

6 Mijl Sportraad Jogging De Haan-Wenduine - 26/07/2013

Afstanden: 1/2 en 1 mijl en 6 en 10 mijl

Starturen: Kids 19u 10mijl:20u 6mijl: 20u10

Refferee: eigen aan de organisiatie

Website: <http://www.sportdienstdehaan.be/>

Result per Categorie

H

| Pl | Cat | Pl. | Nr | Naam/Name | Gemeente | Cat | Club | Tijd/Time | Km/u | Gap |
|----|-----|-----|-----|------------------------|--------------------|-----|------|-----------|-------|---------|
| 1 | | 1 | 14 | Dupont Valerian | Enghien | H | * / | 0:33:53 | 17.09 | 0:00:00 |
| 2 | | 2 | 72 | Bleyaert Bart | Knesselaere | H | * / | 0:35:28 | 16.33 | 0:01:35 |
| 3 | | 3 | 48 | Zeegers Stan | Nederland | H | * / | 0:36:24 | 15.91 | 0:02:31 |
| 4 | | 4 | 138 | Degraeve Carl | Oostende | H | / | 0:37:10 | 15.58 | 0:03:17 |
| 5 | | 5 | 98 | Opsteijn Steven | 0 | H | / | 0:37:15 | 15.54 | 0:03:22 |
| 6 | | 6 | 140 | Bouchal Jiri | Leuven | H | / | 0:37:36 | 15.40 | 0:03:43 |
| 7 | | 7 | 35 | Van De Sande Luc | Muizen | H | / | 0:37:47 | 15.32 | 0:03:54 |
| 8 | | 8 | 80 | Van Campenhout Tom | Machelen (brabant) | H | / | 0:37:58 | 15.25 | 0:04:05 |
| 9 | | 9 | 137 | Coureur Kenny | Brugge | H | / | 0:38:32 | 15.03 | 0:04:39 |
| 10 | | 10 | 132 | Cottignies Sander | Zillebeke | H | / | 0:38:46 | 14.94 | 0:04:53 |
| 11 | | 11 | 21 | Van Hecke Stijn | Hamme | H | / | 0:39:03 | 14.83 | 0:05:10 |
| 12 | | 13 | 76 | Verbeke Bert | 0 | H | / | 0:40:25 | 14.33 | 0:06:32 |
| 13 | | 14 | 51 | Goeminne Nelis | Kruishoutem | H | / | 0:41:00 | 14.12 | 0:07:07 |
| 14 | | 15 | 112 | Verbert Kris | Gelrode | H | / | 0:41:10 | 14.06 | 0:07:17 |
| 15 | | 16 | 45 | Vanhoorezoeke Renzo | Kortrijk | H | / | 0:41:25 | 13.98 | 0:07:32 |
| 16 | | 17 | 107 | Pugliari Yves | Menen | H | / | 0:41:42 | 13.88 | 0:07:49 |
| 17 | | 18 | 75 | De Bruyn Marino | Wommelgem | H | / | 0:42:09 | 13.74 | 0:08:16 |
| 18 | | 20 | 79 | De Rammelaere Didier | Kuurne | H | / | 0:42:33 | 13.61 | 0:08:40 |
| 19 | | 21 | 46 | Wyss Markus | Liestal | H | / | 0:42:42 | 13.56 | 0:08:49 |
| 20 | | 22 | 41 | Van De Voorde Johnny | De Haan | H | / | 0:42:48 | 13.53 | 0:08:55 |
| 21 | | 23 | 81 | Gysels Dirk | Aartselaar | H | / | 0:42:52 | 13.51 | 0:08:59 |
| 22 | | 24 | 134 | Daelemans Carlo | Dilbeek | H | / | 0:43:05 | 13.44 | 0:09:12 |
| 23 | | 25 | 64 | Leyzen Dennis | Wenduine | H | / | 0:43:22 | 13.35 | 0:09:29 |
| 24 | | 26 | 130 | Desmet Steven | Otegem | H | / | 0:43:33 | 13.30 | 0:09:40 |
| 25 | | 27 | 94 | Finck Gere | Merchtem | H | / | 0:43:34 | 13.29 | 0:09:41 |
| 26 | | 28 | 106 | Lefeverre Willy | 0 | H | / | 0:43:35 | 13.28 | 0:09:42 |
| 27 | | 29 | 84 | Timmerman Kurt | 0 | H | / | 0:43:47 | 13.22 | 0:09:54 |
| 28 | | 30 | 66 | Verbeke Filip | De Haan | H | / | 0:43:52 | 13.20 | 0:09:59 |
| 29 | | 32 | 39 | Claeys Rudy | Zomergem | H | / | 0:43:54 | 13.19 | 0:10:01 |
| 30 | | 33 | 50 | Huys Jo | Kruishoutem | H | / | 0:44:19 | 13.07 | 0:10:26 |
| 31 | | 34 | 62 | Vandenwiele Germund | Knokke | H | / | 0:44:38 | 12.97 | 0:10:45 |
| 32 | | 35 | 131 | Riemaeker Ruben | Helchin | H | / | 0:44:41 | 12.96 | 0:10:48 |
| 33 | | 36 | 77 | Derudder Wim | Houtave | H | / | 0:44:47 | 12.93 | 0:10:54 |
| 34 | | 37 | 1 | Claessens Jesse | Schoten | H | / | 0:44:57 | 12.88 | 0:11:04 |
| 35 | | 38 | 70 | Elst Laurens | Huijbergen | H | / | 0:45:07 | 12.83 | 0:11:14 |
| 36 | | 39 | 136 | Maes Jorisje | De Haan | H | / | 0:45:20 | 12.77 | 0:11:27 |
| 37 | | 40 | 5 | Gits Vincente | 0 | H | / | 0:45:30 | 12.73 | 0:11:37 |
| 38 | | 41 | 47 | De Bois Nick | 0 | H | / | 0:45:32 | 12.72 | 0:11:39 |
| 39 | | 42 | 89 | Van Waes Peter | Aardenburg | H | / | 0:45:42 | 12.67 | 0:11:49 |
| 40 | | 43 | 22 | Van Hecke Filip | Hamme (oost Vl.) | H | / | 0:45:50 | 12.63 | 0:11:57 |
| 41 | | 44 | 129 | Jonckheere Thomas | Oostende | H | / | 0:46:42 | 12.40 | 0:12:49 |
| 42 | | 45 | 10 | Cornelis Andy | Halle | H | / | 0:46:48 | 12.37 | 0:12:55 |
| 43 | | 46 | 127 | Deconinck Stijn | Kortrijk | H | / | 0:46:55 | 12.34 | 0:13:02 |
| 44 | | 47 | 128 | Jonckheere Patrick | Oostende | H | / | 0:46:57 | 12.33 | 0:13:04 |
| 45 | | 48 | 53 | Bruykandt Sean Jacques | Geraardsbergen | H | / | 0:46:58 | 12.33 | 0:13:05 |

