

# 21° Promo Ironmanneke - Brussels-Evere

4/05/2014

Podia

Distances: Disc: 0,25/9/3 Promo: 0,5/18/6

CRO: R. Moreau

Starts: Di 13:01 - Pr:13u31

Website: <http://www.binotan.be>

## Categorie: Juniors Dames (D18)

PL	L	PL.	Naam	Licentie	Club	Plaats	Nat	Nr	Cat	Swim	P1	AVG	TR 1	P1	Bike	P1	AVG	TR 2	P1	>S+B	P1	Run	T/Km	P1	AVG	Finish	Gap
1	*	34	Imbo Kristel	56741F96	BIN	Wemmel	BEL	97	D18	0:08:28	35	3,54	0:02:05	20	0:31:23	40	34,41	0:01:13	17	0:43:09	29	0:27:04	4:31	53	13,30	<b>1:10:13</b>	0:00:00

## Categorie: Seniors Dames (D24)

PL	L	PL.	Naam	Licentie	Club	Plaats	Nat	Nr	Cat	Swim	P1	AVG	TR 1	P1	Bike	P1	AVG	TR 2	P1	>S+B	P1	Run	T/Km	P1	AVG	Finish	Gap
1	*	31	Mazuch Kinga	58800F84	UTT	Bruxelles	BEL	91	D24	0:06:59	6	4,30	0:02:02	14	0:34:35	81	31,23	0:01:13	18	0:44:49	47	0:24:54	4:09	29	14,46	<b>1:09:43</b>	0:00:00
2	*	39	Debock Julie	56998F80	TITAN	Liege	BEL	95	D24	0:09:15	67	3,24	0:02:12	27	0:30:43	30	35,16	0:01:30	57	0:43:40	33	0:27:07	4:31	55	13,28	<b>1:10:47</b>	0:01:04
3	*	79	Melanie Maudoux	0	- geen -	Ixelles	BEL	117	D24	0:09:51	87	3,05	0:02:18	34	0:37:05	112	29,12	0:01:07	7	0:50:21	91	0:28:29	4:45	71	12,64	<b>1:18:50</b>	0:09:07

## Categorie: Veteranen 40 Dames (D40)

PL	L	PL.	Naam	Licentie	Club	Plaats	Nat	Nr	Cat	Swim	P1	AVG	TR 1	P1	Bike	P1	AVG	TR 2	P1	>S+B	P1	Run	T/Km	P1	AVG	Finish	Gap
1	*	74	Aron Sabine	0	- geen -	Bruxelles	BEL	128	D40	0:09:34	76	3,14	0:02:53	80	0:32:47	61	32,94	0:01:50	91	0:47:04	67	0:30:36	5:06	92	11,76	<b>1:17:40</b>	0:00:00
2	*	99	Hermans Regine	0	- geen -	Zaventem	BEL	124	D40	0:11:47	129	2,55	0:02:55	85	0:36:37	107	29,49	0:02:22	128	0:53:41	112	0:29:58	5:00	83	12,01	<b>1:23:39</b>	0:05:59
3	*	129	Dillon Karen	0	- geen -	Bruxelles	BEL	126	D40	0:10:04	95	2,98	0:04:08	135	0:44:17	143	24,39	0:01:38	71	1:00:07	136	0:33:33	5:36	113	10,73	<b>1:33:40</b>	0:16:00

## Categorie: Veteranen 50 Dames (D50)

PL	L	PL.	Naam	Licentie	Club	Plaats	Nat	Nr	Cat	Swim	P1	AVG	TR 1	P1	Bike	P1	AVG	TR 2	P1	>S+B	P1	Run	T/Km	P1	AVG	Finish	Gap
1	*	114	Thoumire Françoise	06968F60	ETZa	Sterrebeek	BEL	125	D50	0:13:45	148	2,18	0:02:55	87	0:35:52	97	30,11	0:02:20	127	0:54:52	121	0:32:49	5:28	110	10,97	<b>1:27:41</b>	0:00:00
2	*	121	Vanoirbeck Nathalie	0	- geen -	Ciplet	BEL	121	D50	0:15:05	149	1,99	0:04:10	138	0:37:39	118	28,69	0:02:03	111	0:58:57	133	0:31:39	5:17	100	11,37	<b>1:30:36</b>	0:02:55
3	*	134	Meurisse Bernadette	59227F56	TURBO	Kraainem	BEL	122	D50	0:15:12	150	1,97	0:03:33	122	0:41:22	135	26,11	0:01:47	86	1:01:54	142	0:36:14	6:02	124	9,94	<b>1:38:08</b>	0:10:27

