



6° Hel van het Noorden Winterduatlon - Kasterlee

Afstanden: 15Km lopen - 110Km MTB - 30Km lopen

Startuur: 8:01:25

Uitslag per reeks

Pl.	name	Club	Place	Nr	Cat	Pl	Run1 Time	Rn Pl	Bike Time	B. Pl	Rn+B Time	SB Pl	Run2 Time	R Pl	Finish Time
Heren															
1	Vranckx Jef	/	Mol	2	H24	1 *	0:55:14	7	4:16:50	3	5:12:04	2	2:13:23	5	7:25:27
2	Hendrixx Camille	/	Reusel (nl)	98	H24	2 *	0:56:53	15	4:15:12	2	5:12:05	3	2:17:58	7	7:30:03
3	Bracke Pieter	WET	Wetteren	100	H24	3 *	0:53:15	3	4:32:54	9	5:26:09	5	2:06:51	1	7:33:00
4	Byloos Marc	/	Diepenbeek	6	H40	1 *	0:53:12	2	4:36:11	11	5:29:23	10	2:09:42	2	7:39:05
5	Daems Jan	DOK	Kasterlee	14	H24	4	0:53:25	5	4:43:38	18	5:37:03	14	2:12:07	4	7:49:10
6	Willems Ludwig	/	Kasterlee	8	H40	2 *	0:58:40	29	4:13:22	1	5:12:02	1	2:39:42	35	7:51:44
7	Van den Buerie Hans	/	Ooigem	121	H24	5	0:59:37	34	4:24:22	4	5:23:59	4	2:29:27	20	7:53:26
8	Lamberix Alex	NED*	Valkenburg	7	H24	6	0:57:16	21	4:39:16	14	5:36:32	13	2:20:56	8	7:57:28
9	Verdonck Patrick	/	Tessenderlo	208	H24	7	1:00:29	37	4:27:38	7	5:28:07	7	2:33:01	25	8:01:08
10	van der Sanden Noud	/	Eindhoven (nl)	77	H24	8	0:56:35	13	4:45:48	22	5:42:23	17	2:21:50	11	8:04:13
11	Groenbek Jens	/	Farum (dk)	166	H24	9	0:59:36	33	4:54:27	27	5:54:03	27	2:11:44	3	8:05:47
12	Vermeulen Peter	GETC	Geel	29	H24	10	0:57:28	23	4:42:45	17	5:40:13	16	2:27:09	16	8:07:22
13	Jacobs Pascal	HDT	Hasselt	205	H40	3 *	0:56:14	10	5:00:19	33	5:56:33	30	2:17:53	6	8:14:26
14	Vandenbosch Jurgen	HETRIC	Zoersel	154	H24	11	0:55:13	6	4:36:16	12	5:31:29	12	2:43:39	44	8:15:08
15	Goossens Tony	/	Grimbergen	125	H24	12	0:57:34	25	4:33:30	10	5:31:04	11	2:44:12	45	8:15:16
16	Geudens Christophe	/	Geel	183	H24	13	1:03:16	56	4:25:33	5	5:28:49	8	2:47:14	62	8:16:03
17	Brockx Kim	/	Ham	188	H24	14	1:03:14	55	4:25:37	6	5:28:51	9	2:47:54	66	8:16:45
18	Bomeré Kurt	TTA	Aalter	142	H24	15	0:58:17	27	4:57:40	30	5:55:57	29	2:21:33	9	8:17:30
19	Aerts Walter	/	Grobbendonk	67	H40	4	1:01:15	42	4:49:44	24	5:50:59	24	2:28:09	18	8:19:08
20	Raats Hans	SP&O	Duffel	71	H24	16	0:56:56	16	4:55:59	28	5:52:55	25	2:26:40	14	8:19:35
21	Leysen Rob	/	Kasterlee	53	H40	5	1:01:27	45	4:38:04	13	5:39:31	15	2:40:22	38	8:19:53
22	De Smet Roel	TDW	Sint-Niklaas	170	HU23	1 *	0:56:12	9	5:02:51	38	5:59:03	32	2:25:29	13	8:24:32