Result per Categorie

| | | | | | | | | | |
|----|-----|-----|----------------------|-------------------|---|---|---------|-------|---------|
| 46 | 49 | 100 | Mawet Jonathan | Bredene | H | / | 0:47:01 | 12.31 | 0:13:08 |
| 47 | 51 | 17 | De Petter Ronny | Wenduine | H | / | 0:47:08 | 12.28 | 0:13:15 |
| 48 | 53 | 42 | Van Tigchelt Paul | Zoersel | H | / | 0:47:23 | 12.22 | 0:13:30 |
| 49 | 54 | 126 | Algoet Roel | Hoboken (antwerpe | H | / | 0:47:27 | 12.20 | 0:13:34 |
| 50 | 55 | 114 | Kelder Harco Op Den | Maastricht | H | / | 0:47:34 | 12.17 | 0:13:41 |
| 51 | 56 | 143 | Lindedans Zeger | 0 | H | / | 0:47:44 | 12.13 | 0:13:51 |
| 52 | 57 | 118 | Bart Prejent | 0 | H | / | 0:48:03 | 12.05 | 0:14:10 |
| 53 | 58 | 133 | Cottignies Lode | 0 | H | / | 0:48:05 | 12.04 | 0:14:12 |
| 54 | 59 | 111 | Rogiers Luc | 0 | H | / | 0:48:11 | 12.02 | 0:14:18 |
| 55 | 60 | 29 | Huys Guido | Kortrijk | H | / | 0:48:23 | 11.97 | 0:14:30 |
| 56 | 61 | 33 | Nuyts Erik | Adegem | H | / | 0:48:35 | 11.92 | 0:14:42 |
| 57 | 62 | 12 | Moyaerts Glenn | Tienen | H | / | 0:48:48 | 11.86 | 0:14:55 |
| 58 | 63 | 113 | Schelkens Tom | Kessel | H | / | 0:49:04 | 11.80 | 0:15:11 |
| 59 | 64 | 78 | Derudder Sebastiaan | Houtane | H | / | 0:49:06 | 11.79 | 0:15:13 |
| 60 | 65 | 121 | Chevallier Frederic | Vlissegem | H | / | 0:49:07 | 11.79 | 0:15:14 |
| 61 | 67 | 105 | Van Guyse Dirk | Stekene | H | / | 0:49:16 | 11.75 | 0:15:23 |
| 62 | 68 | 90 | Massage Kristof | 0 | H | / | 0:49:17 | 11.75 | 0:15:24 |
| 63 | 69 | 27 | Lonneux Jo | Wenduine | H | / | 0:49:24 | 11.72 | 0:15:31 |
| 64 | 70 | 88 | Tittel Sebastien | Glimesdes | H | / | 0:49:28 | 11.70 | 0:15:35 |
| 65 | 71 | 82 | De Bruycker Wim | Westende | H | / | 0:49:30 | 11.70 | 0:15:37 |
| 66 | 72 | 139 | Fouquet Philippe | Aalter | H | / | 0:49:55 | 11.60 | 0:16:02 |
| 67 | 73 | 61 | Bockaert Koen | 0 | H | / | 0:50:25 | 11.48 | 0:16:32 |
| 68 | 74 | 23 | Sannen Pieter | Ekeren (antwerpen | H | / | 0:50:44 | 11.41 | 0:16:51 |
| 69 | 75 | 67 | Loos Kevin | Huijbergen | H | / | 0:50:48 | 11.40 | 0:16:55 |
| 70 | 76 | 16 | Peters Jan | De Haan | H | / | 0:51:09 | 11.32 | 0:17:16 |
| 71 | 77 | 34 | De Brier Niels | Heverlee | H | / | 0:51:16 | 11.29 | 0:17:23 |
