

# 1/8 Triatlon Non Drafting - Balen

1/09/2013

## Result Categorie

Distances: 500/20/5  
CRO: Paul Friant

Starts: 13:11:00 Iedereen  
Website: <http://www.triamo.be>

### Categorie: Jeugd A Heren (H16)

PL	L	PL	Naam	Licentie	Club	Plaats	Nat	Nr	Cat	Swim	P1	AVG	TR 1	P1	Bike	P1	AVG	TR 2	P1	>S+B	P1	Run	T/Km	P1	AVG	Finish	Gap	
1	*	9	Wouters Joery	03244M96	LT	Lommel		355	H16	0:04:56	10	6.08	0:00:50	32	0:39:56	14	30.05	0:00:28	15	0:46:10	9	0:21:01	4:12	17	14.27	<b>1:07:11</b>	0:00:00	
2	*	10	Mertens Yannis	07417M96	SPTC	Wuustwezel		274	H16	0:04:59	12	6.02	0:00:50	20	0:39:42	12	30.23	0:00:27	12	0:45:58	8	0:21:35	4:19	24	13.90	<b>1:07:33</b>	0:00:22	
3	*	12	Wera Joachim	08869M96	TDL	Herent		351	H16	0:04:28	2	6.72	0:00:50	24	0:41:12	38	29.13	0:00:39	50	0:47:09	14	0:20:33	4:07	13	14.60	<b>1:07:42</b>	0:00:31	
4		18	Porters Matthew	02719M96	ATRIAC	Antwerpen		284	H16	0:04:26	1	6.77	0:00:50	26	0:40:53	33	29.35	0:00:22	3	0:46:31	12	0:21:58	4:24	26	13.66	<b>1:08:29</b>	0:01:18	
5		25	Slootmans Ian	07466M96	TRILLE	Vorselaar		294	H16	0:05:41	29	5.28	0:00:46	11	0:40:27	20	29.67	0:00:30	19	0:47:24	17	0:22:23	4:29	33	13.40	<b>1:09:47</b>	0:02:36	
6		26	Thijs Nick	09017M96	TRINITY	Kapellen		307	H16	0:05:34	27	5.39	0:01:01	55	0:41:09	37	29.16	0:00:48	78	0:48:32	30	0:21:19	4:16	20	14.07	<b>1:09:51</b>	0:02:40	
7		32	Van Pelt Matthias	08832M96	ATRIAC	Hoboken		362	H16	0:05:45	31	5.22	0:00:46	10	0:41:06	36	29.20	0:00:34	30	0:48:11	24	0:22:48	4:34	43	13.16	<b>1:10:59</b>	0:03:48	
8		47	Sprangers Nick	06726M97	MTR	Meer		298	H16	0:05:26	20	5.52	0:00:40	1	0:42:45	56	28.07	0:00:39	49	0:49:30	37	0:23:59	4:48	65	12.51	<b>1:13:29</b>	0:06:18	
9		52	Docquir Elias	02958M96	SP&O	Kampenhout		238	H16	0:05:17	17	5.68	0:00:40	3	0:43:22	62	27.67	0:00:21	2	0:49:40	38	0:25:01	5:00	81	11.99	<b>1:14:41</b>	0:07:30	
10		59	Van Baelen Jan	07358M96	TML	Mol		312	H16	0:05:45	32	5.22	0:00:57	49	0:44:18	75	27.09	0:01:33	133	0:52:33	63	0:23:21	4:40	50	12.85	<b>1:15:54</b>	0:08:43	
11		92	Gommers Robbe	0	- geen -	Kessel-lo		247	H16	0:07:14	87	4.15	0:01:26	92	0:44:37	79	26.90	0:02:28	143	0:55:45	92	0:25:53	5:11	93	11.59	<b>1:21:38</b>	0:14:27	
12		107	Frickx Yentl	0	- geen -	Herent		240	H16	0:05:43	30	5.25	0:01:21	90	0:48:36	116	24.69	0:00:36	38	0:56:16	98	0:28:19	5:40	119	10.59	<b>1:24:35</b>	0:17:24	
			DNS Bram Cleynens		- geen -	Dendermonde		216	H16																			
			DNS Kenyo De Graef		- geen -	Dendermonde		260	H16																			

### Categorie: Juniors Heren (H18)

PL	L	PL	Naam	Licentie	Club	Plaats	Nat	Nr	Cat	Swim	P1	AVG	TR 1	P1	Bike	P1	AVG	TR 2	P1	>S+B	P1	Run	T/Km	P1	AVG	Finish	Gap	
1	*	1	Swannet Frederik	03096M95	GETC	Beerse		302	H18	0:04:37	3	6.50	0:00:50	33	0:38:18	2	31.33	0:00:24	5	0:44:09	1	0:18:53	3:47	2	15.89	<b>1:03:02</b>	0:00:00	
2	*	4	Verluyten Laurens	02702M95	GETC	Laakdal		339	H18	0:04:51	9	6.19	0:00:50	27	0:38:12	1	31.41	0:00:25	6	0:44:18	2	0:20:18	4:04	12	14.78	<b>1:04:36</b>	0:01:34	
3	*	17	Laleman Kobe	02942M94	LTTL	Deinze		264	H18	0:04:45	6	6.32	0:00:50	25	0:41:35	44	28.86	0:00:27	11	0:47:37	20	0:20:49	4:10	15	14.41	<b>1:08:26</b>	0:05:24	
4		44	De Wachter Jonas	08937M95	SP&O	Willebroek		232	H18	0:06:13	46	4.83	0:01:02	60	0:41:25	41	28.97	0:00:45	69	0:49:25	36	0:23:53	4:47	63	12.56	<b>1:13:18</b>	0:10:16	
5		61	Meeusen Nick	0	- geen -	Meer		271	H18	0:06:37	63	4.53	0:01:39	111	0:40:59	34	29.28	0:00:55	95	0:50:10	44	0:26:10	5:14	100	11.46	<b>1:16:20</b>	0:13:18	
6		85	Van Roey Stefan	08877M94	BRTC	Schoten		327	H18	0:08:13	120	3.65	0:01:34	105	0:43:42	71	27.46	0:01:24	128	0:54:53	82	0:25:40	5:08	90	11.69	<b>1:20:33</b>	0:17:31	
			DNS Delobelle Guillaume		NLT	Escanaffles		233	H18																			