## Categorie: Under 24 Dames (DU23)

PL	L	PL.	Naam	Licentie	Club	Plaats	Nat	Nr	Cat	Swim	P1	AVG	TR 1	P1	Bike	P1	AVG	TR 2	P1	>S+B	P1	Run	T/Km	P1	AVG	Finish	Gap
1	*	77	De Backer Maya	0	- geen -	Louvain-la-neuve	BEL	94	DU23	0:08:32	38	3,52	0:02:23	40	0:36:58	111	29,22	0:01:41	77	0:49:34	85	0:28:57	4:50	74	12,44	<b>1:18:31</b>	0:00:00
2	*	104	Lurquin Alyssa	0	- geen -	Ottignies	BEL	100	DU23	0:09:13	65	3,25	0:02:38	59	0:36:18	100	29,75	0:02:29	133	0:50:38	94	0:34:00	5:40	115	10,59	<b>1:24:38</b>	0:06:07
3	*	109	Bombey Virginie	0	- geen -	Bousval	BEL	107	DU23	0:08:53	55	3,38	0:02:44	68	0:35:59	98	30,01	0:02:00	103	0:49:36	86	0:36:39	6:07	127	9,82	<b>1:26:15</b>	0:07:44

## Categorie: Jeugd B Heren (H14)

PL	L	PL.	Naam	Licentie	Club	Plaats	Nat	Nr	Cat	Swim	P1	AVG	TR 1	P1	Bike	P1	AVG	TR 2	P1	>S+B	P1	Run	T/Km	P1	AVG	Finish	Gap
1	*	50	Crefcoeur Lievin	56452M99	RCBT	Bruxelles	BEL	150	H14	0:07:54	20	3,80	0:02:05	22	0:34:59	86	30,87	0:01:17	26	0:46:15	53	0:26:24	4:24	46	13,64	<b>1:12:39</b>	0:00:00
2	*	72	Plaza Rodrigue	59352M99	RCBT	Bruxelles	BEL	146	H14	0:08:46	51	3,42	0:02:23	41	0:33:48	71	31,95	0:01:27	46	0:46:24	54	0:30:20	5:03	88	11,87	<b>1:16:44</b>	0:04:05
3	*	75	Frippiat Victor	0	- geen -	Bruxelles	BEL	141	H14	0:09:30	74	3,16	0:03:11	104	0:33:32	68	32,21	0:02:11	115	0:48:24	74	0:29:47	4:58	81	12,09	<b>1:18:11</b>	0:05:32

Tot Dlns: 36

H50: 31

D50: 30

D24: 30

H40: 29

H24: 30

H24: 30

Rks7: 0

Rks8: 0

DNS= Did not Start DNF = Did not Finish DQF = Disqualified

## Categorie: Jeugd A Heren (H16)

PL	L	PL.	Naam	Licentie	Club	Plaats	Nat	Nr	Cat	Swim	P1	AVG	TR 1	P1	Bike	P1	AVG	TR 2	P1	>S+B	P1	Run	T/Km	P1	AVG	Finish	Gap
1	*	13	Bossicard Pierre	56061M97	RCBT	Bruxelles	BEL	6	H16	0:07:15	10	4,14	0:01:57	10	0:29:37	21	36,47	0:01:12	15	0:40:01	15	0:24:42	4:07	27	14,57	<b>1:04:43</b>	0:00:00
2	*	28	Mahaut Tom	59482M97	RCBT	Bruxelles	BEL	26	H16	0:08:47	52	3,42	0:02:27	49	0:30:54	33	34,95	0:01:22	37	0:43:30	32	0:26:02	4:20	38	13,83	<b>1:09:32</b>	0:04:49
3	*	32	Bellemans Leopold	59146M98	RCBT	Bruxelles	BEL	149	H16	0:07:58	22	3,77	0:02:04	17	0:31:20	39	34,47	0:01:32	63	0:42:54	27	0:27:00	4:30	52	13,33	<b>1:09:54</b>	0:05:11

