



# 2° Domestic Run 5 K

## 19-06-2008



### 5000 m Run tegen de klok

#### Alle Categorieën M

Pl.	Nr	Naam	Pl.	Cat	Afstand	Start time	Km/H	Eindtijd	<> Eerste
1	49	Stanley Muiruri	1	H-Top		21:17:00	22,0	<b>0:13:38</b>	0:00:00
2	6	Dame Tasama	2	H-Top		21:25:00	21,8	<b>0:13:47</b>	0:00:09
3	5	Mark Tanui	3	H-Top		21:26:00	21,7	<b>0:13:48</b>	0:00:10
4	27	Matthew Kosger	4	H-Top		21:04:00	21,6	<b>0:13:55</b>	0:00:17
5	4	Julius Muriuki	5	H-Top		21:27:00	21,4	<b>0:14:03</b>	0:00:25
6	39	Barnabas Kemboi	6	H-Top		20:52:00	21,3	<b>0:14:04</b>	0:00:26
7	7	Emanuel Ruto	7	H-Top		21:24:00	21,3	<b>0:14:05</b>	0:00:27
8	40	Kenneth Koros	8	H-Top		20:51:00	21,2	<b>0:14:09</b>	0:00:31
9	13	Abdi Nagaasa	9	H-Top		21:18:00	21,1	<b>0:14:13</b>	0:00:35
10	15	Gadissa Gurm Beyene	10	H-Top		21:16:00	21,1	<b>0:14:15</b>	0:00:37
11	12	Michael Brandenburg	11	H-Top		21:19:00	21,0	<b>0:14:17</b>	0:00:39
12	24	Baloyi Mthobisi	12	H-Top		21:07:00	20,9	<b>0:14:20</b>	0:00:42
13	1	Vital Gahungu	13	H-Top		21:30:00	20,9	<b>0:14:21</b>	0:00:43
14	3	Stefan Van den Broek	14	H-Top		21:28:00	20,9	<b>0:14:22</b>	0:00:44
15	8	Kosger Henri	15	H-Top		21:23:00	20,6	<b>0:14:32</b>	0:00:54
16	21	Galant Elroy	16	H-Top		21:10:00	20,6	<b>0:14:34</b>	0:00:56
17	22	Ettienne Plaatjies	17	H-Top		21:09:00	20,4	<b>0:14:42</b>	0:01:04
18	11	Pieter Rijnders	18	H-Top		21:20:00	20,3	<b>0:14:46</b>	0:01:08
19	18	Bosman Loyd	19	H-Top		21:13:00	20,2	<b>0:14:53</b>	0:01:15
20	10	Tim Stessens	20	H-Top		21:21:00	20,1	<b>0:14:55</b>	0:01:17
21	19	Huub Maas	21	H-Top		21:12:00	20,1	<b>0:14:55</b>	0:01:17
22	23	Coppens Bram	22	H-Top		21:08:00	20,1	<b>0:14:55</b>	0:01:17
23	2	Joeri Jansen	23	H-Top		21:29:00	20,1	<b>0:14:56</b>	0:01:18
24	20	Jean-Michel Brandenburg	24	H-Top		21:11:00	19,9	<b>0:15:03</b>	0:01:25
25	16	Dimitri Caby	25	H-Top		21:15:00	19,7	<b>0:15:13</b>	0:01:35
26	9	Gino Steemans	26	H-Top		21:22:00	19,7	<b>0:15:15</b>	0:01:37
27	28	Roel Pauwels	27	H-Top		21:03:00	19,6	<b>0:15:17</b>	0:01:39
28	29	Jos Lemmens	28	H-Top		21:02:00	19,6	<b>0:15:18</b>	0:01:40
29	30	Peter De Vocht	29	H-Top		21:01:00	19,6	<b>0:15:20</b>	0:01:42
30	26	Bart Verschoren	30	H-Top		21:05:00	19,3	<b>0:15:33</b>	0:01:55
31	25	Yves Luyens	31	H-Top		21:06:00	19,1	<b>0:15:40</b>	0:02:02
32	31	Luc Borghoms	32	H-Top		21:00:00	18,8	<b>0:15:55</b>	0:02:17
33	32	Erik Caluwaerts	33	H-Top		20:59:00	18,6	<b>0:16:07</b>	0:02:29
34	35	Gino Lauwen	34	H-Top		20:56:00	18,5	<b>0:16:12</b>	0:02:34
35	33	Maarten Van der Donck	35	H-Top		20:58:00	18,4	<b>0:16:17</b>	0:02:39
36	36	Wilfried Wuyts	36	H-Top		20:55:00	18,1	<b>0:16:32</b>	0:02:54
37	160	Ward Van Roy	1	Heren		18:49:00	18,0	<b>0:16:38</b>	0:03:00
38	81	Jef Smits	2	Heren		20:08:00	17,6	<b>0:17:00</b>	0:03:22
39	113	Andy Goossens	3	Heren		19:36:00	17,6	<b>0:17:01</b>	0:03:23
40	118	Michiel Schellekens	4	Heren		19:31:00	17,5	<b>0:17:11</b>	0:03:33

