29,72	0:04:02	258	0:13:23	0:11:28	0:11:49	0:11:18	0:47:58	218	12,51

## Categorie: H60 (H60)

PL	L	Pl. Alg	Name	City	Nation	Nr	Finish	Gap	R 1	R 2	R 3	R 4	Run1	PI	AVG	TR	Bi 1	Bi 2	Bi 3	Bike	PI	AVG	TR	>R+B	R 1	R 2	R 3	R 4	Run 2	PI	AVG	
		DSQ	DSQ	Derks Josef	Kevelaar		506														0:00:00											

## Categorie: H65 (H65)

PL	L	Pl. Alg	Name	City	Nation	Nr	Finish	Gap	R 1	R 2	R 3	R 4	Run1	PI	AVG	TR	Bi 1	Bi 2	Bi 3	Bike	PI	AVG	TR	>R+B	R 1	R 2	R 3	R 4	Run 2	PI	AVG	
5		228	228	Wannowitz Helke	Spreenhagen	GER	551	<b>3:28:38</b>	0:07:47	0:11:06	0:11:47	0:12:06	0:12:22	0:47:21	257	12,67	0:02:14	0:28:55	0:33:36	0:34:24	1:45:31	191	34,12	0:02:24	217	0:12:24	0:12:46	0:13:13	0:12:45	0:51:08	245	11,73