## Categorie: Juniors Heren (H18)

PL	L	PL.	Naam	Licentie	Club	Plaats	Nat	Nr	Cat	Swim	P1	AVG	TR 1	P1	Bike	P1	AVG	TR 2	P1	>S+B	P1	Run	T/Km	P1	AVG	Finish	Gap
1	*	18	Lombaert Mathieu	57757M95	RCBT	Bruxelles	BEL	8	H18	0:07:18	12	4,11	0:02:00	12	0:29:08	18	37,07	0:01:24	39	0:39:50	14	0:25:37	4:16	36	14,05	<b>1:05:27</b>	0:00:00
2	*	19	Karkan Alexandre	0	- geen -	Bruxelles	BEL	9	H18	0:07:27	15	4,03	0:02:19	35	0:29:49	23	36,22	0:01:23	38	0:40:58	17	0:24:45	4:08	28	14,55	<b>1:05:43</b>	0:00:16
3	*	63	Vassart Guy Pascal	0	RCBT	Wemmel	BEL	7	H18	0:07:22	13	4,07	0:02:29	52	0:35:14	89	30,65	0:01:50	92	0:46:55	65	0:27:26	4:34	60	13,12	<b>1:14:21</b>	0:08:54

## Categorie: Seniors Heren (H24)

PL	L	PL.	Naam	Licentie	Club	Plaats	Nat	Nr	Cat	Swim	P1	AVG	TR 1	P1	Bike	P1	AVG	TR 2	P1	>S+B	P1	Run	T/Km	P1	AVG	Finish	Gap
1	*	1	Boland Martin	57510M79	UTT	Bruxelles	BEL	1	H24	0:06:46	4	4,43	0:01:38	1	0:26:34	6	40,65	0:00:58	1	0:35:56	1	0:20:20	3:23	1	17,70	<b>0:56:16</b>	0:00:00
2	*	2	Fremalle Benoit	0	- geen -	Visé	BEL	2	H24	0:06:39	2	4,51	0:01:49	3	0:26:31	5	40,73	0:01:07	6	0:36:06	2	0:22:07	3:41	5	16,28	<b>0:58:13</b>	0:01:57
3	*	3	Liekens Johan	58246M81	BTC	Woluwe St Pierre	BEL	3	H24	0:06:41	3	4,49	0:01:41	2	0:27:43	8	38,97	0:01:04	5	0:37:09	4	0:21:51	3:39	3	16,48	<b>0:59:00</b>	0:02:44

## Categorie: Veteranen 40 Heren (H40)

PL	L	PL.	Naam	Licentie	Club	Plaats	Nat	Nr	Cat	Swim	P1	AVG	TR 1	P1	Bike	P1	AVG	TR 2	P1	>S+B	P1	Run	T/Km	P1	AVG	Finish	Gap
1	*	4	Calle Sebastien	58214M72	RCBT	Uccle	BEL	22	H40	0:07:57	21	3,77	0:01:55	9	0:27:12	7	39,71	0:01:19	29	0:38:23	8	0:21:31	3:35	2	16,73	<b>0:59:54</b>	0:00:00
2	*	6	Dezuttere Laurent	0	- geen -	Braine Le Château	BEL	28	H40	0:07:13	8	4,16	0:01:52	7	0:28:01	14	38,55	0:01:17	25	0:38:23	7	0:22:11	3:42	6	16,23	<b>1:00:34</b>	0:00:40
3	*	10	Huyseune Luc	57370M67	STT	Lahulpe	BEL	27	H40	0:08:03	24	3,73	0:02:06	24	0:27:50	10	38,80	0:01:27	45	0:39:26	12	0:22:17	3:43	8	16,16	<b>1:01:43</b>	0:01:49

