

Open NK Powerman Championships LD - Horst

12/04/2015

Result Podium

CRO: Michiel Van Niekerk - TD: Jan-Philipp Krawcyck - ATD: Jacques Goedgebeur

Starts: Women Eli 9:00- Men 55+ 9:05 - Men Eli 9:18 - Para 9:30 - Men AG 9:35 - Open 9:40

Categorie: D30 (D30)

PL	L	Pl. Alg	Name	City	Nation	Nr	Finish	Gap	R 1	R 2	R 3	R 4	Run1	PI	AVG	TR	Bi 1	Bi 2	Bi 3	Bike	PI	AVG	TR	>R+B	R 1	R 2	R 3	R 4	Run 2	PI	AVG
1	*	43	43	Veerman Saskia	NED	360	3:10:34		0:09:28	0:10:16	0:10:22	0:10:46	0:40:52	43	14,68	0:02:14	0:28:00	0:32:28	0:32:42	1:40:45	43	35,73	0:02:18	43	0:10:59	0:11:08	0:11:24	0:10:54	0:44:25	43	13,51

Categorie: D45 (D45)

PL	L	Pl. Alg	Name	City	Nation	Nr	Finish	Gap	R 1	R 2	R 3	R 4	Run1	PI	AVG	TR	Bi 1	Bi 2	Bi 3	Bike	PI	AVG	TR	>R+B	R 1	R 2	R 3	R 4	Run 2	PI	AVG
1	*	47	47	Van Hilst Marian	NED	390	3:20:46		0:10:21	0:10:46	0:10:50	0:10:50	0:42:47	48	14,02	0:02:46	0:30:04	0:34:48	0:34:29	1:47:19	52	33,55	0:02:33	48	0:11:11	0:11:47	0:11:33	0:10:50	0:45:21	47	13,23
2	*	57	57	Vreken Guusje	NED	391	3:51:39		0:11:47	0:12:38	0:13:00	0:13:09	0:50:34	58	11,87	0:02:22	0:32:36	0:37:36	0:38:48	1:58:10	58	30,47	0:03:25	57	0:14:00	0:14:28	0:14:16	0:14:24	0:57:08	56	10,50

Categorie: D50 (D50)

PL	L	Pl. Alg	Name	City	Nation	Nr	Finish	Gap	R 1	R 2	R 3	R 4	Run1	PI	AVG	TR	Bi 1	Bi 2	Bi 3	Bike	PI	AVG	TR	>R+B	R 1	R 2	R 3	R 4	Run 2	PI	AVG
1	*	49	49	Gough Jacquie	NED	410	3:24:41		0:10:00	0:10:19	0:10:23	0:10:38	0:41:20	45	14,52	0:02:13	0:32:03	0:37:49	0:38:09	1:57:08	57	30,73	0:02:39	55	0:10:16	0:10:16	0:10:31	0:10:18	0:41:21	34	14,51
2	*	53	53	Haans Monique	NED	411	3:26:32		0:10:30	0:11:16	0:11:13	0:11:24	0:44:23	51	13,52	0:02:03	0:30:23	0:35:29	0:36:12	1:50:32	55	32,57	0:02:39	54	0:11:58	0:12:07	0:11:46	0:11:04	0:46:55	48	12,79

Categorie: Women Elite (DELI)