| 72 | 78 | 91 | Deleersnyder Olivier | De Haan | H | / | 0:51:25 | 11.26 | 0:17:32 |
| 73 | 79 | 40 | Vanhevec Reinold | Schaarbeek | H | / | 0:51:40 | 11.21 | 0:17:47 |
| 74 | 81 | 54 | Gryp Nick | Reet | H | / | 0:52:09 | 11.10 | 0:18:16 |
| 75 | 82 | 93 | Peetermans Herman | Dillebeek | H | / | 0:52:18 | 11.07 | 0:18:25 |
| 76 | 83 | 103 | De Ridder Danny | Jette | H | / | 0:52:18 | 11.07 | 0:18:25 |
| 77 | 84 | 7 | D'abbenigno Carlo | De Haan | H | / | 0:52:22 | 11.06 | 0:18:29 |
| 78 | 86 | 123 | Dobbels Kris | De Haan | H | / | 0:52:24 | 11.05 | 0:18:31 |
| 79 | 87 | 31 | Caubergh John | Lanaken | H | / | 0:52:43 | 10.98 | 0:18:50 |
| 80 | 88 | 25 | Rombouts Ronny | Hoogstraten | H | / | 0:53:02 | 10.92 | 0:19:09 |
| 81 | 89 | 2 | Moyaerts Gianni | Vissemaken | H | / | 0:53:06 | 10.90 | 0:19:13 |
| 82 | 90 | 55 | Boes Simon | Turnhout | H | / | 0:53:19 | 10.86 | 0:19:26 |
| 83 | 91 | 119 | Vandenheede Ivan | Blankenberge | H | / | 0:53:26 | 10.84 | 0:19:33 |
| 84 | 92 | 24 | Kerremans Iwan | Beselare | H | / | 0:53:49 | 10.76 | 0:19:56 |
| 85 | 93 | 144 | Verhulst Matthias | 0 | H | / | 0:53:53 | 10.75 | 0:20:00 |
| 86 | 96 | 11 | Ringoot Kevin | Herzele | H | / | 0:53:55 | 10.74 | 0:20:02 |
| 87 | 100 | 142 | Vincke Thibault | 0 | H | / | 0:54:27 | 10.63 | 0:20:34 |
| 88 | 101 | 32 | Broeckaert Kenneth | Nevele | H | / | 0:54:32 | 10.62 | 0:20:39 |
| 89 | 103 | 99 | Brys Dennis | Bredene | H | / | 0:54:41 | 10.59 | 0:20:48 |
| 90 | 105 | 115 | God Christian | Klemskerke | H | / | 0:54:49 | 10.56 | 0:20:56 |
| 91 | 106 | 37 | Samyn Paul | Brugge | H | / | 0:54:54 | 10.55 | 0:21:01 |
| 92 | 107 | 58 | Gabriels Jeffrey | Sint-job-in-'t-go | H | / | 0:55:03 | 10.52 | 0:21:10 |
| 93 | 108 | 430 | Heyns Mieke | Oostkamp | H | / | 0:55:06 | 10.51 | 0:21:13 |
| 94 | 109 | 73 | Detravernier Koen | Wingene | H | / | 0:55:09 | 10.50 | 0:21:16 |
| 95 | 110 | 83 | Van Daele Ronny | Waarschoot | H | / | 0:55:23 | 10.45 | 0:21:30 |
| 96 | 112 | 68 | Loos Joel | Huijbergen | H | / | 0:55:30 | 10.43 | 0:21:37 |
| 97 | 113 | 65 | Hellemond Miel | Antwerpen | H | / | 0:55:36 | 10.41 | 0:21:43 |
| 98 | 115 | 135 | Stevens Nathan | Stekene | H | / | 0:55:47 | 10.38 | 0:21:54 |

