

## Result Categorie

Distances: 1500m/40km/10km

CRO:Dirk Bogaert

Starts: Dames 17:03:05-Heren&amp;Trio's: 17:12:50

Website: <http://www.kwarttriatlon.be>

## Categorie: Seniors Dames (D24)

Pl.	Naam	Gemeente	Club	Nr	Cat	PL L	Swim	PI	AVG	Tr 1	PI	Bike	PI	AVG	Tr 2	PI	1 >>4	R 1	PI	R 2	PI	R 3	PI	R Tot	PI	AVG	Finish	Gap
35	Coysman Joke	De Pinte	SJKT	100	D24	1 *	0:22:45	43	3.96	0:00:49	14	1:06:13	62	36.24	0:00:55	29	1:30:42	0:12:52	23	0:12:51	18	0:12:59	27	0:38:42	21	15.50	2:09:24	
88	Cuyvers Vanessa	Brecht	BRTC	103	D24	2 *	0:26:12	109	3.44	0:01:02	47	1:11:00	133	33.80	0:00:58	40	1:39:12	0:13:54	58	0:14:11	46	0:15:00	86	0:43:05	63	13.93	2:22:17	
104	Daneels Evelyn	Oudenaarde	RRT	101	D24	3 *	0:26:54	128	3.35	0:01:08	65	1:10:41	128	33.95	0:01:07	86	1:39:50	0:15:35	119	0:15:51	99	0:15:11	93	0:46:37	97	12.87	2:26:27	

## Categorie: Veteranen 40 Dames (D40)

Pl.	Naam	Gemeente	Club	Nr	Cat	PL L	Swim	PI	AVG	Tr 1	PI	Bike	PI	AVG	Tr 2	PI	1 >>4	R 1	PI	R 2	PI	R 3	PI	R Tot	PI	AVG	Finish	Gap
164	Bylois Conny	Borgerhout	- geen -	108	D40	1 *	0:29:17	173	3.07	0:01:50	168	1:19:49	193	30.07	0:02:22	199	1:53:18	0:15:44	126	0:15:38	95	0:15:41	112	0:47:03	108	12.75	2:40:21	
174	Sterk Nancy	Wilrijk	ATRIAC	124	D40	2 *	0:34:10	214	2.63	0:01:00	43	1:17:05	178	31.14	0:01:08	93	1:53:23	0:16:16	140	0:16:34	124	0:16:12	123	0:49:02	129	12.24	2:42:25	
182	Van Den Driessche Peggy	Schelle	ATRIAC	128	D40	3 *	0:27:54	150	3.23	0:01:02	48	1:21:17	198	29.53	0:01:08	94	1:51:21	0:18:18	189	0:17:47	158	0:17:34	161	0:53:39	171	11.18	2:45:00	

## Categorie: Under 24 Dames (DU23)

Pl.	Naam	Gemeente	Club	Nr	Cat	PL L	Swim	PI	AVG	Tr 1	PI	Bike	PI	AVG	Tr 2	PI	1 >>4	R 1	PI	R 2	PI	R 3	PI	R Tot	PI	AVG	Finish	Gap
111	Torbeyns Fien	Dilbeek	SP&O	102	DU23	1 *	0:22:49	46	3.94	0:00:58	37	1:15:15	168	31.89	0:01:03	65	1:40:05	0:15:48	129	0:16:08	106	0:15:24	102	0:47:20	111	12.68	2:27:25	
121	Vandevoorde Emilie	Wortegem-petegem	ETZ	129	DU23	2 *	0:22:37	40	3.98	0:00:54	24	1:12:21	148	33.17	0:01:03	64	1:36:55	0:15:26	109	0:17:30	150	0:18:49	187	0:51:45	153	11.59	2:28:40	

## Categorie: Juniors Heren (H18)

Pl.	Naam	Gemeente	Club	Nr	Cat	PL L	Swim	PI	AVG	Tr 1	PI	Bike	PI	AVG	Tr 2	PI	1 >>4	R 1	PI	R 2	PI	R 3	PI	R Tot	PI	AVG	Finish	Gap
73	Goubert Cedric	Vilvoorde	TRIBE	79	H18	1 *	0:22:54	50	3.93	0:01:16	82	1:10:09	122	34.21	0:00:52	23	1:35:11	0:14:25	71	0:15:13	81	0:14:36	72	0:44:14	71	13.56	2:19:25	
155	Garmendia Dimitri	Kapelle-op-den-bos	- geen -	233	H18	2 *	0:31:37	198	2.85	0:02:43	212	1:17:36	181	30.93	0:01:01	58	1:52:57	0:14:49	82	0:15:22	87	0:14:22	61	0:44:33	77	13.47	2:37:30	