23	Domen Rudi	BTT	Boechout	34	H40	6	1:04:06	64	4:44:29	20	5:48:35	22	2:38:29	31	8:27:04
24	Bombeek Yves	/	Duffel	35	H24	17	1:01:17	43	5:04:17	44	6:05:34	38	2:21:36	10	8:27:10
25	Monden Marc	LT	Arendonk	28	H40	7	0:57:24	22	5:02:34	37	5:59:58	33	2:29:58	21	8:29:56
26	Peeters Eric	GLH	Kalmthout	48	H40	8	0:57:33	24	4:49:04	23	5:46:37	20	2:44:46	51	8:31:23
27	Ver Elst Jan	/	Herselt	128	H40	9	0:57:09	19	4:53:24	26	5:50:33	23	2:41:31	42	8:32:04
28	Bellet Jean-Francois	TCBS	Serques	26	H24	18	1:01:19	44	5:06:57	48	6:08:16	41	2:24:25	12	8:32:41
29	Van der Stockt David	/	Geraardsbergen	123	H24	19	1:02:19	54	4:45:10	21	5:47:29	21	2:47:37	64	8:35:06
30	Lavrauw Michel	/	Gent	168	H24	20	0:58:45	30	5:04:01	42	6:02:46	36	2:32:26	24	8:35:12
31	Loix Jimmy	ZTC	Tongeren	81	H24	21	1:04:08	66	5:06:12	46	6:10:20	45	2:26:47	15	8:37:07
32	Meysmans Jan	DTTA	Asse	54	H24	22	0:57:02	18	5:04:01	43	6:01:03	34	2:36:06	28	8:37:09
33	Bastiaens Wim	/	Geel	32	H24	23	1:04:07	65	5:06:49	47	6:10:56	47	2:27:23	17	8:38:19
34	Blancke Kristof	TTA	Tielt	116	H24	24	1:00:25	36	5:08:25	50	6:08:50	42	2:31:07	23	8:39:57
35	Van Dijck Jan	/	Tielen	150	H40	10	1:05:34	79	4:39:25	15	5:44:59	18	2:56:12	78	8:41:11
36	Moonen Peter	GETC	Geel	153	H24	25	1:01:11	40	4:57:06	29	5:58:17	31	2:45:23	52	8:43:40
37	Demylle Marc	/	Assebroek	155	H24	26	0:56:47	14	5:18:01	75	6:14:48	56	2:29:06	19	8:43:54
38	Somers Ludo	/	Kasterlee	178	H50	1 *	0:59:05	32	5:03:53	41	6:02:58	37	2:41:08	41	8:44:06
39	Moog Paul	/	Schleithal (f)	204	H24	27	1:01:05	39	5:14:17	69	6:15:22	59	2:30:18	22	8:45:40
40	Van Gorp Mark	BTT	Vremde	156	H24	28	1:06:16	88	5:08:52	53	6:15:08	58	2:33:08	26	8:48:16
41	Matthys Wim	/	Olen	133	H24	29	1:01:31	46	5:00:51	34	6:02:22	35	2:48:46	67	8:51:08
42	Willockx Luc	/	Berlare	195	H24	30	1:01:48	53	5:12:35	63	6:14:23	53	2:38:00	29	8:52:23
43	Vanhouwermeiren Marc	/	Berlare	196	H40	11	1:01:34	48	5:12:48	65	6:14:22	52	2:38:02	30	8:52:24
44	Dierckx Koen	/	Kasterlee	41	H24	31	1:13:23	+02	5:01:37	35	6:15:00	57	2:38:34	32	8:53:34
45	Horemans Hans	/	Herentals	152	H40	12	1:04:23	71	4:50:58	25	5:55:21	28	2:58:24	84	8:53:45
46	Blockx Bart	/	Kasterlee	181	H40	13	1:12:23	+02	5:02:04	36	6:14:27	55	2:40:11	37	8:54:38

Pl.	name	Club	Place	Nr	Cat	PI Cat	Run1 Time	Rn Pl	Bike Time	B. Pl	Rn+B Time	SB Pl	Run2 Time	R Pl	Finish Time