Result per Categorie

| | | | | | | | | |
|-----|-----|--------------------------|--------------------|---|---|---------|-------|---------|
| 99 | 116 | 74 Debou Petro | Steenkerke (west) | H | / | 0:55:47 | 10.38 | 0:21:54 |
| 100 | 118 | 49 Van Hoeck Dave | Boechout | H | / | 0:55:52 | 10.36 | 0:21:59 |
| 101 | 120 | 3 Nagels Robert | 0 | H | / | 0:56:05 | 10.32 | 0:22:12 |
| 102 | 122 | 101 Decherf Patrick | De Haan | H | / | 0:56:54 | 10.18 | 0:23:01 |
| 103 | 123 | 97 Wynants Alain | De Haan | H | / | 0:57:33 | 10.06 | 0:23:40 |
| 104 | 124 | 44 Genbrugge Marnix | Beernem | H | / | 0:57:46 | 10.02 | 0:23:53 |
| 105 | 125 | 52 Vanneuville Kurt | Beernem | H | / | 0:57:47 | 10.02 | 0:23:54 |
| 106 | 126 | 20 Sambaer Geert | Kapellen | H | / | 0:57:57 | 9.99 | 0:24:04 |
| 107 | 128 | 86 Dupuis Guy | De Haan | H | / | 0:58:03 | 9.97 | 0:24:10 |
| 108 | 129 | 4 De Pauw | Wommelgem | H | / | 0:58:38 | 9.87 | 0:24:45 |
| 109 | 130 | 8 Creten Frank | De Haan | H | / | 0:58:43 | 9.86 | 0:24:50 |
| 110 | 132 | 18 Van Der Veer Pascal | Deinze | H | / | 0:58:54 | 9.83 | 0:25:01 |
| 111 | 133 | 104 Smauwaert Werner | De Haan | H | / | 0:58:56 | 9.82 | 0:25:03 |
| 112 | 134 | 109 Goeminne Frank | Bredene | H | / | 0:58:56 | 9.82 | 0:25:03 |
| 113 | 137 | 125 Van Landeghem Ilan | De Haan | H | / | 0:59:14 | 9.77 | 0:25:21 |
| 114 | 138 | 63 Rega Rudi | 0 | H | / | 0:59:22 | 9.75 | 0:25:29 |
| 115 | 140 | 629 Van den Bossche Bram | Sint-michiels | H | / | 0:59:49 | 9.68 | 0:25:56 |
| 116 | 141 | 108 Luckermans Tom | 0 | H | / | 0:59:52 | 9.67 | 0:25:59 |
| 117 | 142 | 36 Ghensquiere Wietse | Assebroek | H | / | 1:00:24 | 9.59 | 0:26:31 |
| 118 | 144 | 9 Renmans Jeroen | Keerbergen | H | / | 1:00:27 | 9.58 | 0:26:34 |
| 119 | 149 | 69 Elst Maarten | Huijbergen | H | / | 1:01:23 | 9.43 | 0:27:30 |
| 120 | 150 | 141 Verhulst Kris | Hofstade (oost Vl) | H | / | 1:01:29 | 9.42 | 0:27:36 |
| 121 | 152 | 87 Mortier Dirk | 0 | H | / | 1:01:45 | 9.38 | 0:27:52 |
| 122 | 154 | 85 Steenbeke Patrick | Eeklo | H | / | 1:01:48 | 9.37 | 0:27:55 |
