

PROGRAMM

Sonnes, den 6 Mai 2007

08-10.00 Auer WALKING / NORDIC WALKING
10 Km / 15 Km

10.30 Auer SCHNUPPERDUATHLON
fir Jidereen
JUNIOREN 1988-1989
YOUTH A 1990-1991
Distanzen: 3,7 / 15,6 / 3,5 Km

11.00 Auer GRILLFEST

12.00 Auer KID'S A an KID'S B 96-97-98-99
500 m / 2 Km / 400 m

12.30 Auer YOUTH B an YOUTH C 92-93-94-95
1,9 Km / 5 Km / 1,2 Km

13.30 Auer EQUIPENDUATHLON
Distanzen: 3,7 / 15,6 / 3,5 Km

16. INTERNATIONALEN OURDALDUATHLON

**SUPERPRESTIGE DUATHLON CIRCUIT
CHALLENGE SUPERCOUPE**

Distanzen: 9 / 39 / 3,5 Km
Départ Dammen

15.10 Auer Départ Hären

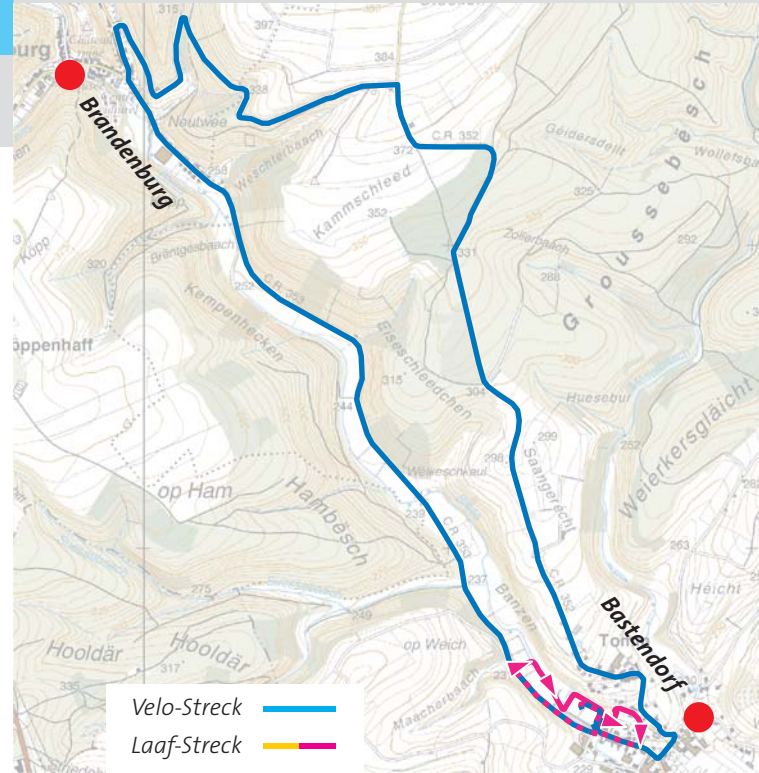
18.00 Auer Musik Animatioun

18.30 Auer Preisverdeelung

De ganzen Dag:

ANIMATIOUN,
MUSIK, IESSEN A
GEDRÉNKS,
SPILLER fir déi
KLENG

VELO-STRECK



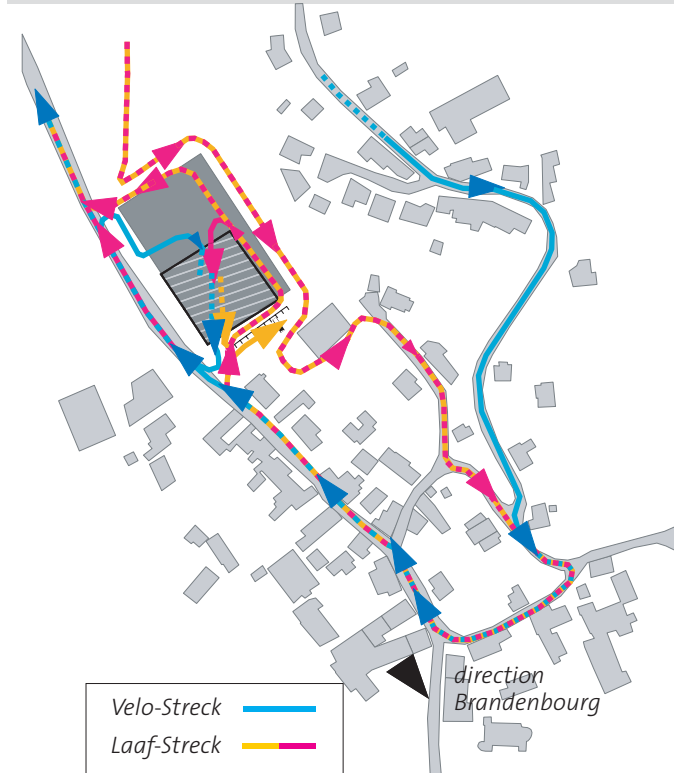
Velo-Streck
Laaf-Streck

DETAIL

Velo-Ronn 7,8 km
Héichtenënnerscheid 150 Meter

Elite	39 Km	5 Tir
Promo	15,6 Km	2 Tir
Junioren	15,6 Km	2 Tir
Equipen	15,6 Km	2 Tir
Youth A	15,6 Km	2 Tir
Youth B	5 Km	1 méttleren Tour
Youth C	5 Km	1 méttleren Tour
Kid's A	2 Km	1 klengen Tour
Kid's B	2 Km	1 klengen Tour

LAAF-STRECK



Velo-Streck
Laaf-Streck

DETAIL

Laaf-Ronn 1,8 km
Héichtenënnerscheid 16 Meter

1. LAFEN

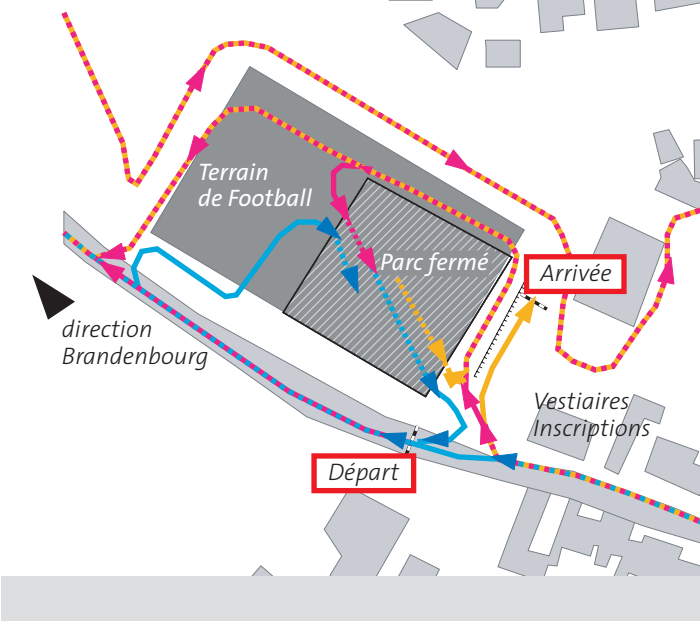
Elite	9,0 Km	5 Tir
Promo	3,7 Km	2 Tir
Junioren	3,7 Km	2 Tir
Equipen	3,7 Km	2 Tir
Youth A	3,7 Km	2 Tir
Youth B	1,9 Km	1 Tour
Youth C	1,9 Km	1 Tour
Kid's A	500 m	1 kl. Tour
Kid's B	500 m	1 kl. Tour

2. LAFEN

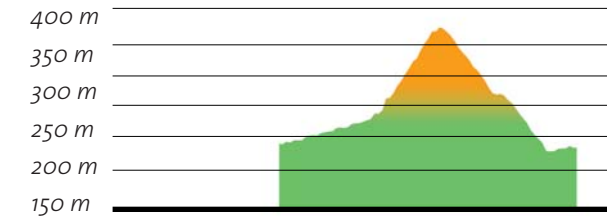
3,5 Km	2 Tir
3,5 Km	2 Tir
3,5 Km	2 Tir
3,5 Km	2 Tir
3,5 Km	2 Tir
1,2 Km	1 m. Tour
1,2 Km	1 m. Tour
400 m	1 kl. Tour
400 m	1 kl. Tour

PLAN DE SITUATION DÉPART & ARRIVÉE

Profiler vun den Strecken



Héichtenprofil Velo-Streck



Héichtenprofil Laaf-Streck