**Met dank aan onze sponsors**

Pl.	Nr	Naam	Pl.	Cat	Afstand	Start time	Km/H	Eindtijd	<> Eerste
41	173	Frank Helsen	5	Heren		18:36:00	17,4	<b>0:17:14</b>	0:03:36
42	83	Simon Forde	6	Heren		20:06:00	17,3	<b>0:17:23</b>	0:03:45
43	119	Jan Ver Elst	7	Heren		19:30:00	17,2	<b>0:17:25</b>	0:03:47
44	116	Meeuwsen Roger	8	Heren		19:33:00	17,1	<b>0:17:30</b>	0:03:52
45	126	Koen Dierckx	9	Heren		19:23:00	17,0	<b>0:17:41</b>	0:04:03
46	123	Bert Donckers	10	Heren		19:26:00	16,7	<b>0:17:59</b>	0:04:21
47	117	Peter Ruelens	11	Heren		19:32:00	16,5	<b>0:18:09</b>	0:04:31
48	38	Mark Tikkel	37	H-Top		20:53:00	16,5	<b>0:18:10</b>	0:04:32
49	136	Tim Bosmans	12	Heren		19:13:00	16,3	<b>0:18:25</b>	0:04:47
50	164	Wim Driesen	13	Heren		18:45:00	16,3	<b>0:18:25</b>	0:04:47
51	85	Laurent Claessens	14	Heren		20:04:00	16,0	<b>0:18:47</b>	0:05:09
52	128	Bert Synaeve	15	Heren		19:21:00	15,9	<b>0:18:51</b>	0:05:13
53	134	Jan Neirinck	16	Heren		19:15:00	15,9	<b>0:18:54</b>	0:05:16
54	89	Dirk Hermans	17	Heren		20:00:00	15,8	<b>0:18:57</b>	0:05:19
55	91	Werner Van Dooren	19	Heren		19:58:00	15,8	<b>0:18:58</b>	0:05:20
56	139	Zander Quatacker	18	Heren		19:10:00	15,8	<b>0:18:58</b>	0:05:20
57	131	Werner Delen	20	Heren		19:18:00	15,8	<b>0:18:59</b>	0:05:21
58	84	Nico Zegers	21	Heren		20:05:00	15,8	<b>0:18:59</b>	0:05:21
59	130	Bart Van de Water	22	Heren		19:19:00	15,8	<b>0:19:01</b>	0:05:23
60	141	Tom Lenaerts	23	Heren		19:08:00	15,7	<b>0:19:03</b>	0:05:25
61	143	Pieter Sas	24	Heren		19:06:00	15,7	<b>0:19:04</b>	0:05:26
62	133	Rudy Boonen	25	Heren		19:16:00	15,6	<b>0:19:12</b>	0:05:34
63	86	Luc Hermans	26	Heren		20:03:00	15,6	<b>0:19:16</b>	0:05:38
64	142	Luc Lenaerts	27	Heren		19:07:00	15,5	<b>0:19:21</b>	0:05:43
65	121	Meeuwsen Marc	28	Heren		19:28:00	15,5	<b>0:19:24</b>	0:05:46
66	147	Marc Van Beek	29	Heren		19:02:00	15,4	<b>0:19:27</b>	0:05:49
67	132	Gerrit Tengrotenhuyzen	30	Heren		19:17:00	15,4	<b>0:19:30</b>	0:05:52
68	90	Eddy Sneyders	32	Heren		19:59:00	15,3	<b>0:19:33</b>	0:05:55
69	127	Kim Onsea	31	Heren		19:22:00	15,3	<b>0:19:33</b>	0:05:55
70	161	Kris Verhaert	33	Heren		18:48:00	15,3	<b>0:19:37</b>	0:05:59
71	144	Marc Van Breda	34	Heren		19:05:00	15,3	<b>0:19:38</b>	0:06:00
72	88	Marc Van Peer	35	Heren		20:01:00	15,3	<b>0:19:39</b>	0:06:01
73	95	Frank Delocht	37	Heren		19:54:00	15,2	<b>0:19:41</b>	0:06:03
74	124	Benny Van de Water	36	Heren		19:25:00	15,2	<b>0:19:41</b>	0:06:03
75	94	Alois Potters	38	Heren		19:55:00	15,2	<b>0:19:46</b>	0:06:08
76	92	Paul Sysmans	39	Heren		19:57:00	15,1	<b>0:19:52</b>	0:06:14
77	158	Mon Haemhouts	40	Heren		18:51:00	15,0	<b>0:20:01</b>	0:06:23
78	163	Koen Vermeiren	41	Heren		18:46:00	15,0	<b>0:20:02</b>	0:06:24
79	171	Bart Leplae	42	Heren		18:38:00	15,0	<b>0:20:04</b>	0:06:26
80	159	Nico Meulemans	43	Heren		18:50:00	14,9	<b>0:20:06</b>	0:06:28
81	96	Jan Jansen	45	Heren		19:53:00	14,9	<b>0:20:07</b>	0:06:29
82	122	Filip Keuppens	44	Heren		19:27:00	14,9	<b>0:20:07</b>	0:06:29
83	87	Danny Vermeiren	46	Heren		20:02:00	14,9	<b>0:20:09</b>	0:06:31
84	146	Wim Gijs	47	Heren		19:03:00	14,9	<b>0:20:11</b>	0:06:33
85	105	Guy De Gruyter	48	Heren		19:44:00	14,5	<b>0:20:39</b>	0:07:01
86	166	Hans Van Peer	49	Heren		18:43:00	14,5	<b>0:20:42</b>	0:07:04
87	97	Alois De Bie	51	Heren		19:52:00	14,4	<b>0:20:53</b>	0:07:15
88	170	Carl Van Nyen	50	Heren		18:39:00	14,4	<b>0:20:53</b>	0:07:15
89	103	Dennis Van Goidsenhoven	52	Heren		19:46:00	14,4	<b>0:20:53</b>	0:07:15
90	129	Peter Vissers	53	Heren		19:20:00	14,3	<b>0:20:59</b>	0:07:21
91	104	Marc Verschuren	54	Heren		19:45:00	14,2	<b>0:21:09</b>	0:07:31
92	99	Peter De Smet	55	Heren		19:50:00	14,2	<b>0:21:10</b>	0:07:32
93	140	Erik De Beukelaer	56	Heren		19:09:00	14,1	<b>0:21:19</b>	0:07:41