| 123 | 155 | 59 Verachtert Kenny | Sint-job-in-'t-go | H | / | 1:01:49 | 9.37 | 0:27:56 |
| 124 | 156 | 60 Claes Tim | 0 | H | / | 1:01:49 | 9.37 | 0:27:56 |
| 125 | 157 | 110 Clement Marc | Niel | H | / | 1:01:56 | 9.35 | 0:28:03 |
| 126 | 159 | 30 Honorez Nicolas | Wenduine | H | / | 1:02:11 | 9.31 | 0:28:18 |
| 127 | 162 | 95 Van Ooteghem Tom | Sint-andries | H | / | 1:02:41 | 9.24 | 0:28:48 |
| 128 | 163 | 26 Blondel Johny | Aalter | H | / | 1:03:27 | 9.13 | 0:29:34 |
| 129 | 165 | 13 Moyaerts Patrick | Tienen | H | / | 1:03:50 | 9.07 | 0:29:57 |
| 130 | 167 | 165 Onbekend 9 | 0 | H | / | 1:03:53 | 9.06 | 0:30:00 |
| 131 | 168 | 116 Breemersch Peter | De Haan | H | / | 1:03:53 | 9.06 | 0:30:00 |
| 132 | 169 | 117 Vermeire Yves | 0 | H | / | 1:03:53 | 9.06 | 0:30:00 |
| 133 | 170 | 28 Van Passel Henri | Nossegem | H | / | 1:03:59 | 9.05 | 0:30:06 |
| 134 | 171 | 19 De Pauw Yves | 0 | H | / | 1:04:01 | 9.04 | 0:30:08 |
| 135 | 175 | 102 Denoo Geert | Ruddervoorde | H | / | 1:04:45 | 8.94 | 0:30:52 |
| 136 | 176 | 124 Van Landeghem Dany | De Haan | H | / | 1:05:54 | 8.79 | 0:32:01 |
| 137 | 177 | 71 Saidi Abdel | Brussel | H | / | 1:05:59 | 8.77 | 0:32:06 |
| 138 | 185 | 6 Jonckherre Hans | De Haan | H | / | 1:07:00 | 8.64 | 0:33:07 |
| 139 | 186 | 15 Johan Peters | De Haan | H | / | 1:07:01 | 8.64 | 0:33:08 |
| 140 | 187 | 628 Helsen Kristof | 0 | H | / | 1:07:10 | 8.62 | 0:33:17 |
| 141 | 190 | 92 Van Haute Tony | 0 | H | / | 1:07:44 | 8.55 | 0:33:51 |
| 142 | 193 | 43 Demulder Steve | Nieuwmunster | H | / | 1:09:23 | 8.34 | 0:35:30 |
| 143 | 196 | 96 Eelbode Bart | Brugge | H | / | 1:09:43 | 8.31 | 0:35:50 |
| 144 | 197 | 192 Onbekend 16 | 0 | H | / | 1:09:43 | 8.31 | 0:35:50 |
| 145 | 203 | 120 Verplancken Steven | Oostende | H | / | 1:12:22 | 8.00 | 0:38:29 |
| 146 | 206 | 56 De Clerck Jason | Sint-job-in-'t-go | H | / | 1:14:00 | 7.82 | 0:40:07 |
| 147 | 207 | 57 Van De Putte Bjarne | Sint-job-in-'t-go | H | / | 1:14:03 | 7.82 | 0:40:10 |
| 148 | 209 | 626 Crousel Olivier | Zeebrugge | H | / | 1:15:34 | 7.66 | 0:41:41 |
| 149 | 210 | 627 Ongenae Patrick | Zerkgegem | H | / | 1:15:51 | 7.63 | 0:41:58 |