PL	L	Pl. Alg	Name	City	Nation	Nr	Finish	Gap	R 1	R 2	R 3	R 4	Run1	PI	AVG	TR	Bi 1	Bi 2	Bi 3	Bike	PI	AVG	TR	>R+B	R 1	R 2	R 3	R 4	Run 2	PI	AVG
1	*	24	24	Van Dijk Marina	NED	63	2:56:14		0:08:35	0:09:09	0:09:09	0:09:23	0:36:16	25	16,54	0:01:14	0:29:24	0:29:24	0:32:19	1:38:37	35	36,50	0:01:33	26	0:09:41	0:09:40	0:09:52	0:09:21	0:38:34	22	15,56
2	*	27	27	Lute Eline	NED	65	2:59:21		0:08:47	0:09:42	0:09:48	0:09:53	0:38:10	29	15,72	0:01:22	0:29:23	0:29:23	0:31:45	1:37:42	32	36,85	0:01:47	27	0:10:00	0:10:10	0:10:15	0:09:55	0:40:20	31	14,88
3	*	29	29	Van Reijen Miriam	NED	56	3:00:17		0:08:03	0:08:39	0:08:46	0:08:49	0:34:17	12	17,50	0:01:36	0:32:08	0:32:08	0:34:35	1:46:45	50	33,72	0:02:01	41	0:09:16	0:09:05	0:09:03	0:08:14	0:35:38	9	16,84

Categorie: H25 (H25)

PL	L	Pl. Alg	Name	City	Nation	Nr	Finish	Gap	R 1	R 2	R 3	R 4	Run1	PI	AVG	TR	Bi 1	Bi 2	Bi 3	Bike	PI	AVG	TR	>R+B	R 1	R 2	R 3	R 4	Run 2	PI	AVG
1	*	16	16	De Korte Robert	NED	111	2:45:30		0:07:39	0:08:30	0:08:53	0:09:09	0:34:11	10	17,55	0:01:13	0:24:53	0:29:00	0:29:12	1:29:57	15	40,02	0:01:30	13	0:09:13	0:09:31	0:10:02	0:09:53	0:38:39	23	15,52
2	*	19	19	Duistermaat Lars	NED	508	2:48:22		0:07:46	0:08:14	0:08:13	0:08:17	0:32:30	8	18,46	0:01:33	0:26:10	0:30:20	0:31:12	1:35:02	24	37,88	0:02:29	19	0:09:10	0:08:58	0:09:19	0:09:21	0:36:48	12	16,30
3	*	44	44	Bakker Jeffrey	NED	110	3:11:25		0:14:33	0:10:04	0:10:05	0:10:33	0:45:15	54	13,26	0:01:57	0:26:46	0:31:58	0:32:12	1:38:30	34	36,55	0:02:08	44	0:10:53	0:11:00	0:11:18	0:10:24	0:43:35	42	13,77

Categorie: H30 (H30)

PL	L	Pl. Alg	Name	City	Nation	Nr	Finish	Gap	R 1	R 2	R 3	R 4	Run1	PI	AVG	TR	Bi 1	Bi 2	Bi 3	Bike	PI	AVG	TR	>R+B	R 1	R 2	R 3	R 4	Run 2	PI	AVG
1	*	10	10	Mertens Bas	NED	132	2:43:19		0:08:13	0:08:49	0:08:48	0:08:42	0:34:32	13	17,37	0:01:26	0:24:50	0:28:29	0:28:27	1:28:29	10	40,69	0:02:04	12	0:09:12	0:09:22	0:09:29	0:08:45	0:36:48	13	16,30
2	*	34	34	Aarts Stach	NED	130	3:02:04		0:08:25	0:09:11	0:09:17	0:09:22	0:36:15	24	16,55	0:01:46	0:27:06	0:32:20	0:32:26	1:39:30	39	36,18	0:01:48	29	0:10:14	0:11:04	0:11:16	0:10:11	0:42:45	39	14,04
3	*	52	52	Kuiper Jochem	NED	528	3:26:11		0:10:33	0:10:35	0:10:49	0:10:57	0:42:54	49	13,99	0:01:41	0:29:32	0:34:58	0:35:40	1:48:33	53	33,16	0:02:37	50	0:12:38	0:12:52	0:13:21	0:11:35	0:50:26	54	11,90

Categorie: H35 (H35)