47	Buysse Jeroen	MTV	Eeklo	176	H24	32	0:59:44	35	5:09:33	55	6:09:17	43	2:46:39	58	8:55:56
48	Van Bogaert Stefaan	/	Sinaai	18	H24	33	1:01:33	47	5:08:46	52	6:10:19	44	2:47:13	61	8:57:32
49	Sneyers Tom	/	Kasterlee	180	H40	14	1:05:30	77	5:06:10	45	6:11:40	50	2:45:57	53	8:57:37
50	Pelgrims Kris	TDL	Ramsel	50	H24	34	0:56:16	11	5:09:52	58	6:06:08	39	2:51:53	72	8:58:01
51	Beeckman Michel	BST	Belsele	87	H40	15	1:12:22	+02	4:59:58	32	6:12:20	51	2:46:36	57	8:58:56
52	Maache Patrick	/	Zele	148	H40	16	1:07:48	99	5:13:49	68	6:21:37	67	2:40:10	36	9:01:47
53	Bertels Michel	/		207	H40	17	1:01:40	50	5:18:47	76	6:20:27	64	2:43:30	43	9:03:57
54	Gielen Luc	/	Kessel-Lo	151	H40	18	1:04:03	63	5:03:18	40	6:07:21	40	2:59:13	85	9:06:34
55	Fonck Stijn	/	Geraardsbergen	134	H24	35	1:04:01	62	4:42:22	16	5:46:23	19	3:20:22	+02	9:06:45
56	Cools Alain	/	Bredene	187	H40	19	1:10:24	+02	5:11:02	61	6:21:26	66	2:48:46	68	9:10:12
57	Lodewijks Mark	/	Purmerend (nl)	126	H40	20	1:09:38	+02	5:19:19	77	6:28:57	79	2:44:22	46	9:13:19
58	Vincke Ivan	/	St. Gillis Waas	49	H24	36	1:01:35	49	5:09:33	56	6:11:08	48	3:02:16	92	9:13:24
59	Geudens Nick	/	Kasterlee	61	H24	37	1:00:32	38	5:32:38	+02	6:33:10	88	2:40:26	40	9:13:36
60	Van Hoogten Koen	CDTG	Hulshout	105	H24	38	1:05:26	76	5:27:46	91	6:33:12	89	2:40:26	39	9:13:38
61	Smolders Roel	/	Antwerpen	124	H24	39	1:04:34	73	5:09:51	57	6:14:25	54	3:01:13	89	9:15:38
62	Van Gool Patrick	/	Lille	79	H40	21	1:12:16	+02	5:12:37	64	6:24:53	72	2:50:55	71	9:15:48
63	Van Roey koen	TTG	Kortenber	138	H24	40	1:09:04	+02	5:19:55	79	6:28:59	80	2:49:40	70	9:18:39
64	Bigo Hervé	/	Sailly-lez-lannoy(fr)	38	H40	22	1:04:17	69	5:25:52	87	6:30:09	82	2:48:58	69	9:19:07
65	Van Dorp Frank	/	Zele	185	H40	23	1:07:46	98	5:36:36	+02	6:44:22	+02	2:35:01	27	9:19:23
66	Hooijen Frans	NED*	Hapert (ned)	30	H40	24	1:10:46	+02	5:21:15	82	6:32:01	87	2:47:49	65	9:19:50
67	De Boever Joannes	NLT	Deinze	169	H40	25	1:09:00	+02	5:24:32	86	6:33:32	91	2:46:31	55	9:20:03
68	Ceuppens Paul	/	Lint	57	H40	26	1:03:19	58	5:23:51	85	6:27:10	78	2:53:18	75	9:20:28
69	Hollaert Joost	/	Zingem	158	H40	27	1:04:32	72	5:32:07	+02	6:36:39	96	2:44:29	48	9:21:08
70	Bynen Henri	/	Meyel	72	H40	28	1:01:43	52	5:17:09	74	6:18:52	62	3:02:57	93	9:21:49
71	Dartheet Paul	IM2008	Brugge	173	H40	29	1:05:51	84	5:30:58	+02	6:36:49	97	2:46:33	56	9:23:22