Result per Categorie

D

| Pl | Cat | Pl. | Nr | Naam/Name | Gemeente | Cat Club | Tijd/Time | Km/u | Gap |
|----|-----|-----|-----|--------------------------|----------------|----------|-----------|-------|---------|
| 1 | | 12 | 427 | De Vos Katrien | 0 | D * / | 0:39:24 | 14.70 | 0:05:31 |
| 2 | | 19 | 451 | Deruddere Lies | Wevelgem | D * / | 0:42:32 | 13.61 | 0:08:39 |
| 3 | | 31 | 456 | De Bruycker Carine | Sijsele | D * / | 0:43:54 | 13.19 | 0:10:01 |
| 4 | | 50 | 424 | Degrendel Sofie | Kortrijk | D / | 0:47:08 | 12.28 | 0:13:15 |
| 5 | | 52 | 415 | Crefloeur Brigitte | Vlissemgem | D / | 0:47:21 | 12.23 | 0:13:28 |
| 6 | | 66 | 460 | Dolezalova Vendula | Leuven | D / | 0:49:12 | 11.77 | 0:15:19 |
| 7 | | 80 | 433 | Dressen Sally | Dilsen Stokken | D / | 0:51:43 | 11.20 | 0:17:50 |
| 8 | | 85 | 423 | Levecke Sophie | Oostende | D / | 0:52:23 | 11.05 | 0:18:30 |
| 9 | | 94 | 422 | Caroline Plovier | Brugge | D / | 0:53:54 | 10.74 | 0:20:01 |
| 10 | | 95 | 463 | Marleen Auwaerts | Waasmunster | D / | 0:53:54 | 10.74 | 0:20:01 |
| 11 | | 97 | 411 | Weckhuysen Christa | Nossegem | D / | 0:54:04 | 10.71 | 0:20:11 |
| 12 | | 98 | 420 | Kerckhove Dany | De Haan | D / | 0:54:06 | 10.70 | 0:20:13 |
| 13 | | 99 | 406 | Duclos Anne | Zedelgem | D / | 0:54:13 | 10.68 | 0:20:20 |
| 14 | | 102 | 462 | Corremans Liesl | Herselt | D / | 0:54:36 | 10.60 | 0:20:43 |
| 15 | | 104 | 445 | De Leeuw Elisabeth | Gent | D / | 0:54:44 | 10.58 | 0:20:51 |
| 16 | | 111 | 435 | Verleye Christine | 0 | D / | 0:55:26 | 10.44 | 0:21:33 |
| 17 | | 114 | 436 | Van Vlaenderen Katelijne | De Haan | D / | 0:55:38 | 10.41 | 0:21:45 |
| 18 | | 117 | 417 | Baert Jannik | Blankenberge | D / | 0:55:48 | 10.38 | 0:21:55 |
| 19 | | 119 | 439 | Peeters Bente | Brasschaat | D / | 0:55:58 | 10.35 | 0:22:05 |
| 20 | | 121 | 467 | Lies Griet of Greet 3 | 0 | D / | 0:56:12 | 10.30 | 0:22:19 |
| 21 | | 127 | 403 | Germonpre Chris | De Haan | D / | 0:58:03 | 9.97 | 0:24:10 |
| 22 | | 131 | 453 | Coulier Nel | 0 | D / | 0:58:49 | 9.84 | 0:24:56 |
| 23 | | 135 | 443 | Kestemont Paule | De Haan | D / | 0:59:02 | 9.81 | 0:25:09 |