### Categorie: Seniors Heren (H24)

PL	L	PL	Naam	Licentie	Club	Plaats	Nat	Nr	Cat	Swim	P1	AVG	TR 1	P1	Bike	P1	AVG	TR 2	P1	>S+B	P1	Run	T/Km	P1	AVG	Finish	Gap
1	*	3	Baelus Tim	07324M86	GETC	Beerse		206	H24	0:04:41	4	6.41	0:00:50	23	0:38:23	3	31.26	0:00:26	7	0:44:20	3	0:19:17	3:51	5	15.56	<b>1:03:37</b>	0:00:00
2	*	6	De Wever Stef	0	- geen -	0		359	H24	0:05:54	35	5.08	0:00:55	42	0:39:11	8	30.63	0:00:30	18	0:46:30	11	0:19:29	3:54	6	15.40	<b>1:05:59</b>	0:02:22
3	*	7	Bernar Gunther	0	- geen -	Aarschot		209	H24	0:05:51	34	5.13	0:00:50	30	0:38:32	5	31.14	0:00:41	62	0:45:54	6	0:20:14	4:03	11	14.83	<b>1:06:08</b>	0:02:31
4		11	Sels Werry	0	- geen -	Vorselaar		293	H24	0:06:46	67	4.43	0:00:57	51	0:40:00	16	30.00	0:00:48	75	0:48:31	29	0:19:07	3:49	3	15.69	<b>1:07:38</b>	0:04:01
5		13	Wijns Philippe	05338M76	ZT	Itegem		352	H24	0:05:28	23	5.49	0:00:43	5	0:40:37	25	29.54	0:00:30	17	0:47:18	16	0:20:42	4:08	14	14.49	<b>1:08:00</b>	0:04:23