PL	L	Pl. Alg	Name	City	Nation	Nr	Finish	Gap	R 1	R 2	R 3	R 4	Run1	P1	AVG	TR	Bi 1	Bi 2	Bi 3	Bike	P1	AVG	TR	>R+B	R 1	R 2	R 3	R 4	Run 2	P1	AVG	
1	*	21	21	Hermesen Sjoerd	Arnhem	NED	150	2:51:40		0:08:13	0:08:54	0:09:06	0:09:00	0:35:13	19	17,04	0:01:30	0:26:05	0:30:25	0:30:17	1:33:48	22	38,38	0:02:14	20	0:09:48	0:09:40	0:09:55	0:09:32	0:38:55	25	15,42
2	*	25	25	Kodde Kees	Zoetermeer	NED	151	2:57:13		0:08:53	0:09:22	0:09:31	0:09:42	0:37:28	27	16,01	0:01:47	0:26:46	0:31:00	0:31:29	1:36:33	29	37,29	0:01:50	25	0:10:05	0:09:54	0:10:03	0:09:33	0:39:35	27	15,16
3	*	45	45	Antoni Greg	Monster	NED	501	3:14:23		0:09:16	0:10:23	0:10:47	0:10:50	0:41:16	44	14,54	0:01:47	0:29:16	0:33:45	0:33:38	1:44:40	48	34,39	0:01:57	45	0:10:52	0:11:20	0:11:33	0:10:58	0:44:43	44	13,42

Categorie: H40 (H40)

PL	L	Pl. Alg	Name	City	Nation	Nr	Finish	Gap	R 1	R 2	R 3	R 4	Run1	P1	AVG	TR	Bi 1	Bi 2	Bi 3	Bike	P1	AVG	TR	>R+B	R 1	R 2	R 3	R 4	Run 2	P1	AVG	
1	*	9	9	Besselink Roland	Ugchelen	NED	450	2:42:45		0:08:01	0:08:50	0:08:53	0:09:00	0:34:44	15	17,27	0:01:17	0:24:12	0:28:07	0:28:11	1:27:14	7	41,27	0:01:34	9	0:09:35	0:09:33	0:09:45	0:09:03	0:37:56	20	15,82
2	*	11	11	Friderichs Wannie	Almere	NED	181	2:43:23		0:08:00	0:08:51	0:08:55	0:09:05	0:34:51	17	17,22	0:01:33	0:24:29	0:28:22	0:28:29	1:28:04	9	40,88	0:01:49	10	0:09:14	0:09:25	0:09:31	0:08:56	0:37:06	14	16,17
3	*	13	13	Gierman Marcel	Zevenaar	NED	182	2:44:06		0:08:23	0:08:58	0:09:01	0:08:52	0:35:14	20	17,03	0:01:26	0:24:31	0:28:05	0:28:29	1:27:46	8	41,02	0:01:55	11	0:09:15	0:09:39	0:09:39	0:09:12	0:37:45	19	15,89

Categorie: H45 (H45)

PL	L	Pl. Alg	Name	City	Nation	Nr	Finish	Gap	R 1	R 2	R 3	R 4	Run1	P1	AVG	TR	Bi 1	Bi 2	Bi 3	Bike	P1	AVG	TR	>R+B	R 1	R 2	R 3	R 4	Run 2	P1	AVG	
1	*	18	18	Mica Cyril	Haarlem	NED	222	2:48:12		0:08:09	0:08:52	0:08:57	0:09:00	0:34:58	18	17,16	0:01:29	0:25:29	0:29:43	0:30:16	1:32:26	21	38,95	0:01:48	18	0:09:15	0:09:30	0:09:41	0:09:05	0:37:31	17	15,99
2	*	28	28	Lodewijks Mark	Purmerend	NED	221	2:59:59		0:09:10	0:09:40	0:09:50	0:09:45	0:38:25	33	15,62	0:01:58	0:26:34	0:31:07	0:31:32	1:36:33	28	37,29	0:02:27	30	0:10:14	0:10:13	0:10:25	0:09:44	0:40:36	32	14,78
3	*	36	36	Custers Jerome	Alphen Aan Den Rijn	NED	243	3:02:59		0:09:14	0:09:25	0:09:18	0:09:40	0:37:37	28	15,95	0:02:20	0:27:15	0:31:28	0:31:53	1:38:07	33	36,69	0:02:14	32	0:10:08	0:10:28	0:11:33	0:10:32	0:42:41	37	14,06