| 24 | | 136 | 434 | Verstuyft Cecile | De Haan | D / | 0:59:12 | 9.78 | 0:25:19 |
| 25 | | 139 | 419 | Strubbe Annick | Westkerke | D / | 0:59:25 | 9.74 | 0:25:32 |
| 26 | | 143 | 426 | Soete Natacha | 0 | D / | 1:00:24 | 9.59 | 0:26:31 |
| 27 | | 145 | 454 | Helderweird Gonda | 0 | D / | 1:00:51 | 9.52 | 0:26:58 |
| 28 | | 146 | 455 | Snoeck Mieke | Gavere | D / | 1:00:51 | 9.52 | 0:26:58 |
| 29 | | 147 | 414 | Glaude Martine | Brugge | D / | 1:01:00 | 9.49 | 0:27:07 |
| 30 | | 148 | 409 | Verbruggen Jolien | Merelbeke | D / | 1:01:11 | 9.46 | 0:27:18 |
| 31 | | 151 | 413 | Sprenger Ingrid | Lanaken | D / | 1:01:42 | 9.38 | 0:27:49 |
| 32 | | 153 | 425 | De Baedts Marianne | Eeklo | D / | 1:01:48 | 9.37 | 0:27:55 |
| 33 | | 158 | 449 | Mutert Stien | Berlaar | D / | 1:02:09 | 9.32 | 0:28:16 |
| 34 | | 160 | 447 | Van Der Zijde Corrier | 0 | D / | 1:02:13 | 9.31 | 0:28:20 |
| 35 | | 161 | 428 | Marijke Vanparys | Knokke-heist | D / | 1:02:41 | 9.24 | 0:28:48 |
| 36 | | 164 | 408 | Bossier Sophie | De Haan | D / | 1:03:41 | 9.09 | 0:29:48 |
| 37 | | 166 | 450 | Vanmarcke Gwenda | Brugge | D / | 1:03:53 | 9.06 | 0:30:00 |
| 38 | | 172 | 466 | Lies Griet of Greet 2 | 0 | D / | 1:04:15 | 9.01 | 0:30:22 |
| 39 | | 173 | 465 | Lies Griet of Greet 1 | 0 | D / | 1:04:16 | 9.01 | 0:30:23 |
| 40 | | 174 | 421 | Troch Katleen | Laken | D / | 1:04:25 | 8.99 | 0:30:32 |
| 41 | | 178 | 402 | Vanassche Sabine | Wenduine | D / | 1:06:10 | 8.75 | 0:32:17 |
| 42 | | 179 | 401 | Van Goethem Carine | De Haan | D / | 1:06:11 | 8.75 | 0:32:18 |
| 43 | | 180 | 441 | Wynants Brigitte | De Haan | D / | 1:06:24 | 8.72 | 0:32:31 |
| 44 | | 181 | 457 | Simoens Saskia | De Haan | D / | 1:06:43 | 8.68 | 0:32:50 |
| 45 | | 182 | 448 | Zels Julie | Gent | D / | 1:06:46 | 8.67 | 0:32:53 |
| 46 | | 183 | 442 | Vandenbriele Mia | 0 | D / | 1:06:57 | 8.65 | 0:33:04 |
| 47 | | 184 | 452 | Vandenbriele Dorine | De Haan | D / | 1:06:59 | 8.64 | 0:33:06 |
| 48 | | 188 | 412 | Van binst Machteld | Melsbroek | D / | 1:07:27 | 8.58 | 0:33:34 |
| 49 | | 189 | 407 | Van Broeck Els | Wenduine | D / | 1:07:37 | 8.56 | 0:33:44 |
| 50 | | 191 | 405 | Dekeyser Amelie | Nazareth | D / | 1:09:07 | 8.38 | 0:35:14 |