Dln: 169

DNS= Did not Start DNF = Did not Finish DQF = Disqualified

## Categorie: Seniors Heren (H24)

PL	L	PL	Naam	Licentie	Club	Plaats	Nat	Nr	Cat	Swim	P1	AVG	TR 1	P1	Bike	P1	AVG	TR 2	P1	>S+B	P1	Run	T/Km	P1	AVG	Finish	Gap
6	15		Van Houdt Wim	06929M85	TRINITY	Borgerhout		323	H24	0:06:26	55	4.66	0:00:47	12	0:39:32	10	30.35	0:06:00	144	0:52:45	64	0:15:32	3:06	1	19.31	<b>1:08:17</b>	0:04:40
7	16		Vermeulen Maarten	0	- geen -	Aarschot		343	H24	0:06:01	39	4.99	0:00:54	39	0:41:26	43	28.96	0:00:30	20	0:48:51	33	0:19:32	3:54	7	15.36	<b>1:08:23</b>	0:04:46
8	19		De Schouwer Senne	07825M87	SP&O	Mechelen		230	H24	0:05:01	13	5.98	0:00:48	17	0:40:08	18	29.90	0:00:28	14	0:46:25	10	0:22:23	4:29	35	13.40	<b>1:08:48</b>	0:05:11
9	20		Knapen Dennis	01095M79	KTT	Beerzel		354	H24	0:06:00	37	5.00	0:00:47	13	0:40:06	17	29.93	0:00:44	65	0:47:37	19	0:21:20	4:16	21	14.06	<b>1:08:57</b>	0:05:20
10	21		Grijp Tom	0	- geen -	Balen		250	H24	0:05:50	33	5.14	0:00:45	7	0:39:32	11	30.35	0:00:37	43	0:46:44	13	0:22:34	4:31	38	13.29	<b>1:09:18</b>	0:05:41
11	23		Appels Alexander	07021M82	BTT	Turnhout		364	H24	0:05:23	18	5.57	0:00:52	35	0:40:34	24	29.58	0:00:54	92	0:47:43	23	0:21:41	4:20	25	13.84	<b>1:09:24</b>	0:05:47
12	27		Vangrunderbeek Sebastian	07785M84	TDW	Welle		333	H24	0:06:03	42	4.96	0:00:47	16	0:41:22	40	29.01	0:00:36	39	0:48:48	32	0:21:09	4:14	19	14.18	<b>1:09:57</b>	0:06:20
13	28		Van Gestel Jens	07221M88	TML	Balen		321	H24	0:05:26	19	5.52	0:00:55	44	0:40:44	28	29.46	0:00:37	42	0:47:42	22	0:22:40	4:32	40	13.24	<b>1:10:22</b>	0:06:45
14	29		Wouters Bert	0	- geen -	Hechtel		357	H24	0:07:50	107	3.83	0:01:17	82	0:40:26	19	29.68	0:00:56	96	0:50:29	48	0:20:01	4:00	9	14.99	<b>1:10:30</b>	0:06:53
15	31		Sanders Sören	07542M87	DTTA	Dendermonde		290	H24	0:04:50	8	6.21	0:01:02	58	0:41:05	35	29.21	0:01:30	131	0:48:27	28	0:22:30	4:30	36	13.33	<b>1:10:57</b>	0:07:20
16	33		De Schouwer Arne	0	- geen -	Gent		229	H24	0:05:32	26	5.42	0:00:51	34	0:40:38	26	29.53	0:00:38	48	0:47:39	21	0:23:24	4:41	52	12.82	<b>1:11:03</b>	0:07:26
17	34		Joosten Nico	0	- geen -	Kontich		255	H24	0:06:59	74	4.30	0:00:47	14	0:40:51	32	29.38	0:00:34	31	0:49:11	34	0:22:03	4:25	28	13.61	<b>1:11:14</b>	0:07:37
18	36		Bouwens Steven	06030M79	SP&O	Mechelen		213	H24	0:06:28	57	4.64	0:00:53	38	0:40:30	21	29.63	0:00:35	36	0:48:26	27	0:23:11	4:38	49	12.94	<b>1:11:37</b>	0:08:00
19	39		Clauwaert Kevin	07389M87	KTT	Oelegem		221	H24	0:06:03	41	4.96	0:00:47	15	0:42:28	52	28.26	0:00:44	68	0:50:02	41	0:23:05	4:37	47	13.00	<b>1:13:07</b>	0:09:30
20	41		Mentens Jimmy	0	- geen -	Helchteren		272	H24	0:07:53	110	3.81	0:01:19	84	0:42:10	48	28.46	0:00:42	63	0:52:04	59	0:21:07	4:13	18	14.21	<b>1:13:11</b>	0:09:34
21	49		Peeraer Bo	0	- geen -	Beerse		282	H24	0:06:22	52	4.71	0:01:42	114	0:41:47	46	28.72	0:00:55	94	0:50:46	50	0:23:05	4:37	46	13.00	<b>1:13:51</b>	0:10:14
22	50		De Bie Erwin	02010M74	GETC	Geel		226	H24	0:08:01	111	3.74	0:00:41	4	0:42:20	50	28.35	0:00:35	32	0:51:37	55	0:22:21	4:28	32	13.42	<b>1:13:58</b>	0:10:21
23	51		Boxstaens Koen	0	- geen -	Lichtaart		214	H24	0:07:45	103	3.87	0:01:13	74	0:40:34	23	29.58	0:00:52	90	0:50:24	47	0:23:40	4:44	57	12.68	<b>1:14:04</b>	0:10:27
24	54		Vermaelen Steven	0	- geen -	Sint-truiden		340	H24	0:08:27	128	3.55	0:01:49	122	0:40:34	22	29.58	0:00:35	35	0:51:25	54	0:23:44	4:45	58	12.64	<b>1:15:09</b>	0:11:32
25	55		Knoll Bart	08267M80	TRINITY	Schoten		261	H24	0:06:29	59	4.63	0:01:16	81	0:42:32	53	28.21	0:01:58	141	0:52:15	61	0:23:07	4:37	48	12.98	<b>1:15:22</b>	0:11:45
26	57		Van Genechten Niels	0	- geen -	Geel		320	H24	0:07:33	97	3.97	0:00:56	46	0:43:21	61	27.68	0:01:03	110	0:52:53	65	0:22:32	4:30	37	13.31	<b>1:15:25</b>	0:11:48
27	58		Vleminx Kevin	0	- geen -	Meerhout		345	H24	0:07:26	93	4.04	0:01:19	86	0:43:22	63	27.67	0:01:01	108	0:53:08	66	0:22:41	4:32	41	13.23	<b>1:15:49</b>	0:12:12
28	65		Juliens Aaron	0	- geen -	Mechelen		258	H24	0:07:00	75	4.29	0:00:55	41	0:43:35	67	27.53	0:00:31	23	0:52:01	58	0:24:49	4:58	75	12.09	<b>1:16:50</b>	0:13:13
29	66		Lodewijckx Robby	0	- geen -	Olmen		268	H24	0:06:52	71	4.37	0:01:13	73	0:43:10	60	27.80	0:00:41	56	0:51:56	57	0:25:06	5:01	82	11.95	<b>1:17:02</b>	0:13:25
30	67		Theeuws Johannes	0	- geen -	Veerle		369	H24	0:07:23	91	4.06	0:01:47	119	0:43:38	69	27.50	0:00:57	98	0:53:45	71	0:23:33	4:43	56	12.74	<b>1:17:18</b>	0:13:41
31	69		Van Echelpoel Guy	0	- geen -	Lille		318	H24	0:08:50	131	3.40	0:00:49	18	0:44:42	81	26.85	0:01:04	113	0:55:25	88	0:22:52	4:34	44	13.12	<b>1:18:17</b>	0:14:40
32	70		Lemmens Kristof	0	- geen -	Bree		266	H24	0:08:16	124	3.63	0:01:20	89	0:43:24	64	27.65	0:00:58	100	0:53:58	74	0:24:36	4:55	70	12.20	<b>1:18:34</b>	0:14:57
33	74		Vankrunkelsven Jelle	08275M86	TCTS	Beringen		334	H24	0:06:01	38	4.99	0:01:43	115	0:45:31	91	26.36	0:00:46	72	0:54:01	75	0:25:19	5:04	83	11.85	<b>1:19:20</b>	0:15:43
34	75		Mariën Jan	0	- geen -	Balen		270	H24	0:07:00	76	4.29	0:01:14	77	0:45:30	90	26.37	0:00:45	70	0:54:29	77	0:24:53	4:59	76	12.06	<b>1:19:22</b>	0:15:45
35	76		Cautaerts Jelle	07962M87	TDW	Pollare		218	H24	0:06:52	70	4.37	0:00:50	21	0:45:05	87	26.62	0:00:39	54	0:53:26	69	0:25:57	5:11	96	11.56	<b>1:19:23</b>	0:15:46
36	78		Peeters Erik	0	- geen -	0		368	H24	0:08:17	125	3.62	0:01:31	99	0:42:42	55	28.10	0:00:49	84	0:53:19	68	0:26:23	5:17	102	11.37	<b>1:19:42</b>	0:16:05
37	80		Andries Laurent	0	- geen -	Herentals		205	H24	0:07:52	109	3.81	0:01:39	113	0:45:01	85	26.66	0:00:33	27	0:55:05	85	0:24:47	4:57	74	12.10	<b>1:19:52</b>	0:16:15
38	81		Bracke Sam	0	- geen -	Aalst		215	H24	0:07:18	89	4.11	0:01:18	83	0:44:12	74	27.15	0:00:52	89	0:53:40	70	0:26:37	5:19	104	11.27	<b>1:20:17</b>	0:16:40
39	82		Swinnen Joris	0	- geen -	Meerhout		304	H24	0:07:49	105	3.84	0:01:49	123	0:44:35	77	26.92	0:01:16	120	0:55:29	89	0:24:53	4:59	78	12.06	<b>1:20:22</b>	0:16:45
40	88		Ooms Steven	0	- geen -	Mol		281	H24	0:07:12	84	4.17	0:01:48	121	0:46:36	98	25.75	0:01:01	107	0:56:37	100	0:24:08	4:50	66	12.43	<b>1:20:45</b>	0:17:08
41	89		Saidi Mazarou Nordine	0	- geen -	Antwerpen		288	H24	0:08:22	127	3.59	0:03:14	145	0:42:54	57	27.97	0:01:06	116	0:55:36	91	0:25:29	5:06	85	11.77	<b>1:21:05</b>	0:17:28