Categorie: H50 (H50)

PL	L	Pl. Alg	Name	City	Nation	Nr	Finish	Gap	R 1	R 2	R 3	R 4	Run1	P1	AVG	TR	Bi 1	Bi 2	Bi 3	Bike	P1	AVG	TR	>R+B	R 1	R 2	R 3	R 4	Run 2	P1	AVG	
1	*	8	8	Ophof Edwin	Raalte	NED	252	2:42:26		0:08:11	0:08:57	0:09:06	0:09:00	0:35:14	21	17,03	0:01:14	0:23:47	0:28:04	0:27:58	1:26:17	6	41,72	0:02:03	8	0:09:54	0:09:34	0:09:19	0:08:51	0:37:38	18	15,94
2	*	12	12	Bader Hans	Warmenhuizen	NED	250	2:43:33		0:08:00	0:08:39	0:08:46	0:08:49	0:34:14	11	17,53	0:01:32	0:25:00	0:28:55	0:28:58	1:29:41	14	40,14	0:01:57	14	0:09:10	0:09:05	0:09:12	0:08:42	0:36:09	10	16,60
3	*	32	32	Van Hilst Wim	Steenderen	NED	251	3:01:30		0:09:09	0:09:39	0:09:40	0:09:43	0:38:11	30	15,71	0:02:09	0:27:49	0:31:57	0:32:09	1:39:20	37	36,24	0:03:10	37	0:09:48	0:09:44	0:09:51	0:09:17	0:38:40	24	15,52

Categorie: H55 (H55)

PL	L	Pl. Alg	Name	City	Nation	Nr	Finish	Gap	R 1	R 2	R 3	R 4	Run1	P1	AVG	TR	Bi 1	Bi 2	Bi 3	Bike	P1	AVG	TR	>R+B	R 1	R 2	R 3	R 4	Run 2	P1	AVG	
1	*	20	20	Dullink Henry	Amsterdam	NED	271	2:49:46		0:08:37	0:09:07	0:09:18	0:09:23	0:36:25	26	16,48	0:01:23	0:27:01	0:27:00	0:29:18	1:30:21	16	39,85	0:02:16	17	0:09:49	0:09:44	0:10:02	0:09:46	0:39:21	26	15,25
2	*	23	23	Niessen Jack	Swalmen	NED	277	2:53:54		0:08:32	0:08:57	0:09:00	0:09:07	0:35:36	23	16,85	0:01:30	0:29:07	0:29:07	0:31:51	1:37:38	31	36,87	0:01:53	22	0:09:17	0:09:21	0:09:31	0:09:08	0:37:17	15	16,09
3	*	40	40	Graafmans Wout	Gilze	NED	272	3:06:15		0:09:01	0:09:36	0:09:46	0:09:52	0:38:15	31	15,69	0:01:28	0:27:59	0:27:58	0:31:12	1:41:32	44	35,46	0:02:00	39	0:10:39	0:10:51	0:11:00	0:10:30	0:43:00	40	13,95

Categorie: H60 (H60)