72	Van de Wyngaert Ludo	/	Merksem	56	H40	30	1:04:13	68	5:32:22	+02	6:36:35	95	2:47:18	63	9:23:53
73	Vissers Peter	/	Vosselaar	45	H24	41	1:09:05	+02	5:13:43	67	6:22:48	69	3:01:16	90	9:24:04
74	Aguzzi René	/	Plainevaux	184	H40	31	1:06:20	90	5:26:54	88	6:33:14	90	2:52:45	73	9:25:59
75	Fierens Wim	MTC	Koksijde	39	H24	42	1:09:19	+02	5:20:02	80	6:29:21	81	2:56:52	82	9:26:13
76	Geudens Werner	/	Turnhout	192	H24	43	1:07:28	96	5:16:27	72	6:23:55	70	3:02:58	94	9:26:53
77	Van Genechten Eddy	TML	Balen	201	H24	44	1:13:24	+02	5:13:21	66	6:26:45	77	3:00:34	87	9:27:19
78	Staelens Dieter	TTA	Alter	74	H24	45	1:13:16	+02	5:09:19	54	6:22:35	68	3:04:58	97	9:27:33
79	Beeckman Daniël	BST	Berlare	16	H40	32	1:13:43	+02	5:10:52	60	6:24:35	71	3:03:07	95	9:27:42
80	Sootjens Bart	/	Kasterlee	167	H40	33	1:09:13	+02	5:34:05	+02	6:43:18	+02	2:44:33	49	9:27:51
81	De Boom Bart	/	Belsele	15	H24	46	1:01:41	51	5:08:41	51	6:10:22	46	3:18:06	+02	9:28:28
82	De Smet Walter	WTT	Hamme	97	H24	47	1:08:01	+02	5:35:51	+02	6:43:52	+02	2:46:26	54	9:30:18
83	Van de Vijver Bert	MTV	Lembeke	191	H24	48	1:05:48	83	5:15:32	71	6:21:20	65	3:09:55	+02	9:31:15
84	Vloemans François	TCDH	Wechelderzande	84	H40	34	1:05:32	78	5:09:58	59	6:15:30	60	3:17:08	+02	9:32:38
85	Dekort Wim	GTC	Geel	40	H24	49	1:14:27	+02	5:11:27	62	6:25:54	75	3:06:53	+02	9:32:47
86	Beckers Wouter	/	Berchem	65	H24	50	1:11:16	+02	5:15:17	70	6:26:33	76	3:09:33	+02	9:36:06
87	Mostmans Erik	/	Lichtaart	149	H40	35	1:07:30	97	5:23:04	84	6:30:34	83	3:06:18	+02	9:36:52
88	Demets Kurt	WTDI	Ingelmunster	62	H24	51	1:11:18	+02	5:30:54	99	6:42:12	+02	2:56:44	81	9:38:56
89	Oeyen Dirk	/	Kasterlee	186	H40	36	1:11:12	+02	5:30:45	98	6:41:57	+02	2:57:45	83	9:39:42
90	Van Glabbeek Peter	/	Lille	103	H40	37	1:12:11	+02	5:06:57	49	6:19:08	63	3:21:10	+02	9:40:18
91	Ossenblok Rien	/	Geel	24	H40	38	1:10:49	+02	5:27:20	89	6:38:09	99	3:02:12	91	9:40:21
92	Goossens Kurt	/	Deinze	76	H24	52	1:09:17	+02	5:16:36	73	6:25:53	74	3:14:47	+02	9:40:40
93	Verstrepen Tom	/	Westerlo	163	H24	53	1:08:56	+02	5:23:01	83	6:31:57	86	3:09:14	+02	9:41:11
94	Vancraeynest Wim	/	Buggenhout	162	H24	54	1:05:39	82	5:30:39	97	6:36:18	93	3:05:30	99	9:41:48
95	Van Hemeldonck Dave	ATRIAC	Westmalle	17	H24	55	1:12:36	+02	5:45:27	+02	6:58:03	+02	2:44:27	47	9:42:30