Result per Categorie

| | | | | | | | | | |
|----|-----|-----|-----------------------|--------------|---|---|---------|------|---------|
| 51 | 192 | 459 | Buysse Carine | Waasmunster | D | / | 1:09:10 | 8.37 | 0:35:17 |
| 52 | 194 | 416 | Museeuw Kira | Nieuwmunster | D | / | 1:09:23 | 8.34 | 0:35:30 |
| 53 | 195 | 437 | Flockman Reine | 0 | D | / | 1:09:42 | 8.31 | 0:35:49 |
| 54 | 198 | 464 | Annelies Vranken | 0 | D | / | 1:10:24 | 8.22 | 0:36:31 |
| 55 | 199 | 458 | Van Assche Hilde | De Haan | D | / | 1:10:30 | 8.21 | 0:36:37 |
| 56 | 200 | 446 | Chirstine Lenaerts | Gent | D | / | 1:10:42 | 8.19 | 0:36:49 |
| 57 | 201 | 438 | Vanhaeren Edith | De Haan | D | / | 1:10:45 | 8.18 | 0:36:52 |
| 58 | 202 | 440 | Verelst Arlette | De Haan | D | / | 1:11:06 | 8.14 | 0:37:13 |
| 59 | 204 | 461 | Janssens Debby | Stekene | D | / | 1:12:34 | 7.98 | 0:38:41 |
| 60 | 205 | 432 | Rombauts Kristel | Vilvoorde | D | / | 1:12:34 | 7.98 | 0:38:41 |
| 61 | 208 | 429 | Schoolmeesters Marina | Wilsele | D | / | 1:14:43 | 7.75 | 0:40:50 |
| 62 | 211 | 431 | Lippens Martine | Wingene | D | / | 1:16:17 | 7.59 | 0:42:24 |
| 63 | 212 | 418 | Van Deuren Ingrid | Brasschaat | D | / | 1:16:32 | 7.57 | 0:42:39 |
| 64 | 213 | 444 | De Leeu Marijke | Zingem | D | / | 1:19:29 | 7.28 | 0:45:36 |
| 65 | 214 | 404 | Renmans Janne | Keerbergen | D | / | 1:28:17 | 6.56 | 0:54:24 |