Dln: 169

DNS= Did not Start DNF = Did not Finish DQF = Disqualified

## Categorie: Seniors Heren (H24)

PL	L	PL	Naam	Licentie	Club	Plaats	Nat	Nr	Cat	Swim	P1	AVG	TR 1	P1	Bike	P1	AVG	TR 2	P1	>S+B	P1	Run	T/Km	P1	AVG	Finish	Gap
42		90	Vos Wim	0	- geen -	Beerzel		349	H24	0:07:29	94	4.01	0:01:37	108	0:46:21	96	25.89	0:00:59	103	0:56:26	99	0:24:41	4:56	72	12.15	<b>1:21:07</b>	0:17:30
43		94	Bal Glen	0	- geen -	Westerlo		207	H24	0:08:15	122	3.64	0:01:52	127	0:44:50	84	26.77	0:01:02	109	0:55:59	96	0:25:52	5:10	92	11.60	<b>1:21:51</b>	0:18:14
44		99	Verhoeven Peter	08860M75	LT	Lommel		337	H24	0:08:02	112	3.73	0:01:19	85	0:44:36	78	26.91	0:01:00	106	0:54:57	83	0:27:17	5:27	109	11.00	<b>1:22:14</b>	0:18:37
45		100	Vermeulen Jan	0	- geen -	Hechtel		342	H24	0:09:36	141	3.13	0:01:28	96	0:44:44	83	26.83	0:00:50	85	0:56:38	101	0:25:39	5:08	88	11.70	<b>1:22:17</b>	0:18:40
46		101	Gommers Koen	0	- geen -	Wilsele		248	H24	0:07:51	108	3.82	0:01:30	98	0:48:21	115	24.82	0:00:59	102	0:58:41	118	0:23:58	4:48	64	12.52	<b>1:22:39</b>	0:19:02
47		103	Theunis Ben	0	- geen -	Antwerpen		305	H24	0:06:51	69	4.38	0:02:38	140	0:49:04	121	24.46	0:01:06	115	0:59:39	122	0:23:52	4:46	61	12.57	<b>1:23:31</b>	0:19:54
48		104	De Ceuster Geert	03618M76	LT	Lommel		227	H24	0:07:01	77	4.28	0:01:54	128	0:44:43	82	26.84	0:01:33	135	0:55:11	86	0:28:24	5:41	120	10.56	<b>1:23:35</b>	0:19:58
49		106	Bongaers Bart	09038M79	LT	Lommel		211	H24	0:06:14	48	4.81	0:01:48	120	0:46:00	95	26.09	0:01:20	124	0:55:22	87	0:28:59	5:48	123	10.35	<b>1:24:21</b>	0:20:44
50		113	Gouweloose Wietse	0	- geen -	Nijlen		249	H24	0:07:09	81	4.20	0:02:00	133	0:47:30	105	25.26	0:00:52	91	0:57:31	108	0:28:30	5:42	121	10.53	<b>1:26:01</b>	0:22:24
51		122	Van Loon Simon	0	- geen -	Turnhout		324	H24	0:08:03	115	3.73	0:01:46	117	0:54:21	135	22.08	0:00:48	76	1:04:58	135	0:23:50	4:46	60	12.59	<b>1:28:48</b>	0:25:11
52		142	Maes Erwin	0	- geen -	Mol		360	H24	0:11:50	146	2.54	0:02:54	143	0:56:49	143	21.12	0:00:37	40	1:12:10	143	0:27:22	5:28	110	10.96	<b>1:39:32</b>	0:35:55
53		143	Claes Luc	0	- geen -	Olmen		219	H24	0:13:14	147	2.27	0:03:01	144	0:55:47	141	21.51	0:00:27	8	1:12:29	144	0:27:32	5:30	112	10.90	<b>1:40:01</b>	0:36:24
			DQF Ghijsselinck Christophe		- geen -	Brussels		243	H24	0:07:44		3.88	0:01:21		0:43:47		27.41	0:00:45		0:53:37		0:25:36	5:07		11.72	<b>1:19:13</b>	0:15:36
			DNF Lennert Jacobs	0	- geen -	Diest		267	H24	0:05:29	24	5.47	0:01:05	67													
			DNS Weets Joost		WTT	Herent		350	H24																		
			DNS Schoofs Lode		- geen -	Huizingen		292	H24																		
			DNS Didden Matthias		- geen -	Diest		235	H24																		
			DNS Schmidt Maarten		- geen -	Vorst		291	H24																		
			DNS Heylen Kristof		- geen -	Lier		253	H24																		
			DNS Borremans Johan		- geen -	Halle		212	H24																		