96	Van Tolhuysen Kris	/	Olen	117	H24	56	1:16:50	+02	4:58:42	31	6:15:32	61	3:27:51	+02	9:43:23
97	Dedeckel Alex	IM2008	Heusden	94	H24	57	1:11:17	+02	5:54:21	+02	7:05:38	+02	2:38:57	33	9:44:35
98	Verstraete Bart	/	Boechout	44	H24	58	1:08:54	+02	5:30:27	95	6:39:21	+02	3:05:23	98	9:44:44
99	Diels Olivier	HDT	Tongeren	160	H24	59	0:58:12	26	5:32:33	+02	6:30:45	84	3:14:20	+02	9:45:05
10	Eriksson Werner	BTT	Edegem	127	H50	2 *	1:06:13	87	5:52:58	+02	6:59:11	+02	2:46:42	59	9:45:53
10	Sterckx Ivo	/	Geel	137	H40	39	1:09:22	+02	5:30:33	96	6:39:55	+02	3:07:02	+02	9:46:57
10	Van den Abbeele Nico	BST	Zeel	115	H24	60	1:11:58	+02	5:42:21	+02	6:54:19	+02	2:53:13	74	9:47:32
10	Cnaeps Rudy	/	Turnhout	131	H40	40	1:06:47	91	5:29:32	94	6:36:19	94	3:11:17	+02	9:47:36
10	Verhaegen Marc	/	/	99	H40	41	1:12:09	+02	5:38:32	+02	6:50:41	+02	2:59:38	86	9:50:19
10	Gijbels Geert	/	Oud-turnhout	107	H24	61	1:17:43	+02	5:19:46	78	6:37:29	98	3:14:01	+02	9:51:30
10	De Varé Filip	/	Zeel	55	H24	62	1:04:21	70	6:02:30	+02	7:06:51	+02	2:44:40	50	9:51:31
10	Somers Ludo.	/	Lint	51	H40	42	1:07:00	93	5:40:13	+02	6:47:13	+02	3:04:42	96	9:51:55

Pl.	name	Club	Place	Nr	Cat	PI Cat	Run1 Time	Rn Pl	Bike Time	B. Pl	Rn+B Time	SB Pl	Run2 Time	R Pl	Finish Time
10	Bouduin Stefaan	TFD	Gent	102	H24	63	1:06:17	89	6:01:33	+02	7:07:50	+02	2:46:57	60	9:54:47
10	Van Ballaer Dirk	/	Kasterlee	197	H40	43	1:17:47	+02	5:21:10	81	6:38:57	+02	3:15:53	+02	9:54:50
11	Hilttenbrand Matthieu	/	Griesheim Sur Sou	63	H24	64	0:56:23	12	6:02:29	+02	6:58:52	+02	2:56:40	80	9:55:32
11	Fannes Dirk	TDL	Tielt-Winge	194	H40	44	1:06:56	92	6:10:32	+02	7:17:28	+02	2:39:33	34	9:57:01
11	Marcelis Walter	/	Retie	52	H40	45	1:06:10	85	5:27:45	90	6:33:55	92	3:24:40	+02	9:58:35
11	Marechal Herbert	/	Zele	82	H24	65	1:08:53	+02	5:57:55	+02	7:06:48	+02	2:55:40	76	10:02:28
11	Sterckx Kristof	CDTG	Herselt	206	H24	66	1:06:11	86	5:52:55	+02	6:59:06	+02	3:05:32	+02	10:04:38
11	Beeckman Eddy	BST	Oudegem	146	H40	46	1:11:59	+02	5:57:33	+02	7:09:32	+02	2:56:29	79	10:06:01
11	Quille Michael	/	Merville (f)	140	H24	67	1:12:13	+02	5:44:27	+02	6:56:40	+02	3:09:57	+02	10:06:37
11	Verbeek Wim	/	Herselt	209	H24	68	1:12:21	+02	5:43:15	+02	6:55:36	+02	3:12:33	+02	10:08:09