PL	L	Pl. Alg	Name	City	Nation	Nr	Finish	Gap	R 1	R 2	R 3	R 4	Run1	P1	AVG	TR	Bi 1	Bi 2	Bi 3	Bike	P1	AVG	TR	>R+B	R 1	R 2	R 3	R 4	Run 2	P1	AVG	
1	*	31	31	Mulders Bart	Beugen	NED	301	3:01:10		0:09:21	0:09:55	0:09:57	0:10:10	0:39:23	37	15,23	0:01:37	0:28:53	0:28:53	0:30:52	1:36:04	25	37,47	0:02:28	31	0:10:29	0:10:31	0:10:40	0:09:58	0:41:38	35	14,41
2	*	42	42	Tesselaar Her	Heerhugowaard	NED	302	3:09:08		0:09:22	0:09:54	0:09:57	0:10:11	0:39:24	38	15,23	0:01:56	0:30:03	0:30:03	0:32:48	1:40:37	42	35,78	0:02:25	40	0:10:50	0:10:46	0:11:40	0:11:30	0:44:46	45	13,40

Categorie: H65 (H65)

PL	L	Pl. Alg	Name	City	Nation	Nr	Finish	Gap	R 1	R 2	R 3	R 4	Run1	P1	AVG	TR	Bi 1	Bi 2	Bi 3	Bike	P1	AVG	TR	>R+B	R 1	R 2	R 3	R 4	Run 2	P1	AVG	
1	*	55	55	Van Wijk Hans	Beneden-leeuwen	NED	321	3:34:53		0:10:43	0:11:29	0:11:46	0:12:26	0:46:24	55	12,93	0:02:13	0:28:58	0:33:26	0:34:06	1:44:24	47	34,48	0:02:43	49	0:13:36	0:14:33	0:15:22	0:15:38	0:59:09	57	10,14

Categorie: Men elite (HELI)

PL	L	Pl. Alg	Name	City	Nation	Nr	Finish	Gap	R 1	R 2	R 3	R 4	Run1	P1	AVG	TR	Bi 1	Bi 2	Bi 3	Bike	P1	AVG	TR	>R+B	R 1	R 2	R 3	R 4	Run 2	P1	AVG	
1	*	1	1	Oude Bennink Mark	0	NED	17	2:28:34		0:07:10	0:07:35	0:07:41	0:07:46	0:30:12	2	19,87	0:01:05	0:25:00	0:25:00	0:26:38	1:22:43	2	43,52	0:01:33	1	0:08:26	0:08:13	0:08:26	0:07:56	0:33:01	3	18,17

Tot Dlns: 36 DELI: 4 H60: 16 HELI: 8 HPTI: 1 H35: 31 DNS= Did not Start DNF = Did not Finish DQF = Disqualified

2 *	2 2	Bruins Thomas	0	NED	8	2:30:24		0:07:10	0:07:37	0:07:46	0:07:53	0:30:26	3	19,72	0:01:06	0:24:58	0:24:58	0:28:01	1:24:23	3	42,66	0:01:25	2	0:08:05	0:08:16	0:08:30	0:08:13	0:33:04	4	18,15
3 *	3 3	Schreurs Gerben	Enschede	NED	22	2:33:30		0:07:35	0:08:11	0:08:11	0:08:12	0:32:09	4	18,66	0:01:10	0:23:57	0:27:53	0:27:51	1:26:06	5	41,81	0:01:23	4	0:08:05	0:08:10	0:08:21	0:08:06	0:32:42	2	18,35

Categorie: Para PT 1 (HPT1)

PL	L	Pl. Alg	Name	City	Nation	Nr	Finish	Gap	R 1	R 2	R 3	R 4	Run1	PI	AVG	TR	Bi 1	Bi 2	Bi 3	Bike	PI	AVG	TR	>R+B	R 1	R 2	R 3	R 4	Run 2	PI	AVG
1 *	14	14	Schipper Geert	Spanbroek	NED	80	2:44:53		0:06:51	0:07:00	0:06:58	0:08:37	0:29:26	1	20,39	0:14:26	0:14:26	0:33:46	0:34:16	1:30:43	18	39,68	0:02:04	23	0:07:07	0:07:03	0:07:17	0:06:47	0:28:14	1	21,25