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Pl.	Nr	Naam	Pl.	Cat	Afstand	Start time	Km/H	Eindtijd	<> Eerste
94	100	Jan Persegael	57	Heren		19:49:00	14,0	<b>0:21:24</b>	0:07:46
95	93	Jos Torremans	58	Heren		19:56:00	14,0	<b>0:21:26</b>	0:07:48
96	165	Luc Mols	59	Heren		18:44:00	14,0	<b>0:21:30</b>	0:07:52
97	102	Johan Nys	60	Heren		19:47:00	13,9	<b>0:21:32</b>	0:07:54
98	138	Johan Quatacker	61	Heren		19:11:00	13,9	<b>0:21:33</b>	0:07:55
99	168	Stefan Verdyck	62	Heren		18:41:00	13,9	<b>0:21:34</b>	0:07:56
100	108	Jef Sneyders	63	Heren		19:41:00	13,9	<b>0:21:35</b>	0:07:57
101	98	Eric Van Houten	64	Heren		19:51:00	13,7	<b>0:21:56</b>	0:08:18
102	137	Mark Quatacker	65	Heren		19:12:00	13,6	<b>0:21:59</b>	0:08:21
103	101	Jan Roose	66	Heren		19:48:00	13,5	<b>0:22:10</b>	0:08:32
104	162	Sus De Breuker	67	Heren		18:47:00	13,4	<b>0:22:21</b>	0:08:43
105	150	Stefan Daems	69	Heren		18:59:00	13,4	<b>0:22:23</b>	0:08:45
106	149	Vincent Jacobs	68	Heren		19:00:00	13,4	<b>0:22:23</b>	0:08:45
107	154	Marcel Wils	70	Heren		18:55:00	13,1	<b>0:22:54</b>	0:09:16
108	135	Bob Wouters	71	Heren		19:14:00	13,0	<b>0:23:03</b>	0:09:25
109	106	Carl Van Rooy	72	Heren		19:43:00	13,0	<b>0:23:04</b>	0:09:26
110	157	Lars Michielsen	73	Heren		18:52:00	13,0	<b>0:23:08</b>	0:09:30
111	125	Luc Van Ende	74	Heren		19:24:00	12,9	<b>0:23:16</b>	0:09:38
112	109	Bob Aerts	75	Heren		19:40:00	12,9	<b>0:23:20</b>	0:09:42
113	110	Jurgen Aerts	76	Heren		19:39:00	12,8	<b>0:23:25</b>	0:09:47
114	167	Bram Raeymaekers	77	Heren		18:42:00	12,6	<b>0:23:46</b>	0:10:08
115	151	Jackie Neirinck	78	Heren		18:58:00	12,4	<b>0:24:17</b>	0:10:39
116	153	Willem Willems	79	Heren		18:56:00	12,2	<b>0:24:36</b>	0:10:58
117	107	Filip Woestenborghs	80	Heren		19:42:00	12,1	<b>0:24:42</b>	0:11:04
118	156	Dieter Schoenmaekers	81	Heren		18:53:00	11,6	<b>0:25:53</b>	0:12:15
119	112	Marc Van Loock	82	Heren		19:37:00	11,4	<b>0:26:23</b>	0:12:45
120	155	Stefan Wauters	83	Heren		18:54:00	11,3	<b>0:26:31</b>	0:12:53
121	152	Geert Schoofs	84	Heren		18:57:00	10,4	<b>0:28:54</b>	0:15:16
122	111	Eddy Smolders	85	Heren		19:38:00	9,7	<b>0:31:01</b>	0:17:23

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