11	Demoncourt Franck	/	Merville (f)	118	H40	47	1:12:15	+02	6:10:17	+02	7:22:32	+02	2:56:08	77	10:18:40
11	Wauters Filip	/	Vorselaar	122	H40	48	1:13:15	+02	5:32:26	+02	6:45:41	+02	3:33:43	+02	10:19:24
12	Van Herck Dirk	/	Lint	174	H40	49	1:12:05	+02	5:58:02	+02	7:10:07	+02	3:10:04	+02	10:20:11
12	Daneels Joris	/	Retie	47	H24	69	1:09:55	+02	5:37:30	+02	6:47:25	+02	3:35:27	+02	10:22:52
12	Mariën Walter	GLH	Hulshout	25	H40	50	1:03:46	59	5:28:10	92	6:31:56	85	3:52:24	+02	10:24:20
12	De Schepper Bart	/	Berlare	36	HU23	2 *	1:03:58	60	6:19:50	+02	7:23:48	+02	3:01:00	88	10:24:48
12	Vermeersch Luc	/	Oostakker	96	H40	51	1:05:35	80	5:58:53	+02	7:04:28	+02	3:25:38	+02	10:30:06
12	Verheyden Paul	/	Arendonk	75	H40	52	1:16:22	+02	5:57:06	+02	7:13:28	+02	3:18:49	+02	10:32:17
12	Peysmans Marcel	DTTA	Opwijk	64	H60	1 *	1:12:56	+02	6:09:55	+02	7:22:51	+02	3:16:15	+02	10:39:06
12	Bontinck Stefan	BST	Zele	19	H24	70	1:14:25	+02	6:18:28	+02	7:32:53	+02	3:08:54	+02	10:41:47
12	Merchie Dominique	/	Sailly Lez Lannoy	31	H40	53	1:05:02	74	6:18:29	+02	7:23:31	+02	3:20:43	+02	10:44:14
12	Pinsart Luc	ZTC	Hoeselt	80	H40	54	1:12:52	+02	5:49:17	+02	7:02:09	+02	3:43:36	+02	10:45:45
13	Bert Jeroen	TFD	Gent	101	HU23	3 *	1:16:23	+02	6:17:47	+02	7:34:10	+02	3:19:07	+02	10:53:17
13	Peeters Eddy	/	Retie	203	H40	55	1:14:23	+02	5:49:21	+02	7:03:44	+02	3:52:39	+02	10:56:23
13	Simons Jan-Peter	/	Hooge Zwaluwe (n	95	H24	71	1:12:25	+02	6:20:35	+02	7:33:00	+02	3:26:57	+02	10:59:57
13	Ooms Steven	/	Mol	129	H24	72	1:07:15	95	5:43:41	+02	6:50:56	+02	4:14:21	+02	11:05:17
13	Vandeputte Philippe	ATRIAC	Zwijndrecht	143	H40	56	1:12:07	+02	6:29:29	+02	7:41:36	+02	3:40:53	+02	11:22:29
13	Ceusters Patrick	TDL	Rotselaar	145	H40	57	1:12:32	+02	6:24:10	+02	7:36:42	+02	3:49:05	+02	11:25:47
13	De Ketelaere Bart	/	Boechout	109	H24	73	1:31:38	+02	6:37:33	+02	8:09:11	+02	3:16:55	+02	11:26:06
13	Potter Crocodile Ron	/	Schoten	171	H50	3 *	1:07:05	94	6:10:26	+02	7:17:31	+02	4:09:35	+02	11:27:06
13	Dauw Wim	/	Boortmeerbeek	193	H24	74	1:14:22	+02	6:24:10	+02	7:38:32	+02	3:49:31	+02	11:28:03
13	Fourcroy Guillaume	/	Bailleul (f)	136	H24	75	1:12:17	+02	6:22:22	+02	7:34:39	+02	3:53:25	+02	11:28:04
14	Leemans Filip	ZTC	Sint-Truiden	60	H40	58	1:17:52	+02	6:00:57	+02	7:18:49	+02	4:10:18	+02	11:29:07
14	Dierckx Marc	/	Westerlo	135	H40	59	1:14:10	+02	6:50:55	+02	8:05:05	+02	3:26:20	+02	11:31:25