## Categorie: Veteranen 40 Heren (H40)

PL	L	PL	Naam	Licentie	Club	Plaats	Nat	Nr	Cat	Swim	P1	AVG	TR 1	P1	Bike	P1	AVG	TR 2	P1	>S+B	P1	Run	T/Km	P1	AVG	Finish	Gap
1	*	8	Wollants Wies	00485M65	GLH	Testelt		353	H40	0:05:09	14	5.83	0:00:53	36	0:39:13	9	30.60	0:00:41	61	0:45:56	7	0:20:57	4:11	16	14.32	<b>1:06:53</b>	0:00:00
2	*	22	Bens Koen	00315M70	GETC	Geel		208	H40	0:06:41	65	4.49	0:00:55	43	0:38:53	6	30.86	0:00:40	55	0:47:09	15	0:22:13	4:27	30	13.50	<b>1:09:22</b>	0:02:29
3	*	35	Mertens Kristiaan	04418M65	SPTC	Wuustwezel		275	H40	0:06:33	61	4.58	0:01:02	61	0:41:43	45	28.77	0:00:35	33	0:49:53	40	0:21:32	4:18	23	13.93	<b>1:11:25</b>	0:04:32
4		40	Rosseau Wim	00725M66	KTT	Kruibeke		287	H40	0:06:48	68	4.41	0:00:59	54	0:39:58	15	30.03	0:00:32	26	0:48:17	25	0:24:53	4:59	77	12.06	<b>1:13:10</b>	0:06:17
5		42	Van Herck Luc	0	- geen -	Retie		322	H40	0:08:11	118	3.67	0:00:57	53	0:40:44	29	29.46	0:00:41	60	0:50:33	49	0:22:39	4:32	39	13.25	<b>1:13:12</b>	0:06:19
6		48	Sprangers Ruud	06719M64	MTR	Meer		299	H40	0:06:28	56	4.64	0:01:27	94	0:41:22	39	29.01	0:00:48	77	0:50:05	42	0:23:28	4:42	55	12.78	<b>1:13:33</b>	0:06:40
7		63	Cuppens Evert	0	- geen -	Balen		225	H40	0:07:13	85	4.16	0:00:50	29												<b>1:16:33</b>	0:09:40
8		64	Geys Jurgen	0	- geen -	Leopoldsburg		242	H40	0:07:10	82	4.19	0:02:08	136	0:43:37	68	27.51	0:01:00	104	0:53:55	73	0:22:45	4:33	42	13.19	<b>1:16:40</b>	0:09:47
9		72	Ghys Nand	0	- geen -	Kasterlee		244	H40	0:06:39	64	4.51	0:01:47	118	0:44:31	76	26.96	0:00:54	93	0:53:51	72	0:24:58	5:00	79	12.02	<b>1:18:49</b>	0:11:56
10		83	Van Stappen Chris	0	- geen -	Wilrijk		328	H40	0:07:30	96	4.00	0:01:50	126	0:43:25	65	27.64	0:02:15	142	0:55:00	84	0:25:25	5:05	84	11.80	<b>1:20:25</b>	0:13:32
11		86	Lehaen Steven	07149M71	LT	Lommel		265	H40	0:06:35	62	4.56	0:01:38	109	0:45:29	89	26.38	0:00:58	99	0:54:40	79	0:25:54	5:11	94	11.58	<b>1:20:34</b>	0:13:41
12		105	Adriaens Herman	0	- geen -	Balen		202	H40	0:08:06	117	3.70	0:01:59	130	0:46:38	100	25.73	0:00:24	4	0:57:07	103	0:26:57	5:23	107	11.13	<b>1:24:04</b>	0:17:11
13		115	Dierckx Marc	0	- geen -	Nijlen		236	H40	0:10:46	144	2.79	0:01:10	72	0:47:51	110	25.08	0:00:38	47	1:00:25	124	0:26:09	5:14	99	11.47	<b>1:26:34</b>	0:19:41

Dln: 169

DNS= Did not Start DNF = Did not Finish DQF = Disqualified

## Categorie: Veteranen 40 Heren (H40)

PL	L	PL.	Naam	Licentie	Club	Plaats	Nat	Nr	Cat	Swim	P1	AVG	TR 1	P1	Bike	P1	AVG	TR 2	P1	>S+B	P1	Run	T/Km	P1	AVG	Finish	Gap
14		118	Kenis Bert	0	- geen -	Olmen		259	H40	0:09:26	137	3.18	0:02:15	139	0:50:34	126	23.73	0:01:34	136	1:03:49	132	0:23:22	4:40	51	12.84	<b>1:27:11</b>	0:20:18
15		120	Wouters Dimitry	0	- geen -	Putte		356	H40	0:08:02	113	3.73	0:01:38	110	0:48:41	118	24.65	0:00:50	86	0:59:11	120	0:28:10	5:38	116	10.65	<b>1:27:21</b>	0:20:28
			DNF Van Dyck Kris	02152M67	GLH	Molenbeek-wersbeek		317	H40	0:06:25	53	4.68	0:01:33	102													
			DNS Sneyers Nick		HETRIC	Kasterlee		297	H40																		
			DNS Joris Stef		- geen -	Vlimmeren		256	H40																		
			DNS Van Nuffelen Johnny		- geen -	Scherpenheuvel		325	H40																		

## Categorie: Veteranen 50 Heren (H50)

PL	L	PL.	Naam	Licentie	Club	Plaats	Nat	Nr	Cat	Swim	P1	AVG	TR 1	P1	Bike	P1	AVG	TR 2	P1	>S+B	P1	Run	T/Km	P1	AVG	Finish	Gap
1	*	30	Meuris Rudy	00728M59	KTT	Berlaar		276	H50	0:07:23	90	4.06	0:00:56	48	0:39:51	13	30.11	0:00:33	28	0:48:43	31	0:22:02	4:24	27	13.62	<b>1:10:45</b>	0:00:00
2	*	38	Juliens Edwin	01223M60	SP&O	Mechelen		257	H50	0:06:05	44	4.93	0:00:53	37	0:42:39	54	28.14	0:00:39	52	0:50:16	45	0:22:09	4:26	29	13.54	<b>1:12:25</b>	0:01:40
3	*	43	Wauters Rik	0	- geen -	Hamme		348	H50	0:07:04	79	4.25	0:01:13	75	0:40:45	30	29.45	0:00:49	80	0:49:51	39	0:23:26	4:41	54	12.80	<b>1:13:17</b>	0:02:32
4		46	Coolkens Ronald	08657M62	GLH	Herselt		224	H50	0:06:29	58	4.63	0:01:44	116	0:42:00	47	28.57	0:00:49	82	0:51:02	53	0:22:23	4:29	34	13.40	<b>1:13:25</b>	0:02:40
5		71	Van Dijk Polle	0	- geen -	Vorselaar		316	H50	0:07:30	95	4.00	0:00:56	45	0:43:01	58	27.90	0:01:03	111	0:52:30	62	0:26:07	5:13	98	11.49	<b>1:18:37</b>	0:07:52
6		79	Stroobants Stef	0	- geen -	Mechelen		300	H50	0:06:21	51	4.72	0:01:50	124	0:47:05	102	25.49	0:00:41	57	0:55:57	95	0:23:48	4:46	59	12.61	<b>1:19:45</b>	0:09:00
7		84	Koyen Luc	0	- geen -	Meer		262	H50	0:07:41	100	3.90	0:01:33	100	0:43:56	72	27.31	0:01:17	121	0:54:27	76	0:26:04	5:13	97	11.51	<b>1:20:31</b>	0:09:46
8		96	Oomen Gerard	0	- geen -	Hoek Van Holland		280	H50	0:05:59	36	5.01	0:01:03	64	0:42:24	51	28.30	0:00:57	97	0:50:23	46	0:31:32	6:18	137	9.51	<b>1:21:55</b>	0:11:10
9		111	Peeter Roger	0	- geen -	Mol		283	H50	0:09:32	139	3.15	0:01:50	125	0:44:38	80	26.89	0:01:13	119	0:57:13	105	0:28:00	5:36	115	10.71	<b>1:25:13</b>	0:14:28
10		116	Gils Hans	0	- geen -	Arendonk		246	H50	0:08:58	134	3.35	0:01:15	79	0:48:44	119	24.62	0:01:27	129	1:00:24	123	0:26:19	5:16	101	11.40	<b>1:26:43</b>	0:15:58
11		129	Vermeulen Jozef	02112M58	KTT	Berlaar		341	H50	0:08:11	119	3.67	0:02:00	132	0:50:58	127	23.54	0:01:33	134	1:02:42	128	0:29:55	5:59	129	10.03	<b>1:32:37</b>	0:21:52
12		140	Van Der Poel Joannes	0	- geen -	Lommel		314	H50	0:10:11	142	2.95	0:01:33	101	0:52:13	130	22.98	0:01:28	130	1:05:25	136	0:33:29	6:42	141	8.96	<b>1:38:54</b>	0:28:09