## Categorie: Seniors Heren (H24)

Pl.	Naam	Gemeente	Club	Nr	Cat	PL L	Swim	PI	AVG	Tr 1	PI	Bike	PI	AVG	Tr 2	PI	1 >>4	R 1	PI	R 2	PI	R 3	PI	R Tot	PI	AVG	Finish	Gap
1	Heemeryck Pieter	Kessel-lo	LTTL	2	H24	1 *	0:17:52	1	5.04	0:00:41	4	0:56:55	1	42.17	0:00:39	3	1:16:07	0:10:16	1	0:10:30	1	0:11:13	4	0:31:59	1	18.76	1:48:06	
2	Geerts Marc	Beringen	ATRIAC	1	H24	2 *	0:18:34	4	4.85	0:00:41	5	0:59:42	7	40.20	0:00:37	1	1:19:34	0:10:37	2	0:11:02	2	0:11:04	2	0:32:43	2	18.34	1:52:17	
3	De Grooff David	Wilrijk	ATRIAC	4	H24	3 *	0:18:37	5	4.83	0:00:41	3	0:59:37	5	40.26	0:00:38	2	1:19:33	0:11:26	7	0:11:36	5	0:11:20	5	0:34:22	4	17.46	1:53:55	

## Categorie: Veteranen 40 Heren (H40)

Pl.	Naam	Gemeente	Club	Nr	Cat	PL L	Swim	PI	AVG	Tr 1	PI	Bike	PI	AVG	Tr 2	PI	1 >>4	R 1	PI	R 2	PI	R 3	PI	R Tot	PI	AVG	Finish	Gap
13	Lanszweert Stefaan	Sint-kruis	TBT	234	H40	1 *	0:23:07	57	3.89	0:00:54	23	1:01:36	18	38.96	0:00:43	8	1:26:20	0:12:20	15	0:12:14	13	0:11:47	9	0:36:21	13	16.51	2:02:41	
14	Sryn Jan	Terhagen	SP&O	8	H40	2 *	0:19:04	7	4.72	0:00:57	34	1:01:35	17	38.97	0:01:02	59	1:22:38	0:13:47	52	0:14:12	47	0:12:54	25	0:40:53	40	14.68	2:03:31	
25	Van Hamme Hugo	Vilvoorde	TRIBE	189	H40	3 *	0:22:22	38	4.02	0:00:56	30	1:04:27	43	37.24	0:00:56	33	1:28:41	0:12:36	20	0:13:08	21	0:13:03	31	0:38:47	23	15.47	2:07:28	

## Categorie: Veteranen 50 Heren (H50)

Pl.	Naam	Gemeente	Club	Nr	Cat	PL	L	Swim	PI	AVG	Tr 1	PI	Bike	PI	AVG	Tr 2	PI	1 >>4	R 1	PI	R 2	PI	R 3	PI	R Tot	PI	AVG	Finish	Gap
41	Lyssens Benny	Kruikeke	WTT	243	H50	1	*	0:22:50	48	3.94	0:01:09	68	1:04:01	37	37.49	0:01:31	152	1:29:31	0:13:25	42	0:14:02	45	0:13:57	49	0:41:24	45	14.49	<b>2:10:55</b>	
47	Van De Poel Jan	Antwerpen	ATRIAC	177	H50	2	*	0:22:47	44	3.95	0:01:08	66	1:04:04	39	37.46	0:00:57	36	1:28:56	0:13:56	59	0:14:44	66	0:15:18	97	0:43:58	67	13.65	<b>2:12:54</b>	
48	Vanoverberghe Patrick	Dendermonde	TTL	206	H50	3	*	0:24:51	81	3.62	0:01:18	87	1:04:55	51	36.97	0:01:11	102	1:32:15	0:13:24	41	0:13:40	35	0:13:47	47	0:40:51	39	14.69	<b>2:13:06</b>	

## Categorie: Veteranen 60 Heren (H60)

Pl.	Naam	Gemeente	Club	Nr	Cat	PL	L	Swim	PI	AVG	Tr 1	PI	Bike	PI	AVG	Tr 2	PI	1 >>4	R 1	PI	R 2	PI	R 3	PI	R Tot	PI	AVG	Finish	Gap
133	Peeters Michel	Sint-niklaas	WTT	260	H60	1	*	0:30:51	187	2.92	0:01:28	114	1:08:02	90	35.28	0:01:40	170	1:42:01	0:16:18	141	0:16:37	126	0:16:20	129	0:49:15	132	12.18	<b>2:31:16</b>	

## Categorie: Under 24 Heren (HU23)

Pl.	Naam	Gemeente	Club	Nr	Cat	PL	L	Swim	PI	AVG	Tr 1	PI	Bike	PI	AVG	Tr 2	PI	1 >>4	R 1	PI	R 2	PI	R 3	PI	R Tot	PI	AVG	Finish	Gap
5	Goetstouwers Stenn	Wuustwezel	SPTC	3	HU23	1	*	0:18:29	3	4.87	0:00:48	13	0:59:40	6	40.22	0:00:43	9	1:19:40	0:11:31	8	0:11:33	4	0:11:41	8	0:34:45	7	17.27	<b>1:54:25</b>	
7	Van De Walle Vincent	Roeselare	ETZ	181	HU23	2	*	0:20:41	17	4.35	0:00:51	18	1:00:39	9	39.57	0:00:40	6	1:22:51	0:11:52	10	0:11:51	8	0:11:10	3	0:34:53	8	17.20	<b>1:57:44</b>	
8	Missinne Maarten	Ardoeie	ITC	151	HU23	3	*	0:21:05	25	4.27	0:00:44	7	1:00:39	10	39.57	0:00:39	4	1:23:07	0:11:20	3	0:11:42	6	0:11:36	7	0:34:38	5	17.32	<b>1:57:45</b>	