14	Stassart Michel	BIN	Bruxelles	190	H40	60	1:20:35	+02	6:47:10	+02	8:07:45	+02	3:43:50	+02	11:51:35
14	Vanlommel Victor	/	Olen (st.-jozef)	91	H50	4	1:22:49	+02	6:55:24	+02	8:18:13	+02	3:35:04	+02	11:53:17
14	Van Impe Bart	DTTL	Gent	33	H24	76	1:04:12	67	7:31:28	+02	8:35:40	+02	3:33:29	+02	12:09:09
14	Van Langenhove Ulrich	BST	Berlare	92	H24	77	1:14:34	+02	6:34:37	+02	7:49:11	+02	4:25:38	+02	12:14:49
	Fieuw Christoph	/	0	175	H24		1:09:09	+02							
	De Wael Wim	UTR	Kruishoutem	172	H40		0:57:01	17	4:29:57	8	5:26:58	6			
	Celen Wim	/	Balen	111	H24		1:12:24	+02							
	Coopmans Benny	TDW	Ramsel	3	H24		0:53:23	4							
	Servais Vincent	TDCH	Flemalle	144	H24		1:17:50	+02							
	Lyssens Benny	/	Kruibeke	108	H40		1:01:13	41							
	Morel Jochen	/	St-blasius-boekel	104	H24		1:17:41	+02							
	Belien Marc	/	Lummen	210	H40		1:13:12	+02	6:36:02	+02	7:49:14	+02			
	Smessaert Nico	TTA	Aalter	93	H40		0:57:15	20	5:28:30	93	6:25:45	73			
	Lemmens Guy	/	Zichem	120	H24		1:13:59	+02	6:11:33	+02	7:25:32	+02			
	De Maesschalck Jan	IM2008	Knokke-Heist	114	H24		0:55:16	8							
	Minne Christophe	/	Laventie (f)	139	H24		1:05:05	75	6:18:28	+02	7:23:33	+02			
	De Bruecker Niels	HDT	Heppen	112	H24		0:58:39	28							
	Preisler Klaus	/	Vaerlose (dk)	141	H24		1:10:23	+02	4:43:39	19	5:54:02	26			
	Beutels Eddy	TDCD	Lichtaart	73	H60		1:17:37	+02							
	Debekker Jan	/	Dilbeek	159	H24		1:04:00	61							
	Rudd Michael	/	Newton, Cheshire (43	H40		1:03:17	57							
	Vets Frans	/	Olen	198	H40		1:11:16	+02	5:37:27	+02	6:48:43	+02			
	Vermeiren Nico	/	Buggenhout	202	H24		1:05:38	81							
	Bovyn Adriaan	TDL	Lubbeek	147	H24		0:58:49	31							
	Sockeel Bertrand	/	Hazebrouck (f)	179	H50		1:08:21	+02	5:03:02	39	6:11:23	49			
	Embrechts Paul	HETRICT	Tielen	89	H24		0:52:54	1							
	De Boever Thomas	TFD	Gent	27	H24		1:17:48	+02							

Pl. name	Club	Place	Nr	Cat	Pl	Run1 Time	Rn Pl	Bike Time	B. Pl	Rn+B Time	SB Pl	Run2 Time	R Pl	Finish Time		
Dames																
1	Griffioen	Alieke	/	Amsterdam (nl)	11	D24	1 *	1:02:32	1	5:23:12	1	6:25:44	1	2:57:04	2	9:22:48
2	Bruyninckx	Myriam	/	Balen	200	D40	1 *	1:12:26	2	6:38:00	3	7:50:26	2	2:56:27	1	10:46:53
3	Geudens	Griet	/	Kasterlee	85	D24	2 *	1:17:44	3	6:35:01	2	7:52:45	3	3:02:06	3	10:54:51