## Categorie: Veteranen 60 Heren (H60)

PL	L	PL.	Naam	Licentie	Club	Plaats	Nat	Nr	Cat	Swim	P1	AVG	TR 1	P1	Bike	P1	AVG	TR 2	P1	>S+B	P1	Run	T/Km	P1	AVG	Finish	Gap
1	*	112	Aernouts Charles	0	- geen -	Etten-leur		203	H60	0:08:57	133	3.35	0:01:59	131	0:45:39	93	26.29	0:01:00	105	0:57:35	110	0:28:10	5:38	117	10.65	<b>1:25:45</b>	0:00:00
2	*	127	Loots Herman	0	- geen -	Retie		269	H60	0:09:15	136	3.24	0:01:23	91	0:47:19	104	25.36	0:01:34	137	0:59:31	121	0:31:08	6:14	134	9.64	<b>1:30:39</b>	0:04:54
3	*	136	Beys Michel	0	- geen -	Rotselaar		210	H60	0:11:27	145	2.62	0:02:13	138	0:55:19	138	21.69	0:01:22	126	1:10:21	140	0:25:37	5:07	87	11.71	<b>1:35:58</b>	0:10:13

## Categorie: Under 24 Heren (HU23)

PL	L	PL.	Naam	Licentie	Club	Plaats	Nat	Nr	Cat	Swim	P1	AVG	TR 1	P1	Bike	P1	AVG	TR 2	P1	>S+B	P1	Run	T/Km	P1	AVG	Finish	Gap
1	*	2	De Jonghe Lukas	01901M92	SMO	Gent		228	HU23	0:04:44	5	6.34	0:00:50	28	0:38:25	4	31.24	0:00:21	1	0:44:20	4	0:19:11	3:50	4	15.64	<b>1:03:31</b>	0:00:00
2	*	5	De Vleeschouwer Thomas	08600M92	ATRIAC	Lier		231	HU23	0:04:46	7	6.29	0:00:50	22	0:39:05	7	30.70	0:00:29	16	0:45:10	5	0:20:09	4:02	10	14.89	<b>1:05:19</b>	0:01:48
3	*	14	Clijsters Jelle	0	- geen -	Bree		222	HU23	0:04:59	11	6.02	0:00:57	50	0:40:48	31	29.41	0:01:36	138	0:48:20	26	0:19:54	3:59	8	15.08	<b>1:08:14</b>	0:04:43
5		87	Smeuninx Martijn	0	- geen -	Lier		296	HU23	0:09:27	138	3.17	0:01:03	65	0:45:47	94	26.21	0:00:51	88	0:57:08	104	0:23:26	4:41	53	12.80	<b>1:20:34</b>	0:17:03
6		93	Ackermans Yoran	0	- geen -	Overijse		201	HU23	0:06:53	72	4.36	0:01:35	106	0:47:40	106	25.17	0:01:20	123	0:57:28	107	0:24:18	4:52	68	12.35	<b>1:21:46</b>	0:18:15
			DQF Bulinckx Christophe		- geen -	Schilde		217	HU23	0:07:37		3.94	0:01:09														

Dln: 169

DNS= Did not Start DNF = Did not Finish DQF = Disqualified

## Categorie: Under 24 Heren (HU23)

PL	L	PL	Naam	Licentie	Club	Plaats	Nat	Nr	Cat	Swim	P1	AVG	TR 1	P1	Bike	P1	AVG	TR 2	P1	>S+B	P1	Run	T/Km	P1	AVG	Finish	Gap	
			DNS Alings Bob		- geen -	Schoten		204	HU23																			

## Categorie: Jeugd A Dames (D16)

PL	L	PL	Naam	Licentie	Club	Plaats	Nat	Nr	Cat	Swim	P1	AVG	TR 1	P1	Bike	P1	AVG	TR 2	P1	>S+B	P1	Run	T/Km	P1	AVG	Finish	Gap
1	*	53	Verlinden Jessica	05114F97	KTT	Nijlen		338	D16	0:05:27	22	5.50	0:00:43	6	0:43:25	66	27.64	0:00:32	24	0:50:07	43	0:24:40	4:56	71	12.16	<b>1:14:47</b>	0:00:00
2	*	60	Claus Karlien	02387F96	TDW	Hamme		220	D16	0:05:26	21	5.52	0:00:46	9	0:46:37	99	25.74	0:00:27	9	0:53:16	67	0:22:54	4:35	45	13.10	<b>1:16:10</b>	0:01:23
3	*	68	Smet Sarah	04170F96	SP&O	Sint-katelijne-waver		295	D16	0:05:29	25	5.47	0:00:57	52	0:45:04	86	26.63	0:00:37	44	0:52:07	60	0:25:55	5:11	95	11.58	<b>1:18:02</b>	0:03:15
4		135	Van De Wiele Eline	04757F97	KTT	Grobbendonk		313	D16	0:06:02	40	4.97	0:01:16	80	0:54:37	136	21.97	0:00:39	51	1:02:34	127	0:33:19	6:40	140	9.00	<b>1:35:53</b>	0:21:06
			DNS Van Der Schoepen Anneleen		- geen -	Olmen		363	D16																		
			DNS Vanwinnendael Lien		KTT	Brasschaat		335	D16																		