## Categorie: Veteranen 50 Heren (H50)

PL	L	PL.	Naam	Licentie	Club	Plaats	Nat	Nr	Cat	Swim	P1	AVG	TR 1	P1	Bike	P1	AVG	TR 2	P1	>S+B	P1	Run	T/Km	P1	AVG	Finish	Gap
1	*	15	Schelkens Philippe	57661M60	RCBT	Watermael Boitsfort	BEL	29	H50	0:08:56	58	3,36	0:02:21	37	0:29:43	22	36,34	0:01:28	52	0:42:28	24	0:22:37	3:46	10	15,92	<b>1:05:05</b>	0:00:00
2	*	27	Haerden Yves	57362M59	BTC	Bruxelles	BEL	30	H50	0:07:09	7	4,20	0:02:19	36	0:31:15	37	34,56	0:01:20	30	0:42:03	20	0:26:54	4:29	51	13,38	<b>1:08:57</b>	0:03:52
3	*	37	Crefcoeur Philippe	58616M64	RCBT	Bruxelles	BEL	72	H50	0:08:41	44	3,45	0:02:42	66	0:31:24	41	34,39	0:01:21	33	0:44:08	36	0:26:09	4:22	40	13,77	<b>1:10:17</b>	0:05:12

## Categorie: Veteranen 60 Heren (H60)

PL	L	PL.	Naam	Licentie	Club	Plaats	Nat	Nr	Cat	Swim	P1	AVG	TR 1	P1	Bike	P1	AVG	TR 2	P1	>S+B	P1	Run	T/Km	P1	AVG	Finish	Gap
1	*	133	Ophoven Eric	0	- geen -	Bruxelles	BEL	152	H60	0:13:41	147	2,19	0:04:35	144	0:40:44	133	26,51	0:01:42	79	1:00:42	140	0:37:06	6:11	129	9,70	<b>1:37:48</b>	0:00:00
2	*	138	Kessler Jose	56304M54	- geen -	Bruxelles	BEL	169	H60	0:11:46	128	2,55	0:04:37	146	0:40:43	132	26,52	0:02:42	138	0:59:48	134	0:39:21	6:34	135	9,15	<b>1:39:09</b>	0:01:21

## Categorie: Under 24 Heren (HU23)

PL	L	PL.	Naam	Licentie	Club	Plaats	Nat	Nr	Cat	Swim	P1	AVG	TR 1	P1	Bike	P1	AVG	TR 2	P1	>S+B	P1	Run	T/Km	P1	AVG	Finish	Gap
1	*	5	Bouillet Louis	56699M93	RCBT	Bruxelles	BEL	10	HU23	0:07:23	14	4,06	0:01:51	5	0:27:53	13	38,73	0:01:12	16	0:38:19	6	0:22:03	3:41	4	16,33	<b>1:00:22</b>	0:00:00
2	*	8	Imbo Gil	59130M93	BIN	Wemmel	BEL	11	HU23	0:07:37	16	3,94	0:02:11	26	0:28:12	16	38,30	0:01:21	34	0:39:21	11	0:22:14	3:42	7	16,19	<b>1:01:35</b>	0:01:13

Tot Dlns: 36 H50: 31 D50: 30 D24: 30 H40: 29 H24: 30 H24: 30 Rks7: 0 Rks8: 0 DNS= Did not Start DNF = Did not Finish DQF = Disqualified

## Categorie: Under 24 Heren (HU23)

PL	L	Pl.	Naam	Licentie	Club	Plaats	Nat	Nr	Cat	Swim	P1	AVG	TR 1	P1	Bike	P1	AVG	TR 2	P1	>S+B	P1	Run	T/Km	P1	AVG	Finish	Gap
3 *	23		Muller Kevin	56711M92	RCBT	Bruxelles	BEL	118	HU23	0:09:53	88	3,04	0:01:52	6	0:30:18	26	35,64	0:01:44	80	0:43:47	34	0:23:53	3:59	17	15,07	<b>1:07:40</b>	0:07:18