## Categorie: Juniors Dames (D18)

PL	L	PL	Naam	Licentie	Club	Plaats	Nat	Nr	Cat	Swim	P1	AVG	TR 1	P1	Bike	P1	AVG	TR 2	P1	>S+B	P1	Run	T/Km	P1	AVG	Finish	Gap
1	*	37	Van Eynde Kaat	03300F95	GLH	Herselt		319	D18	0:05:12	15	5.77	0:00:45	8	0:44:09	73	27.18	0:00:44	66	0:50:50	52	0:21:32	4:18	22	13.93	<b>1:12:22</b>	0:00:00
2	*	102	Roels Lisa	04823F95	TML	Mol		286	D18	0:06:31	60	4.60	0:01:27	93	0:47:05	101	25.49	0:00:44	67	0:55:47	93	0:27:13	5:27	108	11.02	<b>1:23:00</b>	0:10:38
3	*	125	Docquir Liana	02959F94	SP&O	Kampenhout		237	D18	0:06:12	45	4.84	0:01:01	57	0:52:58	131	22.66	0:00:36	37	1:00:47	125	0:29:08	5:50	125	10.30	<b>1:29:55</b>	0:17:33
4		126	Dens Laura	0	- geen -	Diest		234	D18	0:08:18	126	3.61	0:01:35	107	0:51:59	129	23.08	0:01:36	139	1:03:28	131	0:26:56	5:23	106	11.14	<b>1:30:24</b>	0:18:02

## Categorie: Seniors Dames (D24)

PL	L	PL	Naam	Licentie	Club	Plaats	Nat	Nr	Cat	Swim	P1	AVG	TR 1	P1	Bike	P1	AVG	TR 2	P1	>S+B	P1	Run	T/Km	P1	AVG	Finish	Gap
1	*	24	Verdonck Christine	08974F85	TRINITY	Antwerpen		336	D24	0:05:13	16	5.75	0:00:56	47	0:40:44	27	29.46	0:00:32	25	0:47:25	18	0:22:17	4:27	31	13.46	<b>1:09:42</b>	0:00:00
2	*	62	Beynaerts Jessy	05510F84	AATT	Aarschot		361	D24	0:07:11	83	4.18	0:00:49	19	0:43:08	59	27.82	0:00:37	41	0:51:45	56	0:24:43	4:57	73	12.14	<b>1:16:28</b>	0:06:46
3	*	77	Vingerhoed Monique	0	- geen -	Geel		344	D24	0:07:43	101	3.89	0:00:50	31	0:45:16	88	26.51	0:00:48	79	0:54:37	78	0:24:59	5:00	80	12.01	<b>1:19:36</b>	0:09:54
4		91	Heylen Dorien	0	- geen -	Aarschot		252	D24	0:07:48	104	3.85	0:01:29	97	0:45:34	92	26.34	0:00:41	58	0:55:32	90	0:25:43	5:09	91	11.67	<b>1:21:15</b>	0:11:33
5		98	Van Zummeren Yasmina	0	- geen -	Balen		330	D24	0:06:16	49	4.79	0:00:54	40	0:47:58	111	25.02	0:00:39	53	0:55:47	94	0:26:24	5:17	103	11.36	<b>1:22:11</b>	0:12:29
6		110	Wauters Elke	0	- geen -	Hamme		346	D24	0:05:37	28	5.34	0:01:07	68	0:49:05	122	24.45	0:01:04	114	0:56:53	102	0:28:16	5:39	118	10.61	<b>1:25:09</b>	0:15:27
7		114	Van Parys Leen	06825F80	MTV	Eeklo		326	D24	0:07:38	99	3.93	0:01:34	104	0:48:21	114	24.82	0:00:35	34	0:58:08	116	0:27:58	5:36	114	10.73	<b>1:26:06</b>	0:16:24
8		117	Van Wolputte Marjan	05666F76	GETC	Geel		329	D24	0:06:20	50	4.74	0:01:20	88	0:49:30	123	24.24	0:00:49	83	0:57:59	115	0:29:03	5:49	124	10.33	<b>1:27:02</b>	0:17:20
9		121	Janssens Thaïs	08907F89	KTT	Nijlen		254	D24	0:07:34	98	3.96	0:01:27	95	0:47:48	109	25.10	0:00:48	74	0:57:37	111	0:30:57	6:11	133	9.69	<b>1:28:34</b>	0:18:52
10		128	Sweegers Mieke	0	- geen -	Reusel		303	D24	0:09:00	135	3.33	0:01:39	112	0:50:02	124	23.98	0:00:46	73	1:01:27	126	0:29:49	5:58	128	10.06	<b>1:31:16</b>	0:21:34
11		132	Hendrixx Wendy	0	- geen -	Tessenderlo		251	D24	0:07:03	78	4.26	0:01:19	87	0:53:57	133	22.24	0:00:59	101	1:03:18	129	0:31:18	6:16	135	9.58	<b>1:34:36</b>	0:24:54
12		133	Mertens Wenke	0	- geen -	Meerhout		273	D24	0:08:03	114	3.73	0:01:04	66	0:47:41	107	25.17	0:00:51	87	0:57:39	112	0:37:06	7:25	144	8.09	<b>1:34:45</b>	0:25:03
13		137	Sudo Tomoka	0	- geen -	Diepenbeek		301	D24	0:09:35	140	3.13	0:03:41	146	0:56:46	142	21.14	0:01:20	125	1:11:22	142	0:25:35	5:07	86	11.73	<b>1:36:57</b>	0:27:15
14		138	Vandijck Greet	0	- geen -	Schaffen		332	D24	0:10:27	143	2.87	0:01:02	62	0:51:37	128	23.25	0:01:10	117	1:04:16	133	0:32:42	6:32	139	9.17	<b>1:36:58</b>	0:27:16
15		139	Roxanne Helena	0	- geen -	Teuven		367	D24	0:08:32	130	3.52	0:02:44	141	0:55:29	140	21.63	0:01:12	118	1:07:57	138	0:29:47	5:57	127	10.07	<b>1:37:44</b>	0:28:02
16		141	Reygaert Nathalie	0	- geen -	Zottegem		285	D24	0:08:15	123	3.64	0:02:45	142	0:55:19	139	21.69	0:01:54	140	1:08:13	139	0:30:55	6:11	132	9.70	<b>1:39:08</b>	0:29:26

Dln: 169

DNS= Did not Start DNF = Did not Finish DQF = Disqualified

## Categorie: Seniors Dames (D24)

PL	L	PL.	Naam	Licentie	Club	Plaats	Nat	Nr	Cat	Swim	P1	AVG	TR 1	P1	Bike	P1	AVG	TR 2	P1	>S+B	P1	Run	T/Km	P1	AVG	Finish	Gap
17		145	Laenen Britt	08780F86	ATRIAC	Wilrijk		263	D24	0:08:13	121	3.65	0:02:06	135	0:54:44	137	21.92	0:01:04	112	1:06:07	137	0:35:19	7:04	143	8.49	<b>1:41:26</b>	0:31:44
			DNS Wynen Famke		- geen -	Arendonk		358	D24																		
			DNS Sanders Katelijne		- geen -	Lichtaart		289	D24																		
			DNS Noë Ann			WTT		278	D24																		

## Categorie: Veteranen 40 Dames (D40)

PL	L	PL.	Naam	Licentie	Club	Plaats	Nat	Nr	Cat	Swim	P1	AVG	TR 1	P1	Bike	P1	AVG	TR 2	P1	>S+B	P1	Run	T/Km	P1	AVG	Finish	Gap
1	*	56	Nievendick Claudia	06765F68	KTT	Grobbendonk		277	D40	0:06:42	66	4.48	0:01:09	70	0:42:20	49	28.35	0:00:38	45	0:50:49	51	0:24:35	4:55	69	12.20	<b>1:15:24</b>	0:00:00
2	*	95	Van Aert Carla	0	- geen -	Meer		310	D40	0:07:13	86	4.16	0:01:02	63	0:47:08	103	25.46	0:00:49	81	0:56:12	97	0:25:40	5:08	89	11.69	<b>1:21:52</b>	0:06:28
3	*	109	Van Aert José	0	- geen -	Meer		311	D40	0:07:44	102	3.88	0:01:13	76	0:48:01	112	24.99	0:00:27	10	0:57:25	106	0:27:38	5:32	113	10.86	<b>1:25:03</b>	0:09:39
4		119	Vrehen Guusje	0	- geen -	Balen		366	D40	0:08:05	116	3.71	0:01:10	71	0:48:08	113	24.93	0:00:28	13	0:57:51	114	0:29:23	5:53	126	10.21	<b>1:27:14</b>	0:11:50
5		123	Nolmans Ilse	08654F71	GLH	Scherpenheuvel		279	D40	0:07:07	80	4.22	0:01:01	56	0:48:48	120	24.59	0:00:38	46	0:57:34	109	0:31:34	6:19	138	9.50	<b>1:29:08</b>	0:13:44
6		131	Gielen Sara	0	- geen -	Opglabbeek		245	D40	0:06:57	73	4.32	0:01:55	129	0:53:12	132	22.56	0:01:18	122	1:03:22	130	0:30:25	6:05	130	9.86	<b>1:33:47</b>	0:18:23
7		144	Theunis Yoko	0	- geen -	Olmen		306	D40	0:08:28	129	3.54	0:04:01	147	0:58:13	144	20.61	0:00:31	22	1:11:13	141	0:28:49	5:46	122	10.41	<b>1:40:02</b>	0:24:38
			DNS Van Aerde Veronique		- geen -	Brecht		309	D40																		

## Categorie: Veteranen 50 Dames (D50)

PL	L	PL.	Naam	Licentie	Club	Plaats	Nat	Nr	Cat	Swim	P1	AVG	TR 1	P1	Bike	P1	AVG	TR 2	P1	>S+B	P1	Run	T/Km	P1	AVG	Finish	Gap
1	*	108	Geboers Gert	0	- geen -	Kontich		241	D50	0:07:50	106	3.83	0:02:00	134	0:47:47	108	25.11	0:00:31	21	0:58:08	117	0:26:49	5:22	105	11.19	<b>1:24:57</b>	0:00:00

## Categorie: Under 24 Dames (DU23)

PL	L	PL.	Naam	Licentie	Club	Plaats	Nat	Nr	Cat	Swim	P1	AVG	TR 1	P1	Bike	P1	AVG	TR 2	P1	>S+B	P1	Run	T/Km	P1	AVG	Finish	Gap
1	*	45	Van Troyen Ines	08599F92	SP&O	Mechelen		232	DU23	0:06:13	47	4.83	0:01:02	59	0:41:25	42	28.97	0:00:45	71	0:49:25	35	0:23:53	4:47	62	12.56	<b>1:13:18</b>	0:00:00
2	*	97	Emsens Maartje	0	- geen -	Oud-turnhout		239	DU23	0:06:25	54	4.68	0:01:15	78	0:46:27	97	25.83	0:00:33	29	0:54:40	80	0:27:27	5:29	111	10.93	<b>1:22:07</b>	0:08:49
3	*	124	Coolkens Rosalie	08656F91	GLH	Herselt		223	DU23	0:07:17	88	4.12	0:01:08	69	0:48:36	117	24.69	0:00:42	64	0:57:43	113	0:31:26	6:17	136	9.54	<b>1:29:09</b>	0:15:51
4		130	Wauters Jelien	0	- geen -	Hamme		347	DU23	0:06:04	43	4.95	0:01:33	103	0:50:24	125	23.81	0:00:41	59	0:58:42	119	0:34:11	6:50	142	8.78	<b>1:32:53</b>	0:19:35
5		134	Van Zummeren Kim	0	- geen -	Balen		331	DU23	0:07:24	92	4.05	0:02:09	137	0:53:59	134	22.23	0:01:24	127	1:04:56	134	0:30:31	6:06	131	9.83	<b>1:35:27</b>	0:22:09
			DNS Torbeyns Fien			SP&O		308	DU23																		

## Categorie: Under 24 Heren (HU23)

PL	L	PL.	Naam	Licentie	Club	Plaats	Nat	Nr	Cat	Swim	P1	AVG	TR 1	P1	Bike	P1	AVG	TR 2	P1	>S+B	P1	Run	T/Km	P1	AVG	Finish	Gap
4		73	Van Deynze Laurens	0	- geen -	Broechem		315	HU23	0:08:54	132	3.37	0:00:40	2	0:43:39	70	27.49	0:01:32	132	0:54:45	81	0:24:14	4:51	67	12.38	<b>1:18:59</b